



# 2016 AT&T Winter National Championships

Atlanta, GA

30 Nov - 3 Dec 2016

**Event 14**

2 DEC 2016 - 09:25

Men's 400 yards Individual Medley

Heats

## Results Summary

EVENT NUMBER 14

	Record	Splits		Name	CLUB	Location	Date
<b>US</b>	3:34.50	50.04	1:44.16	2:43.57	KALISZ Chase	USA	Austin, Tx (USA)
<b>AM</b>	3:34.50	50.04	1:44.16	2:43.57	KALISZ Chase	USA	Austin, Tx (USA)
<b>CR</b>	3:37.88	49.42	1:43.05	2:46.16	LOCHTE Ryan	USA	Atlanta, GA (USA)

### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind
<b>1</b>	<b>3</b>	<b>4</b>	<b>GRIESHOP Sean</b>	<b>1998</b>	<b>NTROST</b>	<b>0.69</b>	<b>3:48.35</b>	<b>A</b>
	50yd 24.95	100yd 52.94 27.99	150yd 1:22.24 29.30	200yd 1:50.29 28.05	250yd 2:23.02 32.73	300yd 2:55.81 32.79	350yd 3:22.52 26.71	25.83
<b>2</b>	<b>2</b>	<b>6</b>	<b>SEQUERA Juan</b>	<b>1993</b>	<b>UN01FL</b>	<b>0.63</b>	<b>3:48.83</b>	<b>0.48 A</b>
	50yd 24.37	100yd 52.35 27.98	150yd 1:22.90 30.55	200yd 1:53.02 30.12	250yd 2:23.73 30.71	300yd 2:55.35 31.62	350yd 3:22.59 27.24	26.24
<b>3</b>	<b>2</b>	<b>4</b>	<b>CARR Nate</b>	<b>1994</b>	<b>UN-1WV</b>	<b>0.73</b>	<b>3:49.71</b>	<b>1.36 A</b>
	50yd 24.59	100yd 52.47 27.88	150yd 1:22.48 30.01	200yd 1:51.64 29.16	250yd 2:23.65 32.01	300yd 2:55.81 32.16	350yd 3:23.72 27.91	25.99
<b>4</b>	<b>3</b>	<b>3</b>	<b>BUSHMAN John</b>	<b>1993</b>	<b>UOFMMN</b>	<b>0.71</b>	<b>3:50.24</b>	<b>1.89 A</b>
	50yd 25.08	100yd 53.36 28.28	150yd 1:23.38 30.02	200yd 1:52.95 29.57	250yd 2:24.10 31.15	300yd 2:56.28 32.18	350yd 3:23.79 27.51	26.45
<b>5</b>	<b>2</b>	<b>8</b>	<b>JHONG Christopher</b>	<b>2000</b>	<b>PLS-PC</b>	<b>0.63</b>	<b>3:50.87</b>	<b>2.52 A</b>
	50yd 24.97	100yd 52.81 27.84	150yd 1:21.73 28.92	200yd 1:51.00 29.27	250yd 2:23.98 32.98	300yd 2:57.34 33.36	350yd 3:24.19 26.85	26.68
<b>6</b>	<b>2</b>	<b>3</b>	<b>PINZON Omar</b>	<b>1989</b>	<b>FASTCA</b>	<b>0.62</b>	<b>3:51.77</b>	<b>3.42 A</b>
	50yd 23.63	100yd 51.54 27.91	150yd 1:21.31 29.77	200yd 1:50.37 29.06	250yd 2:23.67 33.30	300yd 2:57.38 33.71	350yd 3:25.32 27.94	26.45
<b>7</b>	<b>2</b>	<b>2</b>	<b>GRIMES Carter</b>	<b>1998</b>	<b>SANDCA</b>	<b>0.70</b>	<b>3:51.89</b>	<b>3.54 A</b>
	50yd 24.21	100yd 51.34 27.13	150yd 1:19.89 28.55	200yd 1:47.60 27.71	250yd 2:22.51 34.91	300yd 2:58.08 35.57	350yd 3:25.51 27.43	26.38
<b>8</b>	<b>3</b>	<b>7</b>	<b>MYBURGH Keith</b>	<b>1999</b>	<b>GATRVA</b>	<b>0.60</b>	<b>3:51.96</b>	<b>3.61 A</b>
