



2009 AT&T Short Course National Championships

Federal Way, WA

Dec. 3-5, 2009

Event 3

3 DEC 2009 - 09:12

Women's 500yds Freestyle

Preliminary

Results Summary

Résumé des résultats

	Record	Splits			Name	NOC Code	Location	Date
AR	4:30.47	52.58	1:47.66	2:42.44	3:36.45	HOFF Katie	USA Annapolis (USA)	8 DEC 2007
US	4:30.47	52.58	1:47.66	2:42.44	3:36.45	HOFF Katie	USA Annapolis (USA)	8 DEC 2007

Preliminary

Event No. 3

Rank	Heat	Lane	Name	Date of Birth	Club Code	R.T.	Time	Time Behind
1	9	4	KNUTSON Dagny	18 JAN 1992	ASK-ND	0.75	4:34.06	A CR
				50yd 25.79	100yd 53.24	150yd 1:20.65	200yd 1:48.06	250yd 2:15.52
				27.45	27.41	27.41	27.41	27.46
				300yd 2:43.19	350yd 3:10.99	400yd 3:38.84	450yd 4:06.70	27.36
2	8	4	HOFF Kathryn	3 JUN 1989	FASTCA	0.82	4:39.31	5.25 A
				50yd 25.80	100yd 53.36	150yd 1:21.59	200yd 1:49.88	250yd 2:18.12
				27.56	28.23	28.29	28.22	28.24
				300yd 2:46.63	350yd 3:14.79	400yd 3:43.25	450yd 4:11.47	27.84
3	8	5	HOSSZU Katinka	3 MAY 1989	USC-CA		4:41.57	7.51 A
				50yd 26.18	100yd 53.77	150yd 1:21.72	200yd 1:50.13	250yd 2:18.34
				27.59	27.95	28.41	28.41	28.21
				300yd 2:46.87	350yd 3:15.36	400yd 3:43.94	450yd 4:12.95	28.62
4	5	3	KASTES Katie	12 MAY 1989	CALIPC	0.73	4:42.34	8.28 A
				50yd 25.91	100yd 54.02	150yd 1:22.63	200yd 1:51.02	250yd 2:19.25
				28.11	28.61	28.39	28.39	28.23
				300yd 2:47.74	350yd 3:16.38	400yd 3:45.14	450yd 4:13.99	28.35
5	7	5	BOYLE Lauren	14 DEC 1987	CALIPC		4:43.59	9.53 A
				50yd 26.16	100yd 54.63	150yd 1:22.94	200yd 1:51.46	250yd 2:19.96
				28.47	28.31	28.52	28.52	28.50
				300yd 2:48.52	350yd 3:17.27	400yd 3:46.21	450yd 4:14.97	28.62
6	9	6	ANDERSON Haley	20 NOV 1991	USC-CA		4:44.69	10.63 A
				50yd 26.63	100yd 55.53	150yd 1:24.42	200yd 1:53.18	250yd 2:21.69
				28.90	28.89	28.76	28.76	28.51
				300yd 2:50.81	350yd 3:19.32	400yd 3:48.18	450yd 4:17.08	27.61
7	9	5	ISAKOVIC Sara	9 JUN 1988	CALIPC		4:44.99	10.93 A
				50yd 26.09	100yd 54.16	150yd 1:22.49	200yd 1:50.96	250yd 2:19.58
				28.07	28.33	28.47	28.47	28.62
				300yd 2:48.32	350yd 3:17.29	400yd 3:46.69	450yd 4:16.07	28.92
8	3	5	DIRADO Madeline	5 APR 1993	SRN-PC		4:45.45	11.39 A
				50yd 26.32	100yd 55.03	150yd 1:24.13	200yd 1:52.95	250yd 2:21.72
				28.71	29.10	28.82	28.82	28.77
				300yd 2:50.44	350yd 3:19.27	400yd 3:48.36	450yd 4:17.19	28.26
9	8	3	JENNINGS Christine	7 MAY 1987	BLDRCO	0.76	4:45.87	11.81 B
				50yd 26.76	100yd 55.35	150yd 1:24.03	200yd 1:52.82	250yd 2:21.38
				28.59	28.68	28.79	28.79	28.56
				300yd 2:50.16	350yd 3:19.23	400yd 3:48.27	450yd 4:17.53	28.34
10	8	8	VREELAND Shannon	15 NOV 1991	KCB-MV	0.85	4:46.15	12.09 B
				50yd 26.42	100yd 54.91	150yd 1:23.68	200yd 1:52.49	250yd 2:21.31
				28.49	28.77	28.81	28.81	28.82
				300yd 2:50.26	350yd 3:19.49	400yd 3:48.94	450yd 4:17.98	28.17
11	7	7	BURCKLE Caroline	24 JUN 1986	FASTCA	0.84	4:46.95	12.89 B
				50yd 26.32	100yd 54.30	150yd 1:22.87	200yd 1:51.62	250yd 2:20.35
				27.98	28.57	28.75	28.75	28.73
				300yd 2:49.45	350yd 3:18.83	400yd 3:48.43	450yd 4:18.06	28.89





