



2013 Speedo Junior National Championships

Irvine, CA

5 - 9 August, 2013

Event 108 6 AUG 2013 - 18:24

Men's 400m Individual Medley

Final

Results

EVENT NO. 8

	Record		Splits		Name	CLUB	Location	Date
WR	4:03.84	54.92	1:56.49	3:07.05	PHELPS Michael	USA	Beijing (CHN)	10 AUG 2008
AM	4:03.84	54.92	1:56.49	3:07.05	PHELPS Michael	USA	Beijing (CHN)	10 AUG 2008
US	4:05.25	55.38	1:57.32	3:08.45	PHELPS Michael	USA	Omaha, NE (USA)	29 JUN 2008
CR	4:17.58	59.48	2:03.87	3:18.84	LITHERLAND Jay	DYN	Irvine, CA (USA)	6 AUG 2013

Final A

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
1	5	BENTZ Joseph	DYNAGA	0.74	4:14.51	CR
50m (1) 27.05	100m (1) 58.31 31.26	150m (2) 1:32.30 33.99	200m (5) 2:05.28 32.98	250m (1) 2:40.79 35.51	300m (1) 3:16.84 36.05	350m (1) 3:46.40 29.56
2	6	OGREN Curtis	PASAPC	0.76	4:17.79	3.28
50m (4) 27.70	100m (3) 59.34 31.64	150m (4) 1:32.36 33.02	200m (1) 2:04.41 32.05	250m (2) 2:40.93 36.52	300m (2) 3:18.10 37.17	350m (2) 3:48.31 30.21
3	4	LITHERLAND Jay	DYNAGA	0.78	4:18.87	4.36
50m (3) 27.65	100m (6) 59.72 32.07	150m (1) 1:32.20 32.48	200m (4) 2:04.89 32.69	250m (4) 2:42.33 37.44	300m (4) 3:20.85 38.52	350m (4) 3:50.71 29.86
4	3	OKUBO Corey	AZOTCA	0.60	4:19.31	4.80
50m (5) 27.78	100m (4) 59.58 31.80	150m (5) 1:32.49 32.91	200m (3) 2:04.85 32.36	250m (3) 2:42.24 37.39	300m (3) 3:20.07 37.83	350m (3) 3:50.66 30.59
5	2	ROBERTS Jonathan	NTN-NT	0.81	4:23.36	8.85
50m (2) 27.39	100m (2) 59.05 31.66	150m (6) 1:32.59 33.54	200m (6) 2:05.33 32.74	250m (7) 2:44.16 38.83	300m (8) 3:24.02 39.86	350m (8) 3:54.50 30.48
6	8	ANDERSON Thomas	CASTSI	0.66	4:23.69	9.18
50m (7) 28.13	100m (5) 59.62 31.49	150m (3) 1:32.34 32.72	200m (2) 2:04.65 32.31	250m (5) 2:43.38 38.73	300m (6) 3:22.70 39.32	350m (5) 3:53.47 30.77
7	1	MULCARE Patrick	DR-OH	0.65	4:24.30	9.79
50m (6) 27.84	100m (8) 1:00.36 32.52	150m (8) 1:34.13 33.77	200m (8) 2:06.38 32.25	250m (8) 2:44.56 38.18	300m (7) 3:23.11 38.55	350m (7) 3:54.35 31.24
8	7	RAINEY Ian	WYW-CT	0.73	4:24.46	9.95
50m (8) 28.35	100m (7) 59.81 31.46	150m (7) 1:32.80 32.99	200m (7) 2:05.42 32.62	250m (6) 2:43.96 38.54	300m (5) 3:22.57 38.61	350m (6) 3:54.00 31.43

