



2024 Tyr Pro Swim Series

Westmont, IL

March 6 - 9



Event 109

7 MAR 2024 - 6:59 PM

Women's 400m Individual Medley

Final

Results

Event Number 9

	Record	Splits		Name	NAT Code	Location	Date	
WR	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	USA	Toronto (CAN)	1 APR 2023
AR	4:31.12				HOFF Katie	USA	Omaha (USA)	29 JUN 2008
US	4:28.61	59.40	2:08.20	3:27.46	McINTOSH Summer	USA	Greensboro, NC (USA)	2 DEC 2022
WJ	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	USA	Toronto (CAN)	1 APR 2023
OT	4:49.89				BEST TIME		USA (USA)	

Final B

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind
1	3	WHITE Maya	UN-CO	0.78	4:56.64	
50m (5) 31.49	100m (2) 1:06.84 35.35	150m (3) 1:46.61 39.77	200m (3) 2:25.69 39.08	250m (3) 3:07.91 42.22	300m (1) 3:50.43 42.52	350m (1) 4:23.90 33.47
2	5	GOEIJ Fernanda	MTC	0.69	4:57.54	0.90
50m (6) 31.57	100m (6) 1:08.14 36.57	150m (5) 1:47.96 39.82	200m (6) 2:26.90 38.94	250m (2) 3:07.73 40.83	300m (3) 3:51.44 43.71	350m (2) 4:24.86 33.42
3	4	BOKOS Burlingtyn	FMC	0.69	5:00.63	3.99
50m (1) 30.46	100m (1) 1:05.68 35.22	150m (1) 1:44.44 38.76	200m (1) 2:22.68 38.24	250m (1) 3:06.54 43.86	300m (2) 3:51.31 44.77	350m (3) 4:26.24 34.93
4	2	LEBL Ilektra	UN-NT	0.73	5:01.48	4.84
50m (4) 31.20	100m (4) 1:07.72 36.52	150m (6) 1:48.74 41.02	200m (5) 2:26.59 37.85	250m (5) 3:09.76 43.17	300m (4) 3:54.60 44.84	350m (4) 4:28.33 33.73
5	7	SYNSVOLL Samantha	COSA		5:04.49	7.85
50m (2) 31.05	100m (5) 1:07.85 36.80	150m (2) 1:46.47 38.62	200m (2) 2:24.53 38.06	250m (4) 3:09.30 44.77	300m (6) 3:55.54 46.24	350m (6) 4:30.82 35.28
6	6	BROWN Portia	MVN	0.80	5:05.35	8.71
50m (3) 31.17	100m (3) 1:06.89 35.72	150m (4) 1:46.89 40.00	200m (4) 2:26.51 39.62	250m (6) 3:09.95 43.44	300m (5) 3:55.04 45.09	350m (5) 4:30.78 35.74

Final A

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind
1	4	HAYES Leah	TIDEIL	0.76	4:39.36	
50m (2) 29.97	100m (2) 1:03.81 33.84	150m (2) 1:40.52 36.71	200m (2) 2:17.04 36.52	250m (1) 2:55.92 38.88	300m (1) 3:36.15 40.23	350m (1) 4:08.08 31.93
2	5	GRIMES Katie	SAND	0.71	4:40.98	1.62
50m (1) 29.44	100m (1) 1:02.74 33.30	150m (1) 1:38.82 36.08	200m (1) 2:14.75 35.93	250m (2) 2:56.73 41.98	300m (2) 3:39.64 42.91	350m (2) 4:10.72 31.08
3	3	ANDISON Bailey	TQ	0.76	4:46.69	7.33
50m (5) 30.35	100m (6) 1:05.82 35.47	150m (5) 1:43.43 37.61	200m (4) 2:19.90 36.47	250m (3) 2:59.88 39.98	300m (3) 3:40.59 40.71	350m (3) 4:13.88 33.29
4	7	KLAMFOTH Avery	MAC-NC	0.72	4:51.74	12.38
50m (8) 31.17	100m (8) 1:06.41 35.24	150m (8) 1:44.12 37.71	200m (5) 2:20.92 36.80	250m (4) 3:02.10 41.18	300m (4) 3:43.71 41.61	350m (4) 4:18.65 34.94
5	6	WEINSTEIN Claire	SAND	0.82	4:53.11	13.75
50m (7) 30.64	100m (3) 1:05.17 34.53	150m (3) 1:42.88 37.71	200m (3) 2:19.55 36.67	250m (6) 3:04.04 44.49	300m (7) 3:49.29 45.25	350m (7) 4:22.66 33.37
6	2	DAWSON Erin	UN-CO	0.74	4:54.56	15.20
50m (4) 30.20	100m (5) 1:05.74 35.54	150m (7) 1:44.10 38.36	200m (8) 2:21.87 37.77	250m (7) 3:04.52 42.65	300m (5) 3:47.62 43.10	350m (5) 4:21.60 33.98
7	1	DEBEVER McKenna	TNAQ	0.71	4:57.81	18.45
50m (3) 30.08	100m (4) 1:05.29 35.21	150m (4) 1:43.26 37.97	200m (6) 2:20.97 37.71	250m (5) 3:03.26 42.29	300m (6) 3:47.68 44.42	350m (6) 4:22.53 34.85
8	8	BERNARDO Lauren	MAC-NC	0.75	5:00.88	21.52
50m (6) 30.62	100m (7) 1:06.05 35.43	150m (6) 1:43.82 37.77	200m (7) 2:21.14 37.32	250m (8) 3:05.72 44.58	300m (8) 3:51.43 45.71	350m (8) 4:26.15 34.72

Legend:

AR	American Record	OT	Olympic Trials	R.T.	Reaction Time	US	US Open Record
WJ	World Junior Record	WR	World Record				

Official Timekeeping by Omega

