



# 2014 AT&T Winter National Championships

Greensboro, NC

December 3-6, 2014

Event 105 4 DEC 2014 - 17:00

Women's 500 yards Freestyle

Final

## Results

### EVENT NO. 5

	Record	Splits	Name	CLUB	Location	Date
AR	4:28.71		LEDECKY Katie	USA	(USA)	7 FEB 2014
US	4:28.71		LEDECKY Katie	USA	(USA)	7 FEB 2014
CR	4:31.18		KNUTSON Dagny	USA	Federal Way, WA (USA)	3 DEC 2009

#### Final A

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
1	4	<b>LEDECKY Katie</b>	NCAPPV	0.73	<b>4:29.54</b>	CR
		50yd (1) 24.41	100yd (1) 50.89	150yd (1) 1:17.81	200yd (1) 1:45.00	250yd (1) 2:12.32
		26.48	26.48	26.92	27.19	27.32
		300yd (1) 2:39.89	350yd (1) 3:07.64	400yd (1) 3:35.46	450yd (1) 4:02.96	
		27.57	27.75	27.82	27.50	26.58
2	5	<b>RYAN Gillian</b>	MICHMI	0.78	<b>4:37.78</b>	8.24
		50yd (7) 26.34	100yd (6) 54.87	150yd (5) 1:23.00	200yd (4) 1:51.45	250yd (3) 2:19.66
			28.53	28.13	28.45	28.21
		300yd (5) 2:47.92	350yd (3) 3:16.16	400yd (4) 3:44.29	450yd (2) 4:11.64	
		28.26	28.24	28.13	27.35	26.14
3	6	<b>GOSS Kennedy</b>	IU-IN	0.66	<b>4:38.35</b>	8.81
		50yd (4) 26.03	100yd (2) 54.16	150yd (4) 1:22.76	200yd (6) 1:51.49	250yd (4) 2:19.70
			28.13	28.60	28.73	28.21
		300yd (3) 2:47.75	350yd (4) 3:16.17	400yd (3) 3:44.08	450yd (3) 4:11.65	
		28.05	28.42	27.91	27.57	26.70
4	3	<b>VALLEY Danielle</b>	SYS-FL	0.76	<b>4:38.79</b>	9.25
		50yd (3) 26.01	100yd (3) 54.22	150yd (2) 1:22.38	200yd (2) 1:50.74	250yd (2) 2:18.96
			28.21	28.16	28.36	28.22
		300yd (2) 2:47.06	350yd (2) 3:15.52	400yd (2) 3:43.79	450yd (4) 4:11.78	
		28.10	28.46	28.27	27.99	27.01
5	7	<b>LIPS Haley</b>	IU-IN	0.75	<b>4:39.98</b>	10.44
		50yd (8) 26.63	100yd (7) 54.92	150yd (7) 1:23.24	200yd (8) 1:51.76	250yd (8) 2:20.35
			28.29	28.32	28.52	28.59
		300yd (8) 2:48.74	350yd (7) 3:16.82	400yd (6) 3:45.08	450yd (6) 4:13.05	
		28.39	28.08	28.26	27.97	26.93
6	8	<b>HARNISH Courtney</b>	YY-MA	0.85	<b>4:40.10</b>	10.56
		50yd (5) 26.23	100yd (8) 54.93	150yd (8) 1:23.28	200yd (7) 1:51.67	250yd (7) 2:20.25
			28.70	28.35	28.39	28.58
		300yd (6) 2:48.37	350yd (6) 3:16.67	400yd (7) 3:45.19	450yd (7) 4:13.25	
		28.12	28.30	28.52	28.06	26.85
7	2	<b>CAMPBELL Katy</b>	UCLACA	0.83	<b>4:40.53</b>	10.99
		50yd (2) 25.95	100yd (4) 54.23	150yd (3) 1:22.72	200yd (3) 1:51.20	250yd (5) 2:19.80
			28.28	28.49	28.48	28.60
		300yd (4) 2:47.89	350yd (5) 3:16.27	400yd (5) 3:44.48	450yd (5) 4:12.94	
		28.09	28.38	28.21	28.46	27.59
8	1	<b>MOORE Hannah</b>	MICHMI	0.76	<b>4:40.90</b>	11.36
		50yd (6) 26.28	100yd (5) 54.66	150yd (6) 1:23.11	200yd (5) 1:51.48	250yd (6) 2:20.13
			28.38	28.45	28.37	28.65
		300yd (7) 2:48.55	350yd (8) 3:16.93	400yd (8) 3:45.27	450yd (8) 4:13.56	
		28.42	28.38	28.34	28.29	27.34