Final B

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
1	3	LITHERLAND Kevin	DYNAGA	0.70	4:24.20	
50m (3) 28.19	100m (3) 1:00.30 32.11	150m (2) 1:33.63 33.33	200m (3) 2:07.55 33.92	250m (3) 2:46.45 38.90	300m (5) 3:26.23 39.78	350m (3) 3:55.81 29.58
2	7	ARAKELIAN Nick	KAW-MI	0.72	4:24.44	0.24
50m (8) 30.19	100m (8) 1:04.64 34.45	150m (7) 1:37.59 32.95	200m (6) 2:10.14 32.55	250m (5) 2:46.89 36.75	300m (2) 3:24.43 37.54	350m (2) 3:54.90 30.47
3	4	TURNER Brock	DR-OH	0.77	4:24.58	0.38
50m (2) 28.14	100m (5) 1:01.13 32.99	150m (3) 1:34.48 33.35	200m (2) 2:07.32 32.84	250m (2) 2:46.19 38.87	300m (3) 3:25.65 39.46	350m (4) 3:56.01 30.36
4	8	DEVINE Abrahm	CSC-PN	0.72	4:24.88	0.68
50m (1) 27.66	100m (1) 59.27 31.61	150m (1) 1:33.12 33.85	200m (1) 2:06.23 33.11	250m (1) 2:44.72 38.49	300m (1) 3:23.66 38.94	350m (1) 3:54.84 31.18
5	6	GRIESHOP Sean	UN01ST	0.68	4:27.32	3.12
50m (4) 28.43	100m (2) 1:00.25 31.82	150m (5) 1:35.56 35.31	200m (4) 2:08.86 33.30	250m (6) 2:47.92 39.06	300m (7) 3:26.42 38.50	350m (6) 3:57.49 31.07
6	5	VAN OVERDAM Austin	CFSCGU	0.75	4:27.46	3.26
50m (5) 28.57	100m (4) 1:01.05 32.48	150m (4) 1:35.39 34.34	200m (5) 2:08.87 33.48	250m (4) 2:46.60 37.73	300m (4) 3:25.92 39.32	350m (5) 3:57.14 31.22
7	1	PALAZZO Ross	HEATLE	0.79	4:28.36	4.16
50m (7) 28.96	100m (7) 1:02.70 33.74	150m (8) 1:38.68 35.98	200m (8) 2:14.43 35.75	250m (8) 2:50.23 35.80	300m (6) 3:26.38 36.15	350m (7) 3:57.62 31.24
8	2	PROCTOR Grant	JW-MA	0.78	4:29.45	5.25
50m (6) 28.59	100m (6) 1:01.70 33.11	150m (6) 1:36.60 34.90	200m (7) 2:10.98 34.38	250m (7) 2:49.40 38.42	300m (8) 3:27.99 38.59	350m (8) 3:58.98 30.99

Timing & Data Handling by OMEGA

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Final

Final C

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
1	6	LITHERLAND Mick	DYNAGA	0.71	4:26.39	
50m (3) 27.75	100m (2) 59.02 31.27	150m (2) 1:34.10 35.08	200m (2) 2:07.81 33.71	250m (4) 2:47.73 39.92	300m (5) 3:27.35 39.62	350m (4) 3:57.96 30.61 28.43
2	4	DOLAN Maxwell	WYW-CT	0.76	4:26.86	0.47
50m (2) 27.22	100m (1) 58.54 31.32	150m (4) 1:34.32 35.78	200m (4) 2:09.04 34.72	250m (3) 2:46.29 37.25	300m (1) 3:24.78 38.49	350m (2) 3:56.72 31.94 30.14
3	1	TAKAHASHI Ken	AZOTCA	0.65	4:27.62	1.23
50m (4) 28.09	100m (4) 1:00.15 32.06	150m (3) 1:34.23 34.08	200m (3) 2:08.63 34.40	250m (2) 2:46.06 37.43	300m (2) 3:25.12 39.06	350m (1) 3:56.60 31.48 31.02
4	5	MOORE David	AAAAST	0.80	4:28.25	1.86
50m (7) 28.67	100m (8) 1:01.78 33.11	150m (8) 1:37.05 35.27	200m (8) 2:13.29 36.24	250m (8) 2:50.05 36.76	300m (6) 3:27.85 37.80	350m (6) 3:58.59 30.74 29.66
5	3	WALKER Benjamin	PACKGU	0.72	4:28.37	1.98
50m (5) 28.29	100m (6) 1:01.17 32.88	150m (5) 1:36.35 35.18	200m (6) 2:11.19 34.84	250m (5) 2:47.92 36.73	300m (3) 3:25.74 37.82	350m (3) 3:57.42 31.68 30.95
6	2	OSADA Koya	DUKENC	0.71	4:29.16	2.77
50m (1) 26.91	100m (3) 59.26 32.35	150m (1) 1:33.56 34.30	200m (1) 2:07.30 33.74	250m (1) 2:45.70 38.40	300m (4) 3:26.23 40.53	350m (5) 3:58.30 32.07 30.86
7	8	MASSEY Ryan	PACKGU	0.74	4:30.85	4.46
50m (8) 28.73	100m (5) 1:01.09 32.36	150m (6) 1:36.74 35.65	200m (7) 2:11.20 34.46	250m (7) 2:50.02 38.82	300m (7) 3:28.61 38.59	350m (7) 4:00.30 31.69 30.55
8	7	PETERSON Alexander	AZOTCA	0.65	4:33.53	7.14
50m (6) 28.62	100m (7) 1:01.48 32.86	150m (7) 1:36.76 35.28	200m (5) 2:10.20 33.44	250m (6) 2:49.90 39.70	300m (8) 3:30.18 40.28	350m (8) 4:02.53 32.35 31.00

LEGEND

CR Championship record

R.T. Reaction time

Timing & Data Handling by OMEGA

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