



# 2014 AT&T Winter National Championships

Greensboro, NC

December 3-6, 2014

**Event 5** 4 DEC 2014 - 09:00

**Women's 500 yards Freestyle**

**Heats**

## Results Summary

### EVENT NO. 5

	Record	Splits	Name	CLUB	Location	Date
<b>AR</b>	4:28.71		LEDECKY Katie	USA	(USA)	7 FEB 2014
<b>US</b>	4:28.71		LEDECKY Katie	USA	(USA)	7 FEB 2014
<b>CR</b>	4:31.18		KNUTSON Dagny	USA	Federal Way, WA (USA)	3 DEC 2009

#### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind
<b>1</b>	<b>9</b>	<b>4</b>	<b>LEDECKY Katie</b>	<b>1997</b>	<b>NCAPPV</b>	<b>0.72</b>	<b>4:33.70</b>	<b>A</b>
		50yd	25.32		100yd	52.45		
					150yd	1:20.02		
					200yd	1:48.09		
					250yd	2:15.89		
		300yd	2:43.35		300yd	27.13		
			27.46		350yd	3:10.98		
					400yd	3:38.88		
					450yd	4:06.48		
					500yd	4:33.70		
<b>2</b>	<b>8</b>	<b>3</b>	<b>RYAN Gillian</b>	<b>1995</b>	<b>MICHMI</b>	<b>0.80</b>	<b>4:39.20</b>	<b>5.50 A</b>
		50yd	26.76		100yd	55.01		
					150yd	1:23.41		
					200yd	1:52.18		
					250yd	2:20.87		
		300yd	2:49.31		300yd	28.25		
			28.44		350yd	3:17.44		
					400yd	3:45.80		
					450yd	4:13.29		
					500yd	4:39.20		
<b>3</b>	<b>8</b>	<b>4</b>	<b>VALLEY Danielle</b>	<b>1995</b>	<b>SYS-FL</b>	<b>0.75</b>	<b>4:39.54</b>	<b>5.84 A</b>
		50yd	26.10		100yd	53.76		
					150yd	1:21.80		
					200yd	1:49.81		
					250yd	2:18.28		
		300yd	2:46.48		300yd	27.66		
			28.20		350yd	3:14.82		
					400yd	3:43.48		
					450yd	4:12.24		
					500yd	4:39.54		
<b>4</b>	<b>6</b>	<b>2</b>	<b>GOSS Kennedy</b>	<b>1996</b>	<b>IU-IN</b>	<b>0.65</b>	<b>4:41.88</b>	<b>8.18 A</b>
		50yd	26.23		100yd	54.66		
					150yd	1:23.20		
					200yd	1:51.83		
					250yd	2:20.35		
		300yd	2:48.77		300yd	28.43		
			28.42		350yd	3:17.22		
					400yd	3:45.82		
					450yd	4:14.34		
					500yd	4:41.88		
<b>5</b>	<b>9</b>	<b>6</b>	<b>CAMPBELL Katy</b>	<b>1994</b>	<b>UCLACA</b>	<b>0.80</b>	<b>4:42.27</b>	<b>8.57 A</b>
		50yd	26.22		100yd	54.61		
					150yd	1:23.13		
					200yd	1:51.91		
					250yd	2:20.45		
		300yd	2:48.92		300yd	28.39		
			28.47		350yd	3:17.48		
