

**Event 12
14 OCT 2023 - 9:03**
**Women's 400m Individual Medley
400m quatre nages individuel - femmes**
**Slowest Heats
Slowest Heats**
Results Summary

 After 2 of 3 Heats
Event Number 12

	Record	Splits		Name	NAT Code	Location	Date	
WR	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	CAN	Toronto (CAN)	1 APR 2023
WC	4:32.30	1:02.16	2:12.62	3:29.33	HOSSZU Katinka	HUN	Tokyo (JPN)	3 AUG 2019
WJ	4:25.87	59.47	2:06.39	3:25.31	McINTOSH Summer	CAN	Toronto (CAN)	1 APR 2023

Slowest Heats

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	2	4	SAVARDA Sianna	USA	21 MAY 2006	0.63	5:05.56	662
	50m 32.43	100m 1:08.92	150m 1:47.76	200m 2:26.57	250m 3:12.12	300m 3:58.71	350m 4:32.68	
		36.49	38.84	38.81	45.55	46.59	33.97	32.88
2	2	6	ZAMARIA Aggeliki	CLB	25 DEC 2000	0.69	5:09.27	638
	50m 32.30	100m 1:08.91	150m 1:49.92	200m 2:30.50	250m 3:16.47	300m 4:01.89	350m 4:36.55	
		36.61	41.01	40.58	45.97	45.42	34.66	32.72
3	2	3	GKIOUZEPA PETROPO.	CLB	19 NOV 2006	0.74	5:09.32	638
	50m 31.95	100m 1:08.23	150m 1:49.79	200m 2:30.18	250m 3:16.71	300m 4:02.08	350m 4:37.11	
		36.28	41.56	40.39	46.53	45.37	35.03	32.21
4	2	5	ZAMPROU Anna	CLB	24 SEP 2006	0.57	5:09.55	637
	50m 32.29	100m 1:09.20	150m 1:48.11	200m 2:25.66	250m 3:11.54	300m 3:57.85	350m 4:34.63	
		36.91	38.91	37.55	45.88	46.31	36.78	34.92
5	2	2	GAZGKA Maria	CLB	25 FEB 1999	0.65	5:15.27	603
	50m 32.50	100m 1:09.51	150m 1:50.87	200m 2:31.09	250m 3:16.21	300m 4:01.71	350m 4:38.80	
		37.01	41.36	40.22	45.12	45.50	37.09	36.47
6	1	3	KARAMPA Melina	CLB	4 AUG 2007	0.51	5:19.27	580
	50m 31.78	100m 1:08.66	150m 1:53.45	200m 2:35.38	250m 3:22.24	300m 4:09.62	350m 4:45.54	
		36.88	44.79	41.93	46.86	47.38	35.92	33.73
7	2	7	EXARCHOU Maria	CLB	6 MAR 2007	0.77	5:25.70	546
	50m 33.56	100m 1:13.38	150m 1:54.68	200m 2:35.73	250m 3:22.27	300m 4:09.33	350m 4:47.89	
		39.82	41.30	41.05	46.54	47.06	38.56	37.81
8	1	4	NTASIOU Maria	CLB	30 AUG 2008	0.65	5:28.52	532
	50m 33.82	100m 1:14.37	150m 1:56.88	200m 2:38.49	250m 3:24.55	300m 4:11.80	350m 4:50.85	
		40.55	42.51	41.61	46.06	47.25	39.05	37.67
9	1	5	VASILEIOU Eleftheria	CLB	3 JAN 2010	0.68	5:29