#### Final B

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
1	4	<b>COX Hannah</b>	UVACNE	0.79	<b>4:42.32</b>	
		50yd (1) 25.76	100yd (1) 54.24	150yd (1) 1:22.61	200yd (1) 1:51.09	250yd (1) 2:19.43
			28.48	28.37	28.48	28.34
		300yd (1) 2:47.97	350yd (1) 3:16.76	400yd (1) 3:45.83	450yd (1) 4:14.39	
		28.54	28.79	29.07	28.56	27.93
2	2	<b>MORONEY Megan</b>	SAS-FG	0.71	<b>4:43.08</b>	0.76
		50yd (2) 25.95	100yd (2) 54.35	150yd (2) 1:22.80	200yd (2) 1:51.45	250yd (2) 2:20.12
			28.40	28.45	28.65	28.67
		300yd (2) 2:48.99	350yd (3) 3:17.95	400yd (3) 3:46.82	450yd (3) 4:15.29	
		28.87	28.96	28.87	28.47	27.79
3	1	<b>RONGIONE Isabella</b>	NCAPPV	0.79	<b>4:43.29</b>	0.97
		50yd (7) 26.46	100yd (7) 54.89	150yd (6) 1:23.40	200yd (5) 1:52.03	250yd (3) 2:20.61
			28.43	28.51	28.63	28.58
		300yd (3) 2:49.15	350yd (2) 3:17.83	400yd (2) 3:46.77	450yd (2) 4:15.17	
		28.54	28.68	28.94	28.40	28.12
4	8	<b>CHEVERTON Sam</b>	OSU-OH	0.75	<b>4:43.77</b>	1.45
		50yd (8) 26.77	100yd (8) 55.46	150yd (8) 1:24.29	200yd (8) 1:53.23	250yd (7) 2:22.05
			28.69	28.83	28.94	28.82
		300yd (7) 2:50.70	350yd (4) 3:19.16	400yd (4) 3:47.61	450yd (4) 4:15.85	
		28.65	28.46	28.45	28.24	27.92

Official Timekeeping by OMEGA





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<b>5</b>	<b>7</b>	<b>CASTRO ORTEGA Patricia</b>	UN11NC	0.80	<b>4:45.11</b>	2.79
		50yd (6) 26.30	100yd (4) 54.68	150yd (5) 1:23.37	200yd (6) 1:52.09	250yd (6) 2:21.27
			28.38	28.69	28.72	29.18
		300yd (4) 2:49.88	350yd (6) 3:19.28	400yd (6) 3:48.68	450yd (6) 4:17.51	
		28.61	29.40	29.40	28.83	27.60
<b>6</b>	<b>6</b>	<b>CASE Lauren</b>	GOLDGA	0.72	<b>4:45.80</b>	3.48
		50yd (5) 26.11	100yd (3) 54.56	150yd (3) 1:23.27	200yd (4) 1:52.02	250yd (4) 2:21.06
			28.45	28.71	28.75	29.04
		300yd (5) 2:49.91	350yd (5) 3:19.17	400yd (5) 3:48.43	450yd (5) 4:17.44	
		28.85	29.26	29.26	29.01	28.36
<b>7</b>	<b>3</b>	<b>HOMOVICH Madison</b>	NCACNC	0.79	<b>4:46.77</b>	4.45
		50yd (3) 26.03	100yd (6) 54.71	150yd (3) 1:23.27	200yd (3) 1:51.96	250yd (5) 2:21.07
			28.68	28.56	28.69	29.11
		300yd (6) 2:50.07	350yd (7) 3:19.38	400yd (7) 3:48.86	450yd (7) 4:18.24	
		29.00	29.31	29.48	29.38	28.53
<b>8</b>	<b>5</b>	<b>STEVENS Leah</b>	LAK-KY	0.74	<b>4:48.85</b>	6.53
		50yd (3) 26.03	100yd (5) 54.69	150yd (7) 1:23.57	200yd (7) 1:52.73	250yd (8) 2:22.08
			28.66	28.88	29.16	29.35
		300yd (8) 2:51.27	350yd (8) 3:20.97	400yd (8) 3:50.57	450yd (8) 4:19.79	
		29.19	29.70	29.60	29.22	29.06