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Rank	Heat	Lane	Name	Date of Birth	Club Code	R.T.	Time	Time Behind
12	7	3	ADAMS Natalie	11 SEP 1991	UN01GU	0.84	4:47.34	13.28 B
		50yd 26.37	100yd 54.59	150yd 1:23.40	200yd 1:52.44		250yd 2:21.63	
			28.22	28.81	29.04		29.19	
		300yd 2:51.03	350yd 3:20.52	400yd 3:50.05	450yd 4:19.50			
		29.40	29.49	29.53	29.45		27.84	
12	9	7	DEPAUL Lyndsay	30 NOV 1989	USC-CA	0.72	4:47.34	13.28 B
		50yd 26.34	100yd 55.06	150yd 1:24.00	200yd 1:53.13		250yd 2:22.05	
			28.72	28.94	29.13		28.92	
		300yd 2:50.98	350yd 3:20.09	400yd 3:49.55	450yd 4:18.70			
		28.93	29.11	29.46	29.15		28.64	
14	7	4	WHITE Jessica	12 SEP 1990	IU-IN	0.90	4:47.38	13.32 B
		50yd 26.91	100yd 55.33	150yd 1:24.12	200yd 1:53.37		250yd 2:22.57	
			28.42	28.79	29.25		29.20	
		300yd 2:51.53	350yd 3:20.59	400yd 3:49.99	450yd 4:19.29			
		28.96	29.06	29.40	29.30		28.09	
15	8	6	HARPER Shelley	20 APR 1990	CALIPC	0.66	4:48.07	14.01 B
		50yd 26.14	100yd 54.44	150yd 1:23.20	200yd 1:52.38		250yd 2:21.70	
			28.30	28.76	29.18		29.32	
		300yd 2:51.08	350yd 3:20.80	400yd 3:50.34	450yd 4:19.45			
		29.38	29.72	29.54	29.11		28.62	
16	5	6	BROWN Allison	26 MAR 1994	PLS-PC		4:48.86	14.80 B
		50yd 26.68	100yd 55.30	150yd 1:24.59	200yd 1:53.78		250yd 2:22.97	
			28.62	29.29	29.19		29.19	
		300yd 2:52.21	350yd 3:21.40	400yd 3:50.67	450yd 4:20.16			
		29.24	29.19	29.27	29.49		28.70	
17	6	2	HOJANCLARK Kelsey	20 APR 1993	EBSCWI	0.77	4:49.07	15.01 C
		50yd 27.41	100yd 56.34	150yd 1:25.47	200yd 1:54.94		250yd 2:24.36	
			28.93	29.13	29.47		29.42	
		300yd 2:53.83	350yd 3:23.38	400yd 3:52.14	450yd 4:20.88			
		29.47	29.55	28.76	28.74		28.19	
18	6	8	THAYER Annemarie	23 SEP 1992	UN04PN	0.83	4:49.13	15.07 C