					400yd	3:45.93		
					450yd	4:14.51		
					500yd	4:42.27		
<b>6</b>	<b>8</b>	<b>6</b>	<b>LIPS Haley</b>	<b>1994</b>	<b>IU-IN</b>	<b>0.73</b>	<b>4:42.33</b>	<b>8.63 A</b>
		50yd	26.80		100yd	55.18		
					150yd	1:23.86		
					200yd	1:52.76		
					250yd	2:21.51		
		300yd	2:50.16		300yd	28.38		
			28.65		350yd	3:18.40		
					400yd	3:46.89		
					450yd	4:15.01		
					500yd	4:42.33		
<b>7</b>	<b>8</b>	<b>5</b>	<b>MOORE Hannah</b>	<b>1996</b>	<b>MICHMI</b>	<b>0.74</b>	<b>4:42.98</b>	<b>9.28 A</b>
		50yd	26.41		100yd	54.75		
					150yd	1:23.06		
					200yd	1:51.51		
					250yd	2:20.27		
		300yd	2:49.06		300yd	28.34		
			28.79		350yd	3:17.78		
					400yd	3:46.51		
					450yd	4:15.21		
					500yd	4:42.98		
<b>8</b>	<b>9</b>	<b>5</b>	<b>HARNISH Courtney</b>	<b>1999</b>	<b>YY-MA</b>	<b>0.85</b>	<b>4:43.37</b>	<b>9.67 A</b>
		50yd	26.40		100yd	55.09		
					150yd	1:23.71		
					200yd	1:52.39		
					250yd	2:21.20		
		300yd	2:50.11		300yd	28.69		
			28.91		350yd	3:18.75		
					400yd	3:47.33		
					450yd	4:15.79		
					500yd	4:43.37		
<b>9</b>	<b>7</b>	<b>8</b>	<b>COX Hannah</b>	<b>1998</b>	<b>UVACNE</b>	<b>0.78</b>	<b>4:43.77</b>	<b>10.07 B</b>
		50yd	25.51		100yd	54.04		
					150yd	1:22.80		
					200yd	1:51.36		
					250yd	2:19.92		
		300yd	2:48.64		300yd	28.53		
			28.72		350yd	3:17.43		
					400yd	3:46.32		
					450yd	4:15.37		
					500yd	4:43.77		
<b>10</b>	<b>7</b>	<b>2</b>	<b>STEVENS Leah</b>	<b>1996</b>	<b>LAK-KY</b>	<b>0.75</b>	<b>4:44.08</b>	<b>10.38 B</b>
		50yd	25.77		100yd	53.78		
					150yd	1:22.25		
					200yd	1:50.96		
					250yd	2:19.80		
		300yd	2:48.47		300yd	28.01		
			28.67		350yd	3:17.44		
					400yd	3:46.60		
					450yd	4:15.78		
					500yd	4:44.08		
<b>11</b>	<b>8</b>	<b>8</b>	<b>HOMOVICH Madison</b>	<b>2000</b>	<b>NCACNC</b>	<b>0.77</b>	<b>4:44.53</b>	<b>10.83 B</b>
		50yd	26.11		100yd	54.42		
					150yd	1:23.12		
					200yd	1:52.04		
					250yd	2:21.04		
		300yd	2:49.83		300yd	28.31		
			28.79		350yd	3:18.74		
					400yd	3:47.63		
					450yd	4:16.35		
					500yd	4:44.53		