**Final C**

Rank	Lane	Name	CLUB Code	R.T.	Time	Time Behind
<b>1</b>	<b>3</b>	<b>CATTERMOLE Sophie</b>	SYS-FL	0.77	<b>4:43.91</b>	
		50yd (4) 26.16	100yd (4) 54.47	150yd (3) 1:23.02	200yd (2) 1:51.74	250yd (2) 2:20.61
			28.31	28.55	28.72	28.87
		300yd (1) 2:49.34	350yd (1) 3:18.12	400yd (1) 3:47.40	450yd (1) 4:16.24	
		28.73	28.78	29.28	28.84	27.67
<b>2</b>	<b>5</b>	<b>MILLER Genevieve</b>	AFA-CO	0.76	<b>4:44.41</b>	0.50
		50yd (2) 26.08	100yd (2) 54.26	150yd (2) 1:22.93	200yd (3) 1:51.77	250yd (3) 2:20.67
			28.18	28.67	28.84	28.90
		300yd (3) 2:49.69	350yd (3) 3:18.67	400yd (2) 3:47.59	450yd (2) 4:16.45	
		29.02	28.98	28.92	28.86	27.96
<b>3</b>	<b>8</b>	<b>VOSS Erin</b>	HYV-NE	0.80	<b>4:44.72</b>	0.81
		50yd (6) 26.44	100yd (5) 54.84	150yd (5) 1:23.58	200yd (5) 1:52.47	250yd (5) 2:21.50
			28.40	28.74	28.89	29.03
		300yd (5) 2:50.41	350yd (4) 3:19.33	400yd (4) 3:48.38	450yd (3) 4:16.98	
		28.91	28.92	29.05	28.60	27.74
<b>4</b>	<b>7</b>	<b>CUMMINGS Kelsey</b>	MICHMI	0.74	<b>4:45.29</b>	1.38
		50yd (3) 26.14	100yd (3) 54.40	150yd (4) 1:23.27	200yd (4) 1:52.32	250yd (4) 2:21.05
			28.26	28.87	29.05	28.73
		300yd (4) 2:50.10	350yd (5) 3:19.36	400yd (5) 3:48.69	450yd (5) 4:17.55	
		29.05	29.26	29.33	28.86	27.74
<b>5</b>	<b>2</b>	<b>PISH Melissa</b>	BNY-IL	0.80	<b>4:45.87</b>	1.96
		50yd (5) 26.36	100yd (6) 54.94	150yd (6) 1:23.96	200yd (6) 1:53.17	250yd (6) 2:22.50
			28.58	29.02	29.21	29.33
		300yd (6) 2:51.83	350yd (7) 3:21.02	400yd (7) 3:50.02	450yd (7) 4:18.72	
		29.33	29.19	29.00	28.70	27.15
<b>6</b>	<b>4</b>	<b>KNEPPERS Andrea</b>	UOFLKY	0.80	<b>4:46.44</b>	2.53
		50yd (1) 25.72	100yd (1) 53.90	150yd (1) 1:22.28	200yd (1) 1:51.41	250yd (1) 2:20.24
			28.18	28.38	29.13	28.83
		300yd (2) 2:49.48	350yd (2) 3:18.65	400yd (3) 3:48.19	450yd (4) 4:17.49	
		29.24	29.17	29.54	29.30	28.95
<b>7</b>	<b>1</b>	<b>POSTOLL Becca</b>	MAC-NC	0.79	<b>4:47.45</b>	3.54
		50yd (7) 26.61	100yd (7) 54.99	150yd (7) 1:24.21	200yd (7) 1:53.50	250yd (6) 2:22.50
			28.38	29.22	29.29	29.00
		300yd (7) 2:52.00	350yd (6) 3:20.89	400yd (6) 3:49.63	450yd (6) 4:18.53	
		29.50	28.89	28.74	28.90	28.92
<b>8</b>	<b>6</b>	<b>SIMONDS Moriah</b>	PLS-PC	0.77	<b>4:49.47</b>	5.56
		50yd (8) 26.89	100yd (8) 55.80	150yd (8) 1:24.88	200yd (8) 1:54.01	250yd (8) 2:23.27
			28.91	29.08	29.13	29.26
		300yd (8) 2:52.38	350yd (8) 3:21.84	400yd (8) 3:51.19	450yd (8) 4:20.69	
		29.11	29.46	29.35	29.50	28.78

**Legend:**

**CR** Championship record

**R.T.** Reaction time

Official Timekeeping by OMEGA