		50yd 26.77	100yd 55.98	150yd 1:25.22	200yd 1:54.67		250yd 2:24.21	
			29.21	29.24	29.45		29.54	
		300yd 2:53.45	350yd 3:22.82	400yd 3:52.16	450yd 4:21.01			
		29.24	29.37	29.34	28.85		28.12	
19	5	7	MORFORD Lauren	4 APR 1985	AGUAMR	0.85	4:49.15	15.09 C
		50yd 26.89	100yd 55.15	150yd 1:23.90	200yd 1:53.00		250yd 2:22.00	
			28.26	28.75	29.10		29.00	
		300yd 2:51.14	350yd 3:20.44	400yd 3:50.00	450yd 4:19.90			
		29.14	29.30	29.56	29.90		29.25	
20	7	1	DORAN Eleanor	10 APR 1989	USC-CA	0.80	4:49.49	15.43 C
		50yd 26.88	100yd 55.53	150yd 1:24.30	200yd 1:53.19		250yd 2:22.26	
			28.65	28.77	28.89		29.07	
		300yd 2:51.71	350yd 3:21.11	400yd 3:50.73	450yd 4:20.38			
		29.45	29.40	29.62	29.65		29.11	
21	9	2	BREED Catherine	22 MAR 1993	PLS-PC	0.89	4:49.53	15.47 C
		50yd 26.85	100yd 55.38	150yd 1:24.11	200yd 1:53.41		250yd 2:23.18	
			28.53	28.73	29.30		29.77	
		300yd 2:52.37	350yd 3:21.55	400yd 3:51.25	450yd 4:20.58			
		29.19	29.18	29.70	29.33		28.95	
22	9	3	HAYTER Blake	15 JUL 1988	CALIPC	0.80	4:51.04	16.98 C
		50yd 26.42	100yd 54.79	150yd 1:23.55	200yd 1:52.60		250yd 2:21.96	
			28.37	28.76	29.05		29.36	
		300yd 2:51.47	350yd 3:21.33	400yd 3:51.27	450yd 4:21.54			
		29.51	29.86	29.94	30.27		29.50	
23	2	6	TANNHAUSER Kelly	30 DEC 1991	UN03PN		4:51.32	17.26 C
		50yd 26.99	100yd 56.06	150yd 1:25.14	200yd 1:54.52		250yd 2:23.89	
			29.07	29.08	29.38		29.37	
		300yd 2:53.62	350yd 3:23.11	400yd 3:52.48	450yd 4:22.16			
		29.73	29.49	29.37	29.68		29.16	
24	3	1	STRATTON Jenni	9 SEP 1985	MHA-OR	0.82	4:51.36	17.30 C
		50yd 27.53	100yd 57.01	150yd 1:26.76	200yd 1:56.49		250yd 2:26.05	
			29.48	29.75	29.73		29.56	
		300yd 2:55.50	350yd 3:24.75	400yd 3:53.92	450yd 4:22.94			
		29.45	29.25	29.17	29.02		28.42	