Official Timekeeping by OMEGA





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Greensboro, NC

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## Event 5

4 DEC 2014 - 09:00

## Women's 500 yards Freestyle

Heats

### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
12	3	2	<b>CASE Lauren</b>	1998	GOLDGA	0.69	<b>4:44.57</b>	10.87 B					
									50yd 25.57	100yd 53.34	150yd 1:21.44	200yd 1:50.16	250yd 2:19.04
										27.77	28.10	28.72	28.88
									300yd 2:48.01	350yd 3:17.21	400yd 3:46.48	450yd 4:15.89	
									28.97	29.20	29.27	29.41	28.68
13	4	8	<b>MORONEY Megan</b>	1997	SAS-FG	0.68	<b>4:44.60</b>	10.90 B					
									50yd 26.30	100yd 54.72	150yd 1:23.47	200yd 1:52.41	250yd 2:21.23
										28.42	28.75	28.94	28.82
									300yd 2:49.90	350yd 3:18.67	400yd 3:47.48	450yd 4:16.26	
									28.67	28.77	28.81	28.78	28.34
14	6	7	<b>CASTRO ORTEGA Patricia</b>	1992	UN11NC	0.84	<b>4:44.74</b>	11.04 B					
									50yd 26.07	100yd 53.91	150yd 1:21.82	200yd 1:50.44	250yd 2:19.22
										27.84	27.91	28.62	28.78
									300yd 2:48.08	350yd 3:17.01	400yd 3:46.34	450yd 4:15.96	
									28.86	28.93	29.33	29.62	28.78
15	8	2	<b>RONGIONE Isabella</b>	1999	NCAPPV	0.79	<b>4:44.78</b>	11.08 B					
									50yd 26.81	100yd 55.20	150yd 1:23.79	200yd 1:52.28	250yd 2:20.86
										28.39	28.59	28.49	28.58
									300yd 2:49.53	350yd 3:18.10	400yd 3:47.52	450yd 4:16.68	
									28.67	28.57	29.42	29.16	28.10
16	9	3	<b>CHEVERTON Sam</b>	1988	OSU-OH	0.75	<b>4:45.40</b>	11.70 B					
									50yd 26.87	100yd 55.89	150yd 1:24.93	200yd 1:53.99	250yd 2:22.85
										29.02	29.04	29.06	28.86
									300yd 2:51.60	350yd 3:20.16	400yd 3:48.57	450yd 4:17.01	
									28.75	28.56	28.41	28.44	28.39
17	6	3	<b>KNEPPERS Andrea</b>	1993	UOFLKY	0.85	<b>4:45.75</b>	12.05 C					
									50yd 26.38	100yd 54.77	150yd 1:23.73	200yd 1:52.51	250yd 2:20.84
										28.39	28.96	28.78	28.33
									300yd 2:49.91	350yd 3:19.11	400yd 3:48.35	450yd 4:17.38	
									29.07	29.20	29.24	29.03	28.37
