



# 2024 Tyr Pro Swim Series

Westmont, IL

March 6 - 9



## Event 9

7 MAR 2024 - 10:20 AM

Women's 400m Individual Medley

Heats

### Results Summary

Event Number 9

	Record	Splits		Name	NAT Code	Location	Date	
<b>WR</b>	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	USA	Toronto (CAN)	1 APR 2023
<b>AR</b>	4:31.12				HOFF Katie	USA	Omaha (USA)	29 JUN 2008
<b>US</b>	4:28.61	59.40	2:08.20	3:27.46	McINTOSH Summer	USA	Greensboro, NC (USA)	2 DEC 2022
<b>WJ</b>	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	USA	Toronto (CAN)	1 APR 2023
<b>OT</b>	4:49.89				BEST TIME		USA (USA)	

Rank	Heat	Lane	Name	Club Code	Year of Birth	R.T.	Time	Time Behind	
1	1	4	<b>HAYES Leah</b>	TIDEIL	2005	0.77	<b>4:44.86</b>	<b>A</b>	
	50m	29.79	100m 1:04.00 34.21	150m 1:40.77 36.77	200m 2:17.36 36.59	250m 2:57.43 40.07	300m 3:38.92 41.49	350m 4:12.67 33.75	32.19
2	2	4	<b>GRIMES Katie</b>	SAND	◆ 2006	0.69	<b>4:45.18</b>	0.32 <b>A</b>	
	50m	29.65	100m 1:02.95 33.30	150m 1:39.20 36.25	200m 2:14.24 35.04	250m 2:57.13 42.89	300m 3:40.72 43.59	350m 4:13.71 32.99	31.47
3	2	5	<b>ANDISON Bailey</b>	TQ	1997	0.73	<b>4:52.20</b>	7.34 <b>A</b>	
	50m	31.18	100m 1:07.32 36.14	150m 1:45.44 38.12	200m 2:22.81 37.37	250m 3:03.09 40.28	300m 3:44.48 41.39	350m 4:18.80 34.32	33.40
4	2	3	<b>WEINSTEIN Claire</b>	SAND	◆ 2007	0.80	<b>4:53.05</b>	8.19 <b>A</b>	
	50m	31.27	100m 1:06.90 35.63	150m 1:44.41 37.51	200m 2:22.18 37.77	250m 3:05.23 43.05	300m 3:50.10 44.87	350m 4:21.79 31.69	31.26
5	2	2	<b>DAWSON Erin</b>	UN-CO	2003	0.74	<b>4:55.17</b>	10.31 <b>A</b>	
	50m	31.20	100m 1:07.35 36.15	150m 1:45.24 37.89	200m 2:23.00 37.76	250m 3:05.43 42.43	300m 3:48.13 42.70	350m 4:22.15 34.02	33.02
6	1	5	<b>KLAMFOTH Avery</b>	MAC-NC	◆ 2007	0.78	<b>4:59.03</b>	14.17 <b>A</b>	
	50m	31.51	100m 1:07.98 36.47	150m 1:47.00 39.02	200m 2:25.90 38.90	250m 3:07.83 41.93	300m 3:50.60 42.77	350m 4:25.20 34.60	33.83
7	2	7	<b>DEBEVER McKenna</b>	TNAQ	1996	0.70	<b>5:01.16</b>	16.30 <b>A</b>	
	50m	30.40	100m 1:05.24 34.84	150m 1:44.81 39.57	200m 2:22.76 37.95	250m 3:06.94 44.18	300m 3:51.17 44.23	350m 4:26.56 35.39	34.60
8	1	6	<b>BERNARDO Lauren</b>	MAC-NC	2005	0.74	<b>5:01.32</b>	16.46 <b>A</b>	
	50m	31.04	100m 1:07.92 36.88	150m 1:46.05 38.13	200m 2:23.34 37.29	250m 3:08.10 44.76	300m 3:53.28 45.18	350m 4:27.35 34.07	33.97
9	1	1	<b>BOKOS Burlingtn</b>	FMC	◆ 2006	0.75	<b>5:01.50</b>	16.64 <b>B</b>	
	50m	30.73	100m 1:06.02 35.29	150m 1:44.79 38.77	200m 2:23.61 38.82	250m 3:07.26 43.65	300m 3:51.93 44.67	350m 4:27.05 35.12	34.45
10	1	3	<b>GOEIJ Fernanda</b>	MTC	2000	0.75	<b>5:03.41</b>	18.55 <b>B</b>	
	50m	31.64	100m 1:09.98 38.34	150m 1:49.15 39.17	200m 2:28.99 39.84	250m 3:10.70 41.71	300m 3:55.39 44.69	350m 4:29.59 34.20	33.82
11	1	7	<b>WHITE Maya</b>	UN-CO	2003	0.74	<b>5:03.64</b>	18.78 <b>B</b>	
	50m	31.94	100m 1:07.10 35.16	150m 1:48.05 40.95	200m 2:27.97 39.92	250m 3:11.25 43.28	300m 3:55.06 43.81	350m 4:30.35 35.29	33.29
12	2	6	<b>BROWN Portia</b>	MVN	2000	0.82	<b>5:05.70</b>	20.84 <b>B</b>	
	50m	31.46	100m 1:07.28 35.82	150m 1:46.68 39.40	200m 2:25.88 39.20	250m 3:09.70 43.82	300m 3:55.17 45.47	350m 4:31.15 35.98	34.55
13	1	2	<b>LEBL Ilektra</b>	UN-NT	1999	0.72	<b>5:07.72</b>	22.86 <b>B</b>	
	50m	31.13	100m 1:08.13 37.00	150m 1:47.75 39.62	200m 2:26.94 39.19	250m 3:11.33 44.39	300m 3:56.67 45.34	350m 4:32.68 36.01	35.04
14	2	1	<b>SYNSVOLL Samantha</b>	COSA	◆ 2006	0.76	<b>5:08.29</b>	23.43 <b>B</b>	
	50m	31.19	100m 1:08.95 37.76	150m 1:48.39 39.44	200m 2:28.09 39.70	250m 3:11.60 43.51	300m 3:57.25 45.65	350m 4:33.26 36.01	35.03

#### Legend:

◆	Junior swimmer	<b>A</b>	Qualified for final A	<b>AR</b>	American Record	<b>B</b>	Qualified for final B
<b>OT</b>	Olympic Trials	<b>R.T.</b>	Reaction Time	<b>US</b>	US Open Record	<b>WJ</b>	World Junior Record
<b>WR</b>	World Record						

Official Timekeeping by Omega