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25	4	7	SIMENEC Tori	4 SEP 1992	BRSCOR	0.63	4:51.52	17.46 1
		50yd 26.40	100yd 54.91	150yd 1:23.52	200yd 1:52.65		250yd 2:21.96	
			28.51	28.61	29.13		29.31	
		300yd 2:51.63	350yd 3:21.59	400yd 3:51.62	450yd 4:21.65			
		29.67	29.96	30.03	30.03		29.87	
26	5	2	BUELENS Griet	24 MAR 1984	OSSCOH	0.85	4:51.67	17.61 2
		50yd 27.03	100yd 55.84	150yd 1:24.97	200yd 1:54.33		250yd 2:23.64	
			28.81	29.13	29.36		29.31	
		300yd 2:53.05	350yd 3:22.70	400yd 3:52.56	450yd 4:22.43			
		29.41	29.65	29.86	29.87		29.24	
27	6	5	MILLIGAN Danielle	10 MAY 1989	UCLACA		4:52.29	18.23
		50yd 26.98	100yd 56.05	150yd 1:25.45	200yd 1:54.84		250yd 2:24.41	
			29.07	29.40	29.39		29.57	
		300yd 2:53.90	350yd 3:23.53	400yd 3:53.06	450yd 4:22.85			
		29.49	29.63	29.53	29.79		29.44	
28	7	6	TUCKER Samantha	28 NOV 1991	TXLAST		4:52.32	18.26
		50yd 26.39	100yd 55.23	150yd 1:24.26	200yd 1:53.90		250yd 2:23.38	
			28.84	29.03	29.64		29.48	
		300yd 2:53.09	350yd 3:22.75	400yd 3:52.68	450yd 4:22.68			
		29.71	29.66	29.93	30.00		29.64	
29	8	7	GIBERSON Sara	4 SEP 1992	AGUAMR	0.80	4:52.39	18.33
		50yd 26.31	100yd 55.06	150yd 1:24.29	200yd 1:53.77		250yd 2:23.55	
			28.75	29.23	29.48		29.78	
		300yd 2:53.49	350yd 3:23.56	400yd 3:53.61	450yd 4:23.28			
		29.94	30.07	30.05	29.67		29.11	
30	4	6	WILD Chelsea	4 SEP 1990	USC-CA		4:52.91	18.85
		50yd 26.62	100yd 55.04	150yd 1:24.28	200yd 1:53.75		250yd 2:23.24	
			28.42	29.24	29.47		29.49	
		300yd 2:53.36	350yd 3:23.07	400yd 3:52.92	450yd 4:22.99			
		30.12	29.71	29.85	30.07		29.92	
31	5	8	MAJEAU Fiona	14 JUL 1993	CSC-PN	0.93	4:53.10	19.04
		50yd 26.58	100yd 55.29	150yd 1:24.43	200yd 1:54.14		250yd 2:23.87	
			28.71	29.14	29.71		29.73	
		300yd 2:53.92	350yd 3:23.76	400yd 3:53.84	450yd 4:23.91			
		30.05	29.84	30.08	30.07		29.19	
32	4	8	EDWARDS Hayley	1 MAY 1991	VILLMA	0.76	4:53.39	19.33
		50yd 26.97	100yd 56.24	150yd 1:25.53	200yd 1:54.98		250yd 2:24.76	
			29.27	29.29	29.45		29.78	
		300yd 2:54.60	350yd 3:24.39	400yd 3:54.38	450yd 4:24.24			
		29.84	29.79	29.99	29.86		29.15	
33	8	2	ARNOLD Allison	4 JUN 1992	DM-NT	0.73	4:53.49	19.43
		50yd 27.08	100yd 56.04	150yd 1:25.40	200yd 1:55.02		250yd 2:24.80	
			28.96	29.36	29.62		29.78	
		300yd 2:54.56	350yd 3:24.48	400yd 3:54.41	450yd 4:24.42			
		29.76	29.92	29.93	30.01		29.07	
34	2	2	DUDLEY Rachael	14 SEP 1993	SA-GA	0.87	4:53.74	19.68
		50yd 27.65	100yd 56.85	150yd 1:26.29	200yd 1:56.04		250yd 2:26.00	
			29.20	29.44	29.75		29.96	
		300yd 2:55.63	350yd 3:25.23	400yd 3:54.85	450yd 4:24.53			
		29.63	29.60	29.62	29.68		29.21	
35	7	8	VAN HOUT Aja	2 DEC 1992	BAC-WI	0.78	4:53.87	19.81
		50yd 27.08	100yd 56.12	150yd 1:25.56	200yd 1:55.53		250yd 2:25.50	
			29.04	29.44	29.97		29.97	
		300yd 2:55.52	350yd 3:25.29	400yd 3:55.02	450yd 4:24.79			
		30.02	29.77	29.73	29.77		29.08	
36	6	4	ZHU Annie	1 SEP 1994	AGUAMR	0.77	4:54.17	20.11
		50yd 27.51	100yd 57.06	150yd 1:26.60	200yd 1:56.14		250yd 2:25.61	
			29.55	29.54	29.54		29.47	
		300yd 2:55.23	350yd 3:25.19	400yd 3:54.90	450yd 4:24.83			
		29.62	29.96	29.71	29.93		29.34	
37	8	1	AHLIN Michaela	15 APR 1987	WSU-IE	0.79	4:54.70	20.64
		50yd 26.76	100yd 55.91	150yd 1:25.16	200yd 1:54.75		250yd 2:24.29	
			29.15	29.25	29.59		29.54	
		300yd 2:54.06	350yd 3:24.02	400yd 3:54.27	450yd 4:24.53			
		29.77	29.96	30.25	30.26		30.17	





