



# European Short Course Swimming Championships

## Istanbul 2009

December 10-13

### Event 15

11 DEC 2009 - 17:25

Men's 400m Individual Medley  
400m 4-Nages Hommes

Final  
Finales

### Results

Résultats

	Record	Splits			Name	NOC Code	Location	Date	
<b>WR</b>	<b>3:59.33</b>	25.44	54.93	1:24.97	1:54.24	CSEH Laszlo	HUN	Debrecen (HUN)	14 DEC 2007
		2:28.61	3:02.97	3:31.99					
<b>ER</b>	<b>3:59.33</b>	25.44	54.93	1:24.97	1:54.24	CSEH Laszlo	HUN	Debrecen (HUN)	14 DEC 2007
		2:28.61	3:02.97	3:31.99					
<b>CR</b>	<b>3:59.33</b>	25.44	54.93	1:24.97	1:54.24	CSEH Laszlo	HUN	Debrecen (HUN)	14 DEC 2007
		2:28.61	3:02.97	3:31.99					

### Final

Event No. 15

Rank	Lane	Name	NOC Code	R.T.	Time	Time Behind		
<b>1</b>	<b>4</b>	<b>CSEH Laszlo</b>	<b>HUN</b>	<b>0.77</b>	<b>3:57.27</b>	<b>WR</b>		
50m (1)	24.70	100m (1) 53.58 28.88	150m (1) 1:23.59 30.01	200m (1) 1:52.36 28.77	250m (1) 2:26.39 34.03	300m (1) 3:01.11 34.72	350m (1) 3:29.99 28.88	27.28
<b>2</b>	<b>5</b>	<b>VERRASZTO David</b>	<b>HUN</b>	<b>0.83</b>	<b>4:00.10</b>	<b>2.83</b>		
50m (7)	26.30	100m (6) 56.16 29.86	150m (3) 1:26.85 30.69	200m (3) 1:57.31 30.46	250m (2) 2:30.72 33.41	300m (2) 3:04.41 33.69	350m (2) 3:33.18 28.77	26.92
<b>3</b>	<b>3</b>	<b>NEVO Gal</b>	<b>ISR</b>	<b>0.68</b>	<b>4:00.55</b>	<b>3.28</b>		
50m (5)	25.99	100m (3) 55.65 29.66	150m (6) 1:27.71 32.06	200m (6) 1:58.90 31.19	250m (4) 2:31.83 32.93	300m (3) 3:05.12 33.29	350m (3) 3:33.60 28.48	26.95
<b>4</b>	<b>6</b>	<b>ROEBUCK Joe</b>	<b>GBR</b>	<b>0.79</b>	<b>4:01.63</b>	<b>4.36</b>		
50m (2)	25.49	100m (2) 54.44 28.95	150m (2) 1:26.06 31.62	200m (2) 1:57.29 31.23	250m (3) 2:30.75 33.46	300m (4) 3:05.37 34.62	350m (4) 3:34.19 28.82	27.44
<b>5</b>	<b>1</b>	<b>WOJT Lukasz</b>	<b>POL</b>	<b>0.71</b>	<b>4:03.85</b>	<b>6.58</b>		
50m (3)	25.57	100m (4) 55.67 30.10	150m (4) 1:27.00 31.33	200m (4) 1:57.45 30.45	250m (5) 2:32.13 34.68	300m (5) 3:07.17 35.04	350m (5) 3:36.08 28.91	27.77
<b>6</b>	<b>7</b>	<b>CABELLO FORNS Alan</b>	<b>ESP</b>	<b>0.76</b>	<b>4:05.09</b>	<b>7.82</b>		
50m (4)	25.96	100m (7) 56.51 30.55	150m (8) 1:28.41 31.90	200m (7) 1:59.49 31.08	250m (7) 2:33.36 33.87	300m (7) 3:07.89 34.53	350m (7) 3:36.87 28.98	28.22
<b>7</b>	<b>0</b>	<b>TIKHONOV Alexander</b>	<b>RUS</b>	<b>0.79</b>	<b>4:05.33</b>	<b>8.06</b>		
50m (6)	26.17	100m (5) 55.70 29.53	150m (5) 1:27.14 31.44	200m (5) 1:57.80 30.66	250m (6) 2:32.39 34.59	300m (6) 3:07.38 34.99	350m (6) 3:36.69 29.31	28.64
<b>8</b>	<b>9</b>	<b>SMITH Lewis</b>	<b>GBR</b>	<b>0.74</b>	<b>4:06.20</b>	<b>8.93</b>		
50m (10)	26.82	100m (10) 56.96 30.14	150m (9) 1:28.88 31.92	200m (9) 1:59.74 30.86	250m (9) 2:34.21 34.47	300m (8) 3:09.05 34.84	350m (8) 3:38.24 29.19	27.96
<b>9</b>	<b>8</b>	<b>CARVALHO Diogo Filipe</b>	<b>POR</b>	<b>0.73</b>	<b>4:08.53</b>	<b>11.26</b>		
50m (8)	26.34	100m (9) 56.53 30.19	150m (10) 1:29.14 32.61	200m (10) 2:00.94 31.80	250m (10) 2:36.03 35.09	300m (10) 3:11.46 35.43	350m (9) 3:40.53 29.07	28.00
<b>10</b>	<b>2</b>	<b>CHRISTENSEN Chris</b>	<b>DEN</b>	<b>0.78</b>	<b>4:11.65</b>	<b>14.38</b>		
50m (9)	26.49	100m (7) 56.51 30.02	150m (7) 1:28.34 31.83	200m (8) 1:59.57 31.23	250m (8) 2:34.18 34.61	300m (9) 3:09.70 35.52	350m (10) 3:40.87 31.17	30.78

#### Legend:

R.T. Reaction time

WR World record

### Timing & Data-Handling by OMEGA