	50yd 24.66	100yd 53.58 28.92	150yd 1:22.52 28.94	200yd 1:51.59 29.07	250yd 2:24.12 32.53	300yd 2:57.23 33.11	350yd 3:24.68 27.45	27.28
<b>9</b>	<b>2</b>	<b>5</b>	<b>CAMPBELL Henry</b>	<b>1996</b>	<b>UNC-NC</b>	<b>0.69</b>	<b>3:52.35</b>	<b>4.00 B</b>
	50yd 24.72	100yd 52.84 28.12	150yd 1:23.11 30.27	200yd 1:52.79 29.68	250yd 2:25.41 32.62	300yd 2:59.24 33.83	350yd 3:26.46 27.22	25.89
<b>10</b>	<b>1</b>	<b>5</b>	<b>PIPER Scott</b>	<b>1997</b>	<b>MSU-MI</b>	<b>0.75</b>	<b>3:52.56</b>	<b>4.21 B</b>
	50yd 24.66	100yd 51.38 26.72	150yd 1:20.76 29.38	200yd 1:49.59 28.83	250yd 2:22.18 32.59	300yd 2:57.53 35.35	350yd 3:24.93 27.40	27.63
<b>11</b>	<b>3</b>	<b>6</b>	<b>MEYER Michael</b>	<b>1992</b>	<b>UNC-NC</b>	<b>0.72</b>	<b>3:54.24</b>	<b>5.89 B</b>
	50yd 24.88	100yd 54.48 29.60	150yd 1:24.10 29.62	200yd 1:53.29 29.19	250yd 2:26.84 33.55	300yd 2:59.83 32.99	350yd 3:28.20 28.37	26.04
<b>12</b>	<b>3</b>	<b>5</b>	<b>LIERLEY Zachary</b>	<b>1994</b>	<b>PITTAM</b>	<b>0.74</b>	<b>3:54.74</b>	<b>6.39 B</b>
	50yd 25.20	100yd 53.79 28.59	150yd 1:23.64 29.85	200yd 1:52.52 28.88	250yd 2:25.83 33.31	300yd 2:59.09 33.26	350yd 3:27.78 28.69	26.96
<b>13</b>	<b>2</b>	<b>7</b>	<b>DELK Taylor</b>	<b>1997</b>	<b>UF-FL</b>	<b>0.70</b>	<b>3:55.71</b>	<b>7.36 B</b>
	50yd 25.65	100yd 54.14 28.49	150yd 1:22.96 28.82	200yd 1:51.13 28.17	250yd 2:26.09 34.96	300yd 3:01.42 35.33	350yd 3:29.01 27.59	26.70
<b>14</b>	<b>1</b>	<b>4</b>	<b>HELMBACHER Samy</b>	<b>1998</b>	<b>PITTAM</b>	<b>0.73</b>	<b>3:56.18</b>	<b>7.83 B</b>
	50yd 25.21	100yd 54.64 29.43	150yd 1:24.92 30.28	200yd 1:54.69 29.77	250yd 2:27.99 33.30	300yd 3:01.45 33.46	350yd 3:29.34 27.89	26.84
<b>15</b>	<b>3</b>	<b>2</b>	<b>MESSNER Michael</b>	<b>1996</b>	<b>UOFMMN</b>	<b>0.70</b>	<b>3:56.36</b>	<b>8.01 B</b>
	50yd 25.29	100yd 53.88 28.59	150yd 1:24.66 30.78	200yd 1:55.50 30.84	250yd 2:28.01 32.51	300yd 3:02.04 34.03	350yd 3:29.87 27.83	26.49
<b>16</b>	<b>3</b>	<b>1</b>	<b>CAIRNS Noah</b>	<b>1997</b>	<b>UNC-NC</b>	<b>0.71</b>	<b>3:56.69</b>	<b>8.34 B</b>
	50yd 25.22	100yd 54.60 29.38	150yd 1:24.79 30.19	200yd 1:55.34 30.55	250yd 2:28.42 33.08	300yd 3:02.14 33.72	350yd 3:30.08 27.94	26.61
<b>17</b>	<b>1</b>	<b>2</b>	<b>MARSKI Timothy</b>	<b>2000</b>	<b>LIACMR</b>	<b>0.70</b>	<b>3:58.04</b>	<b>9.69 C</b>
	50yd 25.55	100yd 54.57 29.02	150yd 1:25.64 31.07	200yd 1:56.43 30.79	250yd 2:30.34 33.91	300yd 3:03.99 33.65	350yd 3:31.58 27.59	26.46