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38	3	3	ANDERSON Kaela	6 AUG 1992	SCSCMN	0.73	4:54.77	20.71					
									50yd 26.73	100yd 56.05	150yd 1:25.78	200yd 1:55.78	250yd 2:25.59
										29.32	29.73	30.00	29.81
									300yd 2:55.38	350yd 3:25.21	400yd 3:55.14	450yd 4:25.07	
									29.79	29.83	29.93	29.93	29.70
39	4	1	JAHANSHAHI Jasmin	3 OCT 1990	UCLACA	0.81	4:55.31	21.25					
									50yd 27.28	100yd 56.87	150yd 1:26.62	200yd 1:56.61	250yd 2:26.55
										29.59	29.75	29.99	29.94
									300yd 2:56.22	350yd 3:26.05	400yd 3:56.48	450yd 4:26.57	
									29.67	29.83	30.43	30.09	28.74
40	6	6	CREED Sommers	9 MAY 1993	SA-GA		4:55.65	21.59					
									50yd 27.14	100yd 56.18	150yd 1:25.70	200yd 1:55.31	250yd 2:25.08
										29.04	29.52	29.61	29.77
									300yd 2:55.01	350yd 3:25.10	400yd 3:55.33	450yd 4:25.86	
									29.93	30.09	30.23	30.53	29.79
41	2	5	HEGAZY Dina	21 MAR 1989	USC-CA	0.83	4:57.09	23.03					
									50yd 27.08	100yd 56.66	150yd 1:26.39	200yd 1:56.35	250yd 2:26.50
										29.58	29.73	29.96	30.15
									300yd 2:56.65	350yd 3:26.82	400yd 3:57.18	450yd 4:27.48	
									30.15	30.17	30.36	30.30	29.61
42	9	8	BIBB Emily	16 APR 1989	UN01PC	0.77	4:57.10	23.04					
									50yd 26.68	100yd 55.51	150yd 1:24.92	200yd 1:54.55	250yd 2:24.44
										28.83	29.41	29.63	29.89
									300yd 2:54.60	350yd 3:24.90	400yd 3:55.57	450yd 4:26.49	
									30.16	30.30	30.67	30.92	30.61
43	4	4	HAGAN Katherine	13 MAY 1988	OSU-OR	0.81	4:57.37	23.31					
									50yd 26.98	100yd 55.68	150yd 1:25.19	200yd 1:55.30	250yd 2:25.52
										28.70	29.51	30.11	30.22
									300yd 2:56.00	350yd 3:26.74	400yd 3:57.38	450yd 4:27.45	
									30.48	30.74	30.64	30.07	29.92
44	3	6	HICKS Verity	17 AUG 1988	IOWAIA	0.78	4:57.65	23.59					
									50yd 26.25	100yd 55.09	150yd 1:24.58	200yd 1:54.37	250yd 2:24.39
										28.84	29.49	29.79	30.02
									300yd 2:54.63	350yd 3:25.45	400yd 3:56.59	450yd 4:27.44	
									30.24	30.82	31.14	30.85	30.21
45	3	4	ALVAREZ Maria	10 OCT 1989	TCU-NT	0.90	4:58.21	24.15					
									50yd 26.75	100yd 55.67	150yd 1:24.82	200yd 1:54.78	250yd 2:25.20
										28.92	29.15	29.96	30.42
									300yd 2:55.81	350yd 3:26.56	400yd 3:57.14	450yd 4:28.16	
									30.61	30.75	30.58	31.02	30.05
46	2	4	TAMMADGE Roxanne	19 MAY 1991	VILLMA	0.84	4:58.25	24.19					
									50yd 27.46	100yd 57.20	150yd 1:27.05	200yd 1:57.27	250yd 2:27.45
										29.74	29.85	30.22	30.18
									300yd 2:57.76	350yd 3:27.94	400yd 3:58.35	450yd 4:28.35	
									30.31	30.18	30.41	30.00	29.90
47	6	1	ROSS Lauren	16 JAN 1992	BAC-NJ		4:58.30	24.24					
									50yd 27.15	100yd 56.42	150yd 1:25.93	200yd 1:55.71	250yd 2:25.96
										29.27	29.51	29.78	30.25
									300yd 2:56.41	350yd 3:27.06	400yd 3:58.00	450yd 4:28.68	
									30.45	30.65	30.94	30.68	29.62
48	6	3	WOOLBRIGHT Kathryn	25 SEP 1992	UN01FL	0.62	4:58.62	24.56					
									50yd 28.66	100yd 58.06	150yd 1:27.94	200yd 1:57.71	250yd 2:27.59
										29.40	29.88	29.77	29.88
									300yd 2:58.09	350yd 3:28.71	400yd 3:59.14	450yd 4:29.34	
									30.50	30.62	30.43	30.20	29.28
49	5	5	CZAR Sarah	12 OCT 1988	VILLMA	0.71	4:58.86	24.80					
									50yd 26.91	100yd 56.25	150yd 1:26.12	200yd 1:56.13	250yd 2:26.41
										29.34	29.87	30.01	30.28
									300yd 2:57.19	350yd 3:27.83	400yd 3:58.53	450yd 4:29.22	
									30.78	30.64	30.70	30.69	29.64
50	2	1	HOYT Shelby	2 DEC 1992	SA-GA	0.85	4:58.90	24.84					
									50yd 28.10	100yd 57.69	150yd 1:27.56	200yd 1:57.62	250yd 2:27.72
										29.59	29.87	30.06	30.10
									300yd 2:57.74	350yd 3:27.92	400yd 3:58.44	450yd 4:29.18	
									30.02	30.18	30.52	30.74	29.72





