



# FINA/ARENA Swimming World Cup 2009

DURBAN MOSCOW STOCKHOLM BERLIN SINGAPORE

21-22 November 2009

**Event 6**  
21 NOV 2009

**Men's 400m Individual Medley**  
400m 4-Nages Hommes

Slow Heats  
Séries lentes



## Results Summary

Résumé des résultats

	Record	Splits				Name	NOC Code	Location	Date
<b>WR</b>	3:59.33	25.44	54.93	1:24.97	1:54.24	CSEH Laszlo	HUN	Debrecen (HUN)	14 DEC 2007
		2:28.61	3:02.97	3:31.99					
<b>WC</b>	4:00.63	25.77	55.65	1:25.93	1:55.57	PEREIRA Thiago	BRA	Berlin (GER)	17 NOV 2007
		2:29.00	3:03.41	3:32.52					

Event No. 6

Rank	Heat	Lane	Name	Date of Birth	NOC Code	R.T.	Time	FINA Points
<b>1</b>	<b>1</b>	<b>4</b>	<b>HO Nicholas</b>		SIN	0.70	<b>4:40.14</b>	648
	50m 28.65	100m 1:02.52	150m 1:39.45	200m 2:16.48	250m 2:56.32	300m 3:35.91	350m 4:08.33	
		33.87	36.93	37.03	39.84	39.59	32.42	31.81
<b>2</b>	<b>1</b>	<b>5</b>	<b>YAP Charng Shen Sean</b>		SIN	0.68	<b>4:44.36</b>	620
	50m 28.47	100m 1:01.92	150m 1:38.20	200m 2:14.14	250m 2:56.47	300m 3:39.48	350m 4:12.63	
		33.45	36.28	35.94	42.33	43.01	33.15	31.73

**Legend:**

R.T. Reaction time

Timing & Data Handling by OMEGA