18	7	3	<b>CATTERMOLE Sophie</b>	1997	SYS-FL	0.76	<b>4:46.36</b>	12.66 C					
									50yd 26.25	100yd 54.28	150yd 1:22.85	200yd 1:51.68	250yd 2:20.71
										28.03	28.57	28.83	29.03
									300yd 2:49.64	350yd 3:18.91	400yd 3:48.28	450yd 4:17.68	
									28.93	29.27	29.37	29.40	28.68
18	9	7	<b>MILLER Genevieve</b>	1995	AFA-CO	0.83	<b>4:46.36</b>	12.66 C					
									50yd 26.35	100yd 54.70	150yd 1:23.34	200yd 1:52.18	250yd 2:21.02
										28.35	28.64	28.84	28.84
									300yd 2:49.82	350yd 3:18.96	400yd 3:48.16	450yd 4:17.47	
									28.80	29.14	29.20	29.31	28.89
20	8	1	<b>SIMONDS Moriah</b>	1997	PLS-PC	0.77	<b>4:46.54</b>	12.84 C					
									50yd 27.08	100yd 56.03	150yd 1:24.92	200yd 1:53.94	250yd 2:22.85
										28.95	28.89	29.02	28.91
									300yd 2:51.83	350yd 3:20.67	400yd 3:49.96	450yd 4:18.60	
									28.98	28.84	29.29	28.64	27.94
21	4	1	<b>PISH Melissa</b>	1999	BNY-IL	0.83	<b>4:47.19</b>	13.49 C					
									50yd 26.81	100yd 55.55	150yd 1:25.05	200yd 1:54.49	250yd 2:23.73
										28.74	29.50	29.44	29.24
									300yd 2:53.06	350yd 3:22.69	400yd 3:52.00	450yd 4:20.67	
									29.33	29.63	29.31	28.67	26.52
22	5	6	<b>CUMMINGS Kelsey</b>	1993	MICHMI	0.57	<b>4:47.27</b>	13.57 C					
									50yd 26.92	100yd 55.43	150yd 1:24.47	200yd 1:53.86	250yd 2:22.91
										28.51	29.04	29.39	29.05
									300yd 2:51.80	350yd 3:20.90	400yd 3:50.30	450yd 4:19.39	
									28.89	29.10	29.40	29.09	27.88
23	2	3	<b>POSTOLL Becca</b>	1997	MAC-NC	0.80	<b>4:47.36</b>	13.66 C					
									50yd 26.89	100yd 55.72	150yd 1:25.04	200yd 1:54.47	250yd 2:23.20
										28.83	29.32	29.43	28.73
									300yd 2:51.91	350yd 3:20.69	400yd 3:49.46	450yd 4:18.30	
									28.71	28.78	28.77	28.84	29.06
24	2	5	<b>VOSS Erin</b>	1998	HYV-NE	0.78	<b>4:47.40</b>	13.70 C					
									50yd 26.32	100yd 54.82	150yd 1:23.82	200yd 1:52.90	250yd 2:22.14
										28.50	29.00	29.08	29.24
									300yd 2:51.37	350yd 3:20.73	400yd 3:50.07	450yd 4:19.33	
									29.23	29.36	29.34	29.26	28.07