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Rank	Heat	Lane	Name	Date of Birth	Club Code	R.T.	Time	Time Behind
51	7	2	CHENAULT Chelsea	19 OCT 1994	TERAPC	0.83	4:58.99	24.93
				100yd 55.97	200yd 1:55.64	250yd 2:25.97		
				150yd 1:25.68	300yd 2:56.42	350yd 3:27.08		
				200yd 1:55.64	400yd 3:57.99	450yd 4:28.86		
				28.82	30.13	30.33		
52	1	6	RUEDA Daniela	3 NOV 1993	AGUAMR	0.66	4:59.41	25.35
				100yd 57.21	200yd 1:57.63	250yd 2:27.70		
				150yd 1:27.34	300yd 2:58.00	350yd 3:28.37		
				200yd 1:57.63	400yd 3:58.92	450yd 4:29.48		
				29.63	30.29	30.07		
53	4	5	ARMGARTH Astrid	5 MAR 1988	VILLMA		4:59.63	25.57
				100yd 56.47	200yd 1:56.24	250yd 2:26.45		
				150yd 1:26.21	300yd 2:56.99	350yd 3:27.71		
				200yd 1:56.24	400yd 3:58.07	450yd 4:28.84		
				29.37	30.03	30.21		
54	1	5	WAGNER Catherine	6 AUG 1992	CFSCGU	0.76	5:00.70	26.64
				100yd 57.11	200yd 1:57.89	250yd 2:28.45		
				150yd 1:27.34	300yd 2:59.01	350yd 3:29.65		
				200yd 1:57.89	400yd 4:00.41	450yd 4:30.84		
				29.42	30.55	30.56		
55	5	1	IMPINK Caitlin	21 SEP 1988	GMU-PV	0.84	5:00.93	26.87
				100yd 57.41	200yd 1:58.06	250yd 2:28.42		
				150yd 1:27.61	300yd 2:59.04	350yd 3:29.56		
				200yd 1:58.06	400yd 4:00.16	450yd 4:30.77		
				29.80	30.45	30.36		
56	3	2	SHARP Morgan	17 FEB 1992	CFSCGU	0.72	5:01.27	27.21
				100yd 56.67	200yd 1:56.91	250yd 2:27.42		
				150yd 1:26.68	300yd 2:57.76	350yd 3:28.43		
				200yd 1:56.91	400yd 3:59.31	450yd 4:30.64		
				29.49	30.23	30.51		
57	1	3	BLAIR Lauren	3 JUL 1991	USC-CA	0.83	5:01.79	27.73
				100yd 57.27	200yd 1:58.13	250yd 2:28.90		
				150yd 1:27.42	300yd 2:59.76	350yd 3:30.64		
				200yd 1:58.13	400yd 4:01.36	450yd 4:31.68		
				29.73	30.71	30.77		
58	2	8	SO Yumi	27 MAR 1991	USC-CA	0.61	5:02.30	28.24
				100yd 56.58	200yd 1:58.25	250yd 2:29.56		
				150yd 1:27.37	300yd 3:00.66	350yd 3:31.31		
				200yd 1:58.25	400yd 4:02.13	450yd 4:32.72		
				29.58	30.88	31.31		
59	1	4	CLUTE Deirdre	18 APR 1992	TERAPC	0.70	5:03.21	29.15
				100yd 57.59	200yd 1:58.17	250yd 2:28.63		
				150yd 1:27.58	300yd 2:59.36	350yd 3:30.28		
				200yd 1:58.17	400yd 4:01.40	450yd 4:32.61		
				29.73	30.59	30.46		
60	2	3	GLEASON Sarah	16 FEB 1987	USD-SI	0.78	5:03.26	29.20
				100yd 57.06	200yd 1:57.49	250yd 2:28.16		
				150yd 1:27.07	300yd 2:59.01	350yd 3:30.37		
				200yd 1:57.49	400yd 4:01.73	450yd 4:32.78		
				29.48	30.42	30.67		
61	5	4	FORELLI Kristine	23 JAN 1988	USC-CA	0.87	5:03.27	29.21
				100yd 56.30	200yd 1:56.74	250yd 2:27.48		
				150yd 1:26.12	300yd 2:58.44	350yd 3:29.64		
				200yd 1:56.74	400yd 4:01.39	450yd 4:32.66		
				29.43	30.62	30.74		
62	6	7	SWALIN Jayme	30 NOV 1989	UOP-PC	0.85	5:03.61	29.55
				100yd 57.24	200yd 1:58.37	250yd 2:29.04		
				150yd 1:27.66	300yd 2:59.90	350yd 3:30.65		
				200yd 1:58.37	400yd 4:01.68	450yd 4:32.96		
				29.58	30.71	30.67		
63	4	2	BOLIN Ashley	30 JAN 1990	TCU-NT	0.86	5:04.71	30.65
				100yd 57.82	200yd 1:59.69	250yd 2:30.75		
				150yd 1:28.39	300yd 3:01.78	350yd 3:32.90		
				200yd 1:59.69	400yd 4:04.05	450yd 4:34.93		
				29.94	31.30	31.06		





