



# European Short Course Swimming Championships

## Istanbul 2009

December 10-13

### Event 33

13 DEC 2009 - 17:14

Women's 400m Individual Medley  
400m 4-Nages Femmes

Final  
Finales

### Start List

Liste de départ

|    | Record  | Splits                        | Name                   | NOC Code | Location        | Date        |
|----|---------|-------------------------------|------------------------|----------|-----------------|-------------|
| WR | 4:22.88 | 28.84 1:01.68 1:36.73 2:10.57 | MEAKLIM Kathryn        | RSA      | Singapore (SIN) | 22 NOV 2009 |
| ER | 4:25.06 | 29.60 1:02.28 1:36.63 2:10.12 | BELMONTE GARCIA Mireia | ESP      | Rijeka (CRO)    | 14 DEC 2008 |
| CR | 4:25.06 | 29.60 1:02.28 1:36.63 2:10.12 | BELMONTE GARCIA Mireia | ESP      | Rijeka (CRO)    | 14 DEC 2008 |

Final

Event No. 33

| Lane | Name                   | NOC Code | Date of Birth | Qualifying Time | Time | Rank |
|------|------------------------|----------|---------------|-----------------|------|------|
| 0    | ZAVADOVA Barbora       | CZE      | 23 JAN 1993   | 4:35.52         |      |      |
| 1    | SEGAT Francesca        | ITA      | 21 JAN 1983   | 4:34.40         |      |      |
| 2    | GRANGEON Lara          | FRA      | 21 SEP 1991   | 4:32.60         |      |      |
| 3    | GARDELL Stina          | SWE      | 28 MAR 1990   | 4:32.40         |      |      |
| 4    | MILEY Hannah           | GBR      | 8 AUG 1989    | 4:29.54         |      |      |
| 5    | BELMONTE GARCIA Mireia | ESP      | 10 NOV 1990   | 4:31.36         |      |      |
| 6    | JAKABOS Zsuzsanna      | HUN      | 3 APR 1989    | 4:32.56         |      |      |
| 7    | KLINAR Anja            | SLO      | 3 APR 1988    | 4:33.44         |      |      |
| 8    | SCHIFFER Nina          | GER      | 3 JAN 1991    | 4:35.37         |      |      |
| 9    | KARPEEVA Svetlana      | RUS      | 16 OCT 1985   | 4:35.71         |      |      |

Substitutes

| Lane | Name             | NOC Code | Date of Birth | Qualifying Time | Time | Rank |
|------|------------------|----------|---------------|-----------------|------|------|
|      | PROUD Stephanie  | GBR      | 29 AUG 1988   | 4:36.40         |      |      |
|      | MICHALAK Theresa | GER      | 7 MAY 1992    | 4:36.41         |      |      |

Timing & Data-Handling by OMEGA

