



# ISL Match 7

Napoli (ITA)

September 16 - 17

17 SEP 2021 - 21:21

Women's 400m Individual Medley

## Results

|           | Record  | Splits  |         | Name                    | NAT Code | Location        | Date        |
|-----------|---------|---------|---------|-------------------------|----------|-----------------|-------------|
| <b>WR</b> | 4:18.94 | 59.38   | 2:06.46 | 3:19.24 BELMONTE Mireia | ESP      | Eindhoven (NED) | 12 AUG 2017 |
| <b>LR</b> | 4:23.25 | 1:01.13 | 2:08.08 | 3:22.12 OHASHI Yui      | JPN      | Budapest (HUN)  | 15 NOV 2020 |

| Rank           | Lane                      | Name                         | Club Code                 | R.T.                      | Time                      | Club points               |
|----------------|---------------------------|------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| <b>1</b>       | 7                         | <b>WOOD Abbie</b>            | NYB                       | 0.67                      | <b>4:27.79</b>            | <b>21.0</b>               |
| 50m (1) 28.90  | 100m (2) 1:01.92<br>33.02 | 150m (1) 1:36.88<br>34.96    | 200m (1) 2:10.01<br>33.13 | 250m (1) 2:47.40<br>37.39 | 300m (1) 3:24.96<br>37.56 | 350m (1) 3:56.92<br>31.96 |
| <b>2</b>       | 3                         | <b>CIEPLUCHA Tessa</b>       | TOR                       | 0.80                      | <b>4:29.62</b> +1.83      | <b>11.0</b>               |
| 50m (=5) 29.43 | 100m (4) 1:02.42<br>32.99 | 150m (2) 1:36.96<br>34.54    | 200m (2) 2:10.65<br>33.69 | 250m (2) 2:48.78<br>38.13 | 300m (2) 3:27.43<br>38.65 | 350m (2) 3:59.04<br>31.61 |
| <b>3</b>       | 5                         | <b>DEMLER Kathrin</b>        | CAC                       | 0.80                      | <b>4:34.76</b> +6.97      | <b>8.0</b>                |
| 50m (7) 29.77  | 100m (6) 1:03.08<br>33.31 | 150m (5) 1:38.16<br>35.08    | 200m (4) 2:12.57<br>34.41 | 250m (4) 2:51.42<br>38.85 | 300m (3) 3:31.17<br>39.75 | 350m (3) 4:03.58<br>32.41 |
| <b>4</b>       | 2                         | <b>UGOLKOVA Maria</b>        | IRO                       | 0.66                      | <b>4:37.15</b> +9.36      | <b>8.0</b>                |
| 50m (3) 28.98  | 100m (3) 1:02.01<br>33.03 | 150m (3) 1:37.50<br>35.49    | 200m (3) 2:12.24<br>34.74 | 250m (3) 2:51.12<br>38.88 | 300m (4) 3:31.48<br>40.36 | 350m (4) 4:05.09<br>33.61 |
| <b>5</b>       | 6                         | <b>SOROKINA Anastasia</b>    | CAC                       | 0.75                      | <b>4:37.69</b> +9.90      | <b>5.0</b>                |
| 50m (=5) 29.43 | 100m (5) 1:02.80<br>33.37 | 150m (6) 1:38.42<br>35.62    | 200m (6) 2:13.17<br>34.75 | 250m (5) 2:52.33<br>39.16 | 300m (5) 3:32.45<br>40.12 | 350m (5) 4:05.16<br>32.71 |
| <b>6</b>       | 1                         | <b>ZAMORANO Africa</b>       | IRO                       | 0.62                      | <b>4:39.81</b> +12.02     | -                         |
| 50m (4) 29.31  | 100m (7) 1:03.30<br>33.99 | 150m (7) 1:38.64<br>35.34    | 200m (5) 2:12.60<br>33.96 | 250m (6) 2:53.31<br>40.71 | 300m (6) 3:34.41<br>41.10 | 350m (6) 4:08.03<br>33.62 |
| <b>7</b>       | 4                         | <b>STEPHENS Laura</b>        | TOR                       | 0.69                      | <b>4:46.23</b> +18.44     | -                         |
| 50m (2) 28.91  | 100m (1) 1:01.76<br>32.85 | 150m (4) 1:38.05<br>36.29    | 200m (7) 2:13.57<br>35.52 | 250m (7) 2:55.56<br>41.99 | 300m (7) 3:38.81<br>43.25 | 350m (7) 4:13.32<br>34.51 |
| <b>8</b>       | 8                         | <b>MONTEIRO Ana Catarina</b> | NYB                       | 0.65                      | <b>4:53.61</b> +25.82     | <b>-1.0</b>               |
| 50m (8) 29.89  | 100m (8) 1:04.19<br>34.30 | 150m (8) 1:42.86<br>38.67    | 200m (8) 2:21.29<br>38.43 | 250m (8) 3:02.83<br>41.54 | 300m (8) 3:45.30<br>42.47 | 350m (8) 4:20.66<br>35.36 |

### Legend:

= Equal rank    **LR** ISL Record    **R.T.** Reaction Time    **WR** World Record