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## Event 5

4 DEC 2014 - 09:00

## Women's 500 yards Freestyle

Heats

### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
25	4	4	<b>GOSWELL Claudia</b>	1995	MICHMI	0.76	<b>4:47.65</b>	13.95 1					
									50yd 25.71	100yd 53.77	150yd 1:22.79	200yd 1:52.25	250yd 2:21.40
									300yd 2:50.76	350yd 3:20.39	400yd 3:49.91	450yd 4:19.60	
									29.36	29.63	29.52	29.69	28.05
26	9	1	<b>RITTER Kaleigh</b>	1994	PITAM	0.82	<b>4:47.70</b>	14.00 2					
									50yd 26.80	100yd 55.68	150yd 1:24.67	200yd 1:53.47	250yd 2:22.59
									300yd 2:51.72	350yd 3:20.89	400yd 3:50.32	450yd 4:19.70	
									29.13	29.17	29.43	29.38	28.00
27	9	2	<b>MADDEN Paige</b>	1998	CMSASE	0.77	<b>4:47.77</b>	14.07					
									50yd 26.30	100yd 54.90	150yd 1:23.13	200yd 1:51.65	250yd 2:20.35
									300yd 2:49.39	350yd 3:18.93	400yd 3:48.54	450yd 4:18.50	
									29.04	29.54	29.61	29.96	29.27
28	6	1	<b>PUGH Marah</b>	1995	UOFLKY	0.69	<b>4:48.02</b>	14.32					
									50yd 26.64	100yd 54.97	150yd 1:23.65	200yd 1:52.82	250yd 2:21.90
									300yd 2:51.28	350yd 3:20.75	400yd 3:50.40	450yd 4:19.37	
									29.38	29.47	29.65	28.97	28.65
29	6	4	<b>ABRUZZO Lauren</b>	1995	NU-IL	0.73	<b>4:48.38</b>	14.68					
									50yd 26.81	100yd 55.31	150yd 1:24.09	200yd 1:52.99	250yd 2:22.26
									300yd 2:51.48	350yd 3:21.03	400yd 3:50.59	450yd 4:19.90	
									29.22	29.55	29.56	29.31	28.48
30	9	8	<b>JERNBERG Cassie</b>	1998	SSTYWI	0.80	<b>4:48.41</b>	14.71					
									50yd 26.49	100yd 54.94	150yd 1:23.90	200yd 1:52.87	250yd 2:22.23
									300yd 2:51.57	350yd 3:20.79	400yd 3:50.42	450yd 4:19.82	
									29.34	29.22	29.63	29.40	28.59
31	7	1	<b>RICHEY Amanda</b>	1996	PITAM	0.82	<b>4:48.46</b>	14.76					
									50yd 26.41	100yd 54.92	150yd 1:23.63	200yd 1:52.49	250yd 2:21.62
									300yd 2:50.87	350yd 3:20.29	400yd 3:50.16	450yd 4:19.73	
									29.25	29.42	29.87	29.57	28.73
32	7	7	<b>BOYD Hannah</b>	1997	BNY-IL	0.70	<b>4:49.07</b>	15.37					
									50yd 26.92	100yd 56.05	150yd 1:25.47	200yd 1:55.02	250yd 2:24.51
									300yd 2:54.13	350yd 3:23.44	400yd 3:52.17	450yd 4:20.86	
									29.62	29.31	28.73	28.69	28.21
33	7	5	<b>PEREZ-ARAU Sonia</b>	1991	UN01FG	0.80	<b>4:49.66</b>	15.96					
									50yd 26.86	100yd 55.18	150yd 1:24.14	200yd 1:53.52	250yd 2:23.23
									300yd 2:52.89	350yd 3:22.60	400yd 3:52.15	450yd 4:21.28	
									29.66	29.71	29.55	29.13	28.38
34	5	8	<b>BIBAULT Devon</b>	1994	UOFLKY	0.74	<b>4:49.71</b>	16.01					
									50yd 26.68	100yd 55.55	150yd 1:24.89	200yd 1:54.14	250yd 2:23.57
									300yd 2:52.96	350yd 3:22.28	400yd 3:51.64	450yd 4:20.94	
									29.39	29.32	29.36	29.30	28.77
35	4	7	<b>LUND Anina</b>	1998	BAD-MR	0.72	<b>4:50.03</b>	16.33					
									50yd 26.70	100yd 55.66	150yd 1:24.97	200yd 1:54.62	250yd 2:24.17
									300yd 2:53.76	350yd 3:23.23	400yd 3:52.71	450yd 4:22.17	
									29.59	29.47	29.48	29.46	27.86
36	4	3	<b>MENKE Sara</b>	1994	AFA-CO	0.81	<b>4:50.10</b>	16.40					
									50yd 26.59	100yd 55.48	150yd 1:24.67	200yd 1:54.06	250yd 2:23.22
									300yd 2:52.94	350yd 3:22.29	400yd 3:51.74	450yd 4:21.20	
									29.72	29.35	29.45	29.46	28.90
37	7	6	<b>HOUCK Abbie</b>	1995	UOFLKY	0.66	<b>4:50.42</b>	16.72					
									50yd 26.30	100yd 54.55	150yd 1:23.12	200yd 1:51.97	250yd 2:21.59
									300yd 2:51.34	350yd 3:21.35	400yd 3:51.18	450yd 4:21.07	
									29.75	30.01	29.83	29.89	29.35