Official Timekeeping by OMEGA





# 2016 AT&T Winter National Championships

Atlanta, GA

30 Nov - 3 Dec 2016

**Event 14**

2 DEC 2016 - 09:25

Men's 400 yards Individual Medley

Heats

## Results Summary

EVENT NUMBER 14

### Heats

Rank	Heat	Lane	Name	Year of Birth	CLUB Code	R.T.	Time	Time Behind					
<b>18</b>	<b>1</b>	<b>6</b>	<b>KHOSLA Raunak</b>	2000	DYNAGA	0.69	<b>3:58.44</b>	10.09 <b>C</b>					
50yd	24.86	100yd	53.52	150yd	1:24.72	200yd	1:56.34	250yd	2:29.40	300yd	3:04.33	350yd	3:31.65
			28.66		31.20		31.62		33.06		34.93		27.32
													26.79
<b>19</b>	<b>1</b>	<b>3</b>	<b>LAMASTRA Connor</b>	1998	DYNAGA	0.72	<b>3:59.17</b>	10.82 <b>C</b>					
50yd	25.63	100yd	55.09	150yd	1:25.08	200yd	1:54.97	250yd	2:29.22	300yd	3:04.44	350yd	3:32.50
			29.46		29.99		29.89		34.25		35.22		28.06
													26.67
<b>20</b>	<b>3</b>	<b>8</b>	<b>DURMER Jeffrey</b>	1999	DYNAGA	0.67	<b>3:59.47</b>	11.12 <b>C</b>					
50yd	25.67	100yd	54.46	150yd	1:25.20	200yd	1:54.36	250yd	2:28.80	300yd	3:03.19	350yd	3:31.93
			28.79		30.74		29.16		34.44		34.39		28.74
													27.54
<b>21</b>	<b>1</b>	<b>1</b>	<b>LAMAR Simon</b>	1999	FASTCA	0.76	<b>4:00.03</b>	11.68 <b>C</b>					
50yd	26.01	100yd	55.30	150yd	1:25.91	200yd	1:55.70	250yd	2:31.68	300yd	3:06.75	350yd	3:34.15
			29.29		30.61		29.79		35.98		35.07		27.40
													25.88
<b>22</b>	<b>1</b>	<b>7</b>	<b>MURPHY Jack</b>	1999	SRN-PC	0.71	<b>4:03.43</b>	15.08 <b>C</b>					
50yd	25.20	100yd	54.65	150yd	1:25.19	200yd	1:55.90	250yd	2:30.69	300yd	3:06.97	350yd	3:36.04
			29.45		30.54		30.71		34.79		36.28		29.07
													27.39
<b>23</b>	<b>1</b>	<b>8</b>	<b>REED Greg</b>	1999	GATRVA	0.72	<b>4:03.51</b>	15.16 <b>C</b>					
50yd	25.98	100yd	55.54	150yd	1:26.64	200yd	1:56.87	250yd	2:33.90	300yd	3:10.82	350yd	3:37.91
			29.56		31.10		30.23		37.03		36.92		27.09
													25.60
<b>24</b>	<b>2</b>	<b>1</b>	<b>MURRAY Nathan</b>	1997	TENNSE	0.73	<b>4:03.79</b>	15.44 <b>C</b>					
50yd	25.73	100yd	55.03	150yd	1:23.80	200yd	1:52.21	250yd	2:29.35	300yd	3:06.73	350yd	3:35.77
			29.30		28.77		28.41		37.14		37.38		29.04

<b>Legend:</b>	<b>A</b> Final A	<b>AM</b> Americas record	<b>B</b> Final B	<b>C</b> Final C
<b>CR</b> Championship record	<b>R.T.</b> Reaction time	<b>US</b> Championship record		

Official Timekeeping by OMEGA

