



2010 Pan Pacific Swimming Championships

August 18-21, 2010

Irvine, CA

Event 15

19 AUG 2010 - 18:57

Women's 400m Individual Medley

Final

Results

Résultats

	Record	Splits			Name	NOC Code	Location	Date	
WR	4:29.45	28.66	1:01.47	1:36.17	2:09.83	RICE Stephanie	AUS	Beijing (CHN)	10 AUG 2008
		2:48.12	3:27.25	3:58.92					
CR	4:34.04	29.82	1:03.08	1:37.75	2:11.72	BEISEL Elizabeth	USA	Irvine_CA (USA)	19 AUG 2010
		2:50.68	3:30.68	4:02.96					

Final A

Event No. 15

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind		
1	4	BEISEL Elizabeth	USA	0.61	4:34.69			
50m (4)	29.95	100m (3) 1:03.82 33.87	150m (2) 1:38.46 34.64	200m (1) 2:12.22 33.76	250m (1) 2:51.34 39.12	300m (1) 3:30.86 39.52	350m (1) 4:03.03 32.17	31.66
2	2	HAMILL Samantha	AUS	0.75	4:37.84	3.15		
50m (1)	29.30	100m (1) 1:02.58 33.28	150m (1) 1:37.75 35.17	200m (2) 2:12.61 34.86	250m (2) 2:53.09 40.48	300m (3) 3:34.12 41.03	350m (3) 4:06.47 32.35	31.37
3	5	LEVERENZ Caitlin	USA	0.74	4:38.03	3.34		
50m (2)	29.44	100m (2) 1:03.48 34.04	150m (4) 1:40.67 37.19	200m (7) 2:17.82 37.15	250m (3) 2:55.26 37.44	300m (2) 3:33.36 38.10	350m (2) 4:06.27 32.91	31.76
4	3	KATO Izumi	JPN	0.78	4:40.43	5.74		
50m (7)	30.56	100m (8) 1:05.88 35.32	150m (8) 1:43.40 37.52	200m (8) 2:19.71 36.31	250m (8) 2:58.09 38.38	300m (4) 3:35.87 37.78	350m (4) 4:08.62 32.75	31.81
5	7	WIEGERSMA Natalie	NZL	0.71	4:41.93	7.24		
50m (3)	29.82	100m (4) 1:04.07 34.25	150m (3) 1:40.13 36.06	200m (3) 2:15.31 35.18	250m (4) 2:56.25 40.94	300m (5) 3:36.87 40.62	350m (5) 4:09.81 32.94	32.12
6	1	KOMARNYCKY Alexandra	CAN	0.84	4:42.25	7.56		
50m (5)	30.22	100m (5) 1:04.37 34.15	150m (5) 1:40.74 36.37	200m (5) 2:16.69 35.95	250m (6) 2:57.55 40.86	300m (7) 3:39.00 41.45	350m (7) 4:11.30 32.30	30.95
7	6	FUJINO Maiko	JPN	0.78	4:42.28	7.59		
50m (8)	30.71	100m (6) 1:05.07 34.36	150m (7) 1:41.74 36.67	200m (6) 2:17.43 35.69	250m (5) 2:57.49 40.06	300m (6) 3:38.00 40.51	350m (6) 4:10.60 32.60	31.68
8	8	SEEMANN Lindsay	CAN	0.75	4:45.36	10.67		
50m (6)	30.37	100m (7) 1:05.10 34.73	150m (6) 1:40.80 35.70	200m (4) 2:15.36 34.56	250m (7) 2:57.74 42.38	300m (8) 3:40.41 42.67	350m (8) 4:13.62 33.21	31.74

Final B

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind		
1	4	KUKORS Ariana	USA	0.79	4:38.05			
50m (1)	29.38	100m (1) 1:02.52 33.14	150m (1) 1:38.61 36.09	200m (1) 2:14.23 35.62	250m (1) 2:53.70 39.47	300m (1) 3:33.76 40.06	350m (1) 4:06.89 33.13	31.16
2	5	TAKAHASHI Miho	JPN	0.83	4:44.74	6.69		
50m (7)	31.61	100m (6) 1:07.12 35.51	150m (4) 1:44.61 37.49	200m (4) 2:21.18 36.57	250m (4) 2:59.37 38.19	300m (2) 3:38.71 39.34	350m (2) 4:12.78 34.07	31.96
3	6	MARANHAO-MELO Joanna	BRA	0.80	4:45.29	7.24		
50m (3)	30.40	100m (2) 1:03.61 33.21	150m (3) 1:40.40 36.79	200m (3) 2:16.42 36.02	250m (3) 2:58.81 42.39	300m (4) 3:41.33 42.52	350m (3) 4:13.92 32.59	31.37
4	3	HUNKS Tanya	CAN	0.79	4:46.38	8.33		
50m (2)	30.14	100m (3) 1:03.85 33.71	150m (2) 1:40.37 36.52	200m (2) 2:16.34 35.97	250m (2) 2:58.12 41.78	300m (3) 3:40.78 42.66	350m (4) 4:14.30 33.52	32.08
5	8	DODDS Melanie	CAN	0.71	4:49.64	11.59		
50m (4)	30.83	100m (4) 1:05.30 34.47	150m (5) 1:44.68 39.38	200m (5) 2:22.71 38.03	250m (5) 3:03.50 40.79	300m (5) 3:43.79 40.29	350m (5) 4:17.34 33.55	32.30
6	2	LAJNEF Sarra	TUN	0.88	4:55.95	17.90		
50m (8)	31.93	100m (8) 1:09.02 37.09	150m (8) 1:48.70 39.68	200m (8) 2:26.95 38.25	250m (6) 3:07.42 40.47	300m (6) 3:48.48 41.06	350m (6) 4:23.22 34.74	32.73
7	7	CIESLAK Larissa	BRA	0.76	5:04.26	26.21		
50m (6)	31.44	100m (7) 1:07.20 35.76	150m (6) 1:46.08 38.88	200m (6) 2:24.50 38.42	250m (7) 3:10.15 45.65	300m (7) 3:55.70 45.55	350m (7) 4:30.26 34.56	34.00
8	1	NAM Carmen	HKG	0.97	5:06.86	28.81		
50m (5)	31.39	100m (5) 1:06.97 35.58	150m (7) 1:46.47 39.50	200m (7) 2:25.91 39.44	250m (8) 3:12.13 46.22	300m (8) 3:57.91 45.78	350m (8) 4:32.89 34.98	33.97

Legend:

R.T. Reaction time