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**Women's 500 yards Freestyle**

**Heats**

**Heats**

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
38	2	6	<b>NUNAN Amanda</b>	1999	SEA-MA	0.74	<b>4:50.67</b>	16.97					
									50yd 26.90	100yd 55.62	150yd 1:25.06	200yd 1:54.66	250yd 2:24.23
										28.72	29.44	29.60	29.57
									300yd 2:53.77	350yd 3:23.37	400yd 3:52.64	450yd 4:22.08	
									29.54	29.60	29.27	29.44	28.59
39	6	8	<b>BRASWELL Leah</b>	2000	YY-MA	0.83	<b>4:50.72</b>	17.02					
									50yd 26.98	100yd 56.00	150yd 1:25.25	200yd 1:54.52	250yd 2:23.79
										29.02	29.25	29.27	29.27
									300yd 2:53.29	350yd 3:22.73	400yd 3:52.44	450yd 4:21.97	
									29.50	29.44	29.71	29.53	28.75
40	2	2	<b>ARIOLA Grace</b>	2000	BNY-IL	0.74	<b>4:50.98</b>	17.28					
									50yd 27.28	100yd 56.38	150yd 1:25.80	200yd 1:55.60	250yd 2:25.02
										29.10	29.42	29.80	29.42
									300yd 2:54.41	350yd 3:23.78	400yd 3:53.11	450yd 4:22.47	
									29.39	29.37	29.33	29.36	28.51
40	4	2	<b>STELLO Ellen</b>	1995	NU-IL	0.75	<b>4:50.98</b>	17.28					
									50yd 26.89	100yd 55.84	150yd 1:24.93	200yd 1:54.38	250yd 2:23.63
										28.95	29.09	29.45	29.25
									300yd 2:52.99	350yd 3:22.56	400yd 3:52.22	450yd 4:21.58	
									29.36	29.57	29.66	29.36	29.40
42	5	7	<b>BERDUSCO Ellie</b>	1996	SYS-FL	0.75	<b>4:51.30</b>	17.60					
									50yd 26.46	100yd 55.10	150yd 1:24.06	200yd 1:52.99	250yd 2:22.11
										28.64	28.96	28.93	29.12
									300yd 2:51.45	350yd 3:21.43	400yd 3:51.76	450yd 4:21.91	
									29.34	29.98	30.33	30.15	29.39
43	5	1	<b>STONE Lindsay</b>	1998	PACKNI	0.92	<b>4:51.31</b>	17.61					
									50yd 26.63	100yd 55.59	150yd 1:25.19	200yd 1:54.80	250yd 2:24.50
										28.96	29.60	29.61	29.70
									300yd 2:54.36	350yd 3:24.23	400yd 3:53.59	450yd 4:22.89	
									29.86	29.87	29.36	29.30	28.42
44	5	5	<b>MAYO Emily</b>	1994	VILLMA	0.75	<b>4:51.95</b>	18.25					
									50yd 27.69	100yd 57.70	150yd 1:27.41	200yd 1:57.08	250yd 2:26.52
										30.01	29.71	29.67	29.44
									300yd 2:56.04	350yd 3:25.55	400yd 3:54.72	450yd 4:23.87	
									29.52	29.51	29.17	29.15	28.08
45	7	4	<b>MARCHUK Stephanie</b>	1995	IU-IN	0.73	<b>4:52.16</b>	18.46					
									50yd 27.38	100yd 55.93	150yd 1:24.62	200yd 1:54.05	250yd 2:23.46
										28.55	28.69	29.43	29.41
									300yd 2:53.02	350yd 3:22.70	400yd 3:52.42	450yd 4:22.58	
									29.56	29.68	29.72	30.16	29.58
46	6	5	<b>DUNSEITH Erin</b>	1993	OSU-OH	0.77	<b>4:52.17</b>	18.47					
									50yd 27.11	100yd 56.10	150yd 1:25.24	200yd 1:54.54	250yd 2:24.43
										28.99	29.14	29.30	29.89
									300yd 2:54.18	350yd 3:23.77	400yd 3:53.27	450yd 4:23.00	
									29.75	29.59	29.50	29.73	29.17
47	6	6	<b>ATKINS Spence</b>	1997	SYS-FL	0.70	<b>4:52.19</b>	18.49					
									50yd 26.49	100yd 55.47	150yd 1:24.59	200yd 1:54.15	250yd 2:23.77
										28.98	29.12	29.56	29.62
									300yd 2:53.19	350yd 3:22.87	400yd 3:53.14	450yd 4:23.40	
									29.42	29.68	30.27	30.26	28.79
48	3	1	<b>PFEIFER Evie</b>	1999	FASTOZ	0.82	<b>4:52.24</b>	18.54					
									50yd 26.63	100yd 55.42	150yd 1:24.52	200yd 1:53.74	250yd 2:23.16
										28.79	29.10	29.22	29.42
									300yd 2:52.73	350yd 3:22.62	400yd 3:52.66	450yd 4:22.96	
									29.57	29.89	30.04	30.30	29.28
49	5	3	<b>CHIN Abby</b>	1993	UOFLKY	0.78	<b>4:52.30</b>	18.60					
									50yd 26.27	100yd 54.47	150yd 1:23.55	200yd 1:53.11	250yd 2:22.93
										28.20	29.08	29.56	29.82
									300yd 2:52.90	350yd 3:22.83	400yd 3:53.13	450yd 4:23.14	
									29.97	29.93	30.30	30.01	29.16
50	5	4	<b>CLARY Lindsey</b>	1995	OSU-OH	0.80	<b>4:53.00</b>	19.30					
									50yd 27.40	100yd 56.59	150yd 1:25.99	200yd 1:55.43	250yd 2:24.95
										29.19	29.40	29.44	29.52
									300yd 2:54.57	350yd 3:24.30	400yd 3:53.94	450yd 4:23.82	
									29.62	29.73	29.64	29.88	29.18