2009 AT&T Short Course National Championships

Federal Way, WA

Dec. 3-5, 2009

Event 3

3 DEC 2009 - 09:12

Women's 500yds Freestyle

Preliminary

Preliminary

Event No. 3

Rank	Heat	Lane	Name	Date of Birth	Club Code	R.T.	Time	Time Behind
64	3	7	SHEEHAN Courtney	13 JUL 1993	WESTWI	0.87	5:04.78	30.72
		50yd 27.28	100yd 56.91	150yd 1:27.73	200yd 1:58.60		250yd 2:29.91	
			29.63	30.82	30.87		31.31	
		300yd 3:00.89	350yd 3:31.96	400yd 4:02.97	450yd 4:34.08			
		30.98	31.07	31.01	31.11		30.70	
65	2	7	WENGER Danielle	14 JUL 1989	UWM-WI	0.98	5:10.07	36.01
		50yd 27.79	100yd 58.00	150yd 1:29.14	200yd 2:00.73		250yd 2:32.39	
			30.21	31.14	31.59		31.66	
		300yd 3:04.04	350yd 3:35.63	400yd 4:07.52	450yd 4:39.25			
		31.65	31.59	31.89	31.73		30.82	
	3	8	WOLF Jessica	24 MAY 1994	WESTWI		DNS	
	4	3	MARSH Jessica	20 NOV 1992	RMDACA		DNS	
	9	1	SHELLEM Samantha	8 APR 1992	RMDACA		DNS	

Legend:							
1	First reserve	2	Second reserve	A	Qualified for Final A	B	Qualified for Final B
C	Qualified for Final C	CR	Championship record	DNS	Did not start	R.T.	Reaction time

