



2013 Speedo Junior National Championships

Irvine, CA

5 - 9 August, 2013

Event 108 6 AUG 2013

Men's 400m Individual Medley

Final

Start List

EVENT NO. 8

	Record	Splits			Name	CLUB	Location	Date
WR	4:03.84	54.92	1:56.49	3:07.05	PHELPS Michael	USA	Beijing (CHN)	10 AUG 2008
AM	4:03.84	54.92	1:56.49	3:07.05	PHELPS Michael	USA	Beijing (CHN)	10 AUG 2008
US	4:05.25	55.38	1:57.32	3:08.45	PHELPS Michael	USA	Omaha, NE (USA)	29 JUN 2008
CR	4:17.58	59.48	2:03.87	3:18.84	LITHERLAND Jay	DYN	Irvine, CA (USA)	6 AUG 2013

Final C

Lane	Name	CLUB	Year of Birth	Qualifying Time	Time	Rank
1	TAKAHASHI Ken	AZOTCA	1996	4:29.76		
2	OSADA Koya	DUKENC	1996	4:29.44		
3	WALKER Benjamin	PACKGU	1997	4:28.49		
4	DOLAN Maxwell	WYW-CT	1995	4:28.06		
5	MOORE David	AAAAST	1994	4:28.13		
6	LITHERLAND Mick	DYNAGA	1995	4:29.38		
7	PETERSON Alexander	AZOTCA	1996	4:29.45		
8	MASSEY Ryan	PACKGU	1995	4:29.87		

Timing & Data Handling by OMEGA

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Final B

Lane	Name	CLUB	Year of Birth	Qualifying Time	Time	Rank
1	PALAZZO Ross	HEATLE	1996	4:27.30		
2	PROCTOR Grant	JW-MA	1995	4:27.09		
3	LITHERLAND Kevin	DYNAGA	1995	4:24.90		
4	TURNER Brock	DR-OH	1995	4:24.36		
5	VAN OVERDAM Austin	CFSCGU	1995	4:24.40		
6	GRIESHOP Sean	UN01ST	1998	4:26.62		
7	ARAKELIAN Nick	KAW-MI	1996	4:27.10		
8	DEVINE Abrahm	CSC-PN	1996	4:27.93		

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Final A

Lane	Name	CLUB	Year of Birth	Qualifying Time	Time	Rank
1	MULCARE Patrick	DR-OH	1996	4:24.03		
2	ROBERTS Jonathan	NTN-NT	1995	4:23.08		
3	OKUBO Corey	AZOTCA	1995	4:19.06		
4	LITHERLAND Jay	DYNAGA	1995	4:17.58		
5	BENTZ Joseph	DYNAGA	1996	4:18.93		
6	OGREN Curtis	PASAPC	1996	4:20.03		
7	RAINEY Ian	WYW-CT	1995	4:23.97		
8	ANDERSON Thomas	CASTSI	1995	4:24.30		

Reserves

Lane	Name	CLUB	Year of Birth	Qualifying Time	Time	Rank
	SANDERS Grant	CAT-FL	1997	4:30.13		
	SHOULTS Grant	MVN-CA	1997	4:30.44		

LEGEND

AM Americas record

CR Championship record

US US Open record

WR World record

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