Official Timekeeping by OMEGA





# 2014 AT&T Winter National Championships

Greensboro, NC

December 3-6, 2014

**Event 5** 4 DEC 2014 - 09:00

**Women's 500 yards Freestyle**

**Heats**

**Heats**

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
51	4	5	<b>DADAY Caitlin</b>	1995	VILLMA	0.85	<b>4:53.06</b>	19.36					
									50yd 27.87	100yd 57.19	150yd 1:26.55	200yd 1:55.97	250yd 2:25.25
										29.32	29.36	29.42	29.28
									300yd 2:54.66	350yd 3:24.23	400yd 3:54.16	450yd 4:23.93	
									29.41	29.57	29.93	29.77	29.13
52	3	3	<b>DRYER Robyn</b>	1997	NCAPPV	0.78	<b>4:53.32</b>	19.62					
									50yd 26.60	100yd 55.77	150yd 1:25.50	200yd 1:55.39	250yd 2:25.41
										29.17	29.73	29.89	30.02
									300yd 2:55.29	350yd 3:25.25	400yd 3:55.10	450yd 4:24.86	
									29.88	29.96	29.85	29.76	28.46
53	3	4	<b>MUNZENMAIER Katy</b>	1993	UCONCT	0.71	<b>4:53.67</b>	19.97					
									50yd 26.72	100yd 55.86	150yd 1:25.75	200yd 1:55.76	250yd 2:25.63
										29.14	29.89	30.01	29.87
									300yd 2:55.50	350yd 3:25.50	400yd 3:55.74	450yd 4:25.36	
									29.87	30.00	30.24	29.62	28.31
54	1	4	<b>MECKSTROTH Emily</b>	1996	STARIN	0.77	<b>4:54.08</b>	20.38					
									50yd 26.90	100yd 55.99	150yd 1:25.61	200yd 1:55.21	250yd 2:24.94
										29.09	29.62	29.60	29.73
									300yd 2:54.88	350yd 3:24.78	400yd 3:55.06	450yd 4:25.05	
									29.94	29.90	30.28	29.99	29.03
55	4	6	<b>DORNICK Monica</b>	1993	UCLACA	0.68	<b>4:54.23</b>	20.53					
									50yd 26.47	100yd 55.36	150yd 1:24.79	200yd 1:54.17	250yd 2:24.00
										28.89	29.43	29.38	29.83
									300yd 2:53.73	350yd 3:23.99	400yd 3:54.49	450yd 4:24.68	
									29.73	30.26	30.50	30.19	29.55
56	3	7	<b>CHEW Lauren</b>	1993	ECU-NC	0.77	<b>4:54.41</b>	20.71					
									50yd 26.87	100yd 56.19	150yd 1:25.79	200yd 1:55.26	250yd 2:24.86
										29.32	29.60	29.47	29.60
									300yd 2:54.86	350yd 3:24.78	400yd 3:55.03	450yd 4:25.26	
									30.00	29.92	30.25	30.23	29.15
57	8	7	<b>LOPER Ally</b>	1993	UCLACA	0.94	<b>4:54.57</b>	20.87					
									50yd 27.01	100yd 55.66	150yd 1:24.54	200yd 1:53.91	250yd 2:23.35
										28.65	28.88	29.37	29.44
									300yd 2:52.84	350yd 3:22.98	400yd 3:53.36	450yd 4:24.18	
									29.49	30.14	30.38	30.82	30.39
58	5	2	<b>ZABLUDOFF Chaya</b>	1993	UN01NE	0.73	<b>4:54.60</b>	20.90					
									50yd 27.12	100yd 56.01	150yd 1:25.59	200yd 1:55.47	250yd 2:25.29
										28.89	29.58	29.88	29.82
									300yd 2:55.25	350yd 3:25.81	400yd 3:56.03	450yd 4:25.46	
									29.96	30.56	30.22	29.43	29.14
59	1	6	<b>OCEGUERA Mariajose</b>	1997	BAD-MR	0.81	<b>4:54.81</b>	21.11					
									50yd 26.87	100yd 56.20	150yd 1:26.05	200yd 1:55.75	250yd 2:25.53
										29.33	29.85	29.70	29.78
									300yd 2:55.62	350yd 3:25.57	400yd 3:55.72	450yd 4:25.73	
									30.09	29.95	30.15	30.01	29.08
60	2	8	<b>QUINN Anna</b>	1996	UCLACA	0.73	<b>4:55.32</b>	21.62					
									50yd 27.24	100yd 56.77	150yd 1:26.49	200yd 1:56.52	250yd 2:26.53
										29.53	29.72	30.03	30.01
									300yd 2:56.42	350yd 3:26.44	400yd 3:56.42	450yd 4:26.31	
									29.89	30.02	29.98	29.89	29.01
61	2	4	<b>ANDERSON Ellen</b>	1994	NU-IL	0.73	<b>4:55.97</b>	22.27					
									50yd 27.58	100yd 57.09	150yd 1:26.71	200yd 1:56.34	250yd 2:26.03
										29.51	29.62	29.63	29.69
									300yd 2:55.81	350yd 3:25.82	400yd 3:56.11	450yd 4:26.16	
									29.78	30.01	30.29	30.05	29.81
62	2	7	<b>URQUIDI Niki</b>	1997	GRSCFG	0.68	<b>4:56.14</b>	22.44					
									50yd 26.95	100yd 56.33	150yd 1:26.00	200yd 1:55.47	250yd 2:25.53
										29.38	29.67	29.47	30.06
									300yd 2:55.95	350yd 3:26.34	400yd 3:56.75	450yd 4:27.01	
									30.42	30.39	30.41	30.26	29.13
63	3	6	<b>DEWITT Bethany</b>	1994	PITTAM	0.71	<b>4:56.26</b>	22.56					
									50yd 27.32	100yd 56.47	150yd 1:26.02	200yd 1:55.97	250yd 2:25.96
										29.15	29.55	29.95	29.99
									300yd 2:55.95	350yd 3:26.11	400yd 3:56.29	450yd 4:26.61	
									29.99	30.16	30.18	30.32	29.65

