

October 29-30, 2016

Men's 400m Individual Medley  
400m 4-Nages Hommes

Slowest Heat(s)  
Série(s) lente(s)

SWIMMING  
WORLD CUP

**Event 18**

29 OCT 2016 - 11:47

SWIMMING  
WORLD CUP

HONG KONG 2016

## Results Summary

EVENT NUMBER 18

	Record	Splits		Name	NAT Code	Location	Date	
<b>WR</b>	3:55.50	54.62	1:53.73	3:01.14	LOCHTE Ryan	USA	Dubai (UAE)	16 DEC 2010
<b>WC</b>	3:58.69	54.33	1:54.50	3:02.37	FRASER-HOLMES Thomas	AUS	Dubai (UAE)	31 AUG 2014
<b>WJ</b>	3:59.15				WORLD BEST TIME	---		30 SEP 2016

Rank	Heat	Lane	Name	Year of Birth	NAT Code	R.T.	Time	FINA Points
<b>1</b>	2	5	<b>LIANG Alex Wang</b>	1999	USA	0.69	<b>4:17.79</b>	762
	50m	28.04	100m 59.81	150m 1:32.45	200m 2:05.10	250m 2:43.08	300m 3:20.46	350m 3:49.95
			31.77	32.64	32.65	37.98	37.38	29.49
<b>2</b>	2	4	<b>STEFFAN Sebastian</b>	1997	AUT	0.65	<b>4:17.90</b>	761
	50m	28.20	100m 1:00.64	150m 1:34.12	200m 2:06.92	250m 2:42.60	300m 3:19.89	350m 3:49.64
			32.44	33.48	32.80	35.68	37.29	29.75
<b>3</b>	2	6	<b>LIAO Xian Hao Jonathan</b>	1999	HKG	0.61	<b>4:28.16</b>	677
	50m	28.18	100m 1:00.66	150m 1:34.77	200m 2:09.44	250m 2:48.04	300m 3:27.31	350m 3:58.62
			32.48	34.11	34.67	38.60	39.27	31.31
<b>4</b>	1	2	<b>FUNG Chun Ho</b>	1997	CLB	0.71	<b>4:31.20</b>	654
	50m	27.62	100m 59.72	150m 1:34.78	200m 2:10.33	250m 2:48.69	300m 3:28.34	350m 3:59.70
			32.10	35.06	35.55	38.36	39.65	31.36
<b>5</b>	2	1	<b>MOK Kai Tik Marcus</b>	2001	HKG	0.70	<b>4:33.55</b>	638
	50m	28.42	100m 1:02.80	150m 1:38.15	200m 2:12.69	250m 2:50.73	300m 3:28.94	350m 4:01.31
			34.38	35.35	34.54	38.04	38.21	32.37
<b>6</b>	2	7	<b>YANG Hin Ho Boris</b>	1998	HKG	0.68	<b>4:33.71</b>	636
	50m	28.94	100m 1:02.77	150m 1:38.27	200m 2:14.26	250m 2:52.01	300m 3:30.56	350m 4:03.50
			33.83	35.50	35.99	37.75	38.55	32.94
<b>7</b>	1	3	<b>NG Yu Hin Michael</b>	2000	HKG	0.42	<b>4:36.17</b>	620
	50m	28.54	100m 1:02.49	150m 1:39.54	200m 2:16.16	250m 2:52.91	300m 3:30.99	350m 4:02.89
			33.95	37.05	36.62	36.75	38.08	31.90
<b>8</b>	1	5	<b>SIN Chin Ting Keith</b>	1994	CLB	0.71	<b>4:37.79</b>	609
	50m	28.48	100m 1:02.09	150m 1:37.59	200m 2:13.21	250m 2:52.39	300m 3:32.29	350m 4:05.39
			33.61	35.50	35.62	39.18	39.90	33.10
<b>9</b>	1	7	<b>LAU Ping Chi</b>	2002	CLB	0.71	<b>4:39.66</b>	597
	50m	29.09	100m 1:03.81	150m 1:39.79	200m 2:15.86	250m 2:55.55	300m 3:36.25	350m 4:08.00
			34.72	35.98	36.07	39.69	40.70	31.75
<b>10</b>	1	1	<b>CHAN Tsz Kit</b>	2000	CLB	0.64	<b>4:39.83</b>	596
	50m	28.78	100m 1:02.11	150m 1:39.24	200m 2:15.31	250m 2:56.31	300m 3:38.35	350m 4:09.32
			33.33	37.13	36.07	41.00	42.04	30.97
<b>11</b>	1	6	<b>CHEUK Ming Ho</b>	2002	HKG	0.71	<b>4:43.27</b>	574
	50m	29.42	100m 1:03.65	150m 1:40.61	200m 2:16.73	250m 2:56.99	300m 3:38.97	350m 4:12.13
			34.23	36.96	36.12	40.26	41.98	33.16
<b>12</b>	2	8	<b>CHAN Pak Hin</b>	2001	CLB	0.65	<b>4:49.20</b>	539
	50m	29.12	100m 1:03.01	150m 1:40.88	200m 2:17.52	250m 2:59.21	300m 3:41.80	350m 4:15.88
			33.89	37.87	36.64	41.69	42.59	34.08
<b>13</b>	1	4	<b>MOHAMED Abdelrahman</b>	2001	QAT	0.74	<b>4:59.70</b>	485
	50m	32.23	100m 1:09.46	150m 1:48.42	200m 2:26.45	250m 3:09.02	300m 3:51.02	350m 4:26.00
			37.23	38.96	38.03	42.57	42.00	34.98

**Legend:**

R.T. Reaction time

WC World Cup Record

WJ World Junior record

WR World record

Official Timekeeping by OMEGA