



ISL Match 3

Napoli (ITA)

September 2 - 3

3 SEP 2021 - 20:21

Women's 400m Individual Medley

Results

	Record	Splits		Name	NAT Code	Location	Date
WR	4:18.94	59.38	2:06.46	3:19.24 BELMONTE Mireia	ESP	Eindhoven (NED)	12 AUG 2017
LR	4:23.25	1:01.13	2:08.08	3:22.12 OHASHI Yui	JPN	Budapest (HUN)	15 NOV 2020

Rank	Lane	Name	Club Code	R.T.	Time	Club points
1	7	WOOD Abbie	NYB	0.73	4:29.89	21.0
50m (1) 29.03	100m (1) 1:01.85 32.82	150m (1) 1:36.93 35.08	200m (1) 2:10.80 33.87	250m (1) 2:48.10 37.30	300m (1) 3:26.18 38.08	350m (1) 3:58.54 32.36
2	5	SHANAHAN Katie	LON	0.76	4:34.26 +4.37	11.0
50m (5) 29.43	100m (6) 1:03.31 33.88	150m (2) 1:37.84 34.53	200m (2) 2:11.70 33.86	250m (2) 2:51.26 39.56	300m (2) 3:30.71 39.45	350m (2) 4:02.87 32.16
3	4	GUNES Viktoriya	ENS	0.71	4:36.02 +6.13	7.0
50m (=6) 29.57	100m (8) 1:03.58 34.01	150m (6) 1:39.54 35.96	200m (6) 2:15.06 35.52	250m (4) 2:53.34 38.28	300m (3) 3:32.27 38.93	350m (3) 4:04.74 32.47
4	2	ZAMORANO Africa	IRO	0.70	4:38.53 +8.64	8.0
50m (3) 29.29	100m (4) 1:03.04 33.75	150m (3) 1:37.89 34.85	200m (3) 2:11.89 34.00	250m (3) 2:52.17 40.28	300m (4) 3:33.07 40.90	350m (4) 4:06.45 33.38
5	1	UGOLKOVA Maria	IRO	0.67	4:39.60 +9.71	6.0
50m (2) 29.14	100m (2) 1:02.47 33.33	150m (4) 1:39.18 36.71	200m (4) 2:14.67 35.49	250m (5) 2:53.81 39.14	300m (5) 3:33.76 39.95	350m (5) 4:07.67 33.91
6	3	ROSENDAHL BACH Helena	ENS	0.86	4:40.33 +10.44	-
50m (8) 30.13	100m (5) 1:03.13 33.00	150m (5) 1:39.44 36.31	200m (5) 2:14.90 35.46	250m (6) 2:55.93 41.03	300m (6) 3:37.53 41.60	350m (6) 4:09.59 32.06
7	6	LAHTINEN Laura	LON	0.73	4:45.67 +15.78	-
50m (4) 29.40	100m (7) 1:03.35 33.95	150m (8) 1:41.64 38.29	200m (8) 2:19.63 37.99	250m (8) 2:59.27 39.64	300m (7) 3:38.92 39.65	350m (7) 4:13.56 34.64
8	8	MONTEIRO Ana Catarina	NYB	0.71	4:46.20 +16.31	-
50m (=6) 29.57	100m (3) 1:02.76 33.19	150m (7) 1:39.95 37.19	200m (7) 2:16.83 36.88	250m (7) 2:58.38 41.55	300m (8) 3:40.40 42.02	350m (8) 4:14.33 33.93

Legend:

= Equal rank **LR** ISL Record **R.T.** Reaction Time **WR** World Record