Official Timekeeping by OMEGA





# 2014 AT&T Winter National Championships

Greensboro, NC

December 3-6, 2014

## Event 5

4 DEC 2014 - 09:00

## Women's 500 yards Freestyle

Heats

### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
64	1	5	<b>HERNANDEZ-TOME Lara</b>	1999	SYS-FL	0.83	<b>4:58.42</b>	24.72					
									50yd 27.64	100yd 57.08	150yd 1:27.04	200yd 1:56.89	250yd 2:26.86
										29.44	29.96	29.85	29.97
									300yd 2:56.99	350yd 3:27.34	400yd 3:58.02	450yd 4:28.64	
									30.13	30.35	30.68	30.62	29.78
65	2	1	<b>MCGRATH Monica</b>	1997	LAK-KY	0.82	<b>4:58.58</b>	24.88					
									50yd 27.08	100yd 56.40	150yd 1:26.42	200yd 1:56.96	250yd 2:27.49
										29.32	30.02	30.54	30.53
									300yd 2:58.27	350yd 3:28.87	400yd 3:59.58	450yd 4:29.43	
									30.78	30.60	30.71	29.85	29.15
66	3	5	<b>MEILUS Emily</b>	1999	NCAPPV	0.79	<b>4:58.82</b>	25.12					
									50yd 27.35	100yd 57.43	150yd 1:28.12	200yd 1:58.45	250yd 2:28.80
										30.08	30.69	30.33	30.35
									300yd 2:58.90	350yd 3:28.65	400yd 3:58.56	450yd 4:28.88	
									30.10	29.75	29.91	30.32	29.94
67	3	8	<b>MERKLE Erin</b>	1995	VILLMA	0.80	<b>5:03.53</b>	29.83					
									50yd 27.62	100yd 57.58	150yd 1:27.93	200yd 1:58.76	250yd 2:29.59
										29.96	30.35	30.83	30.83
									300yd 3:00.76	350yd 3:31.77	400yd 4:02.73	450yd 4:33.73	
									31.17	31.01	30.96	31.00	29.80
68	1	3	<b>O'MARA Claire</b>	1998	BAC-NJ	0.77	<b>5:06.34</b>	32.64					
									50yd 27.29	100yd 57.43	150yd 1:27.95	200yd 1:58.21	250yd 2:28.48
										30.14	30.52	30.26	30.27
									300yd 2:59.22	350yd 3:30.47	400yd 4:02.28	450yd 4:34.52	
									30.74	31.25	31.81	32.24	31.82

#### Legend:

1	2	A	Final A	B	Final B
C	Final C	R.T.	Reaction time		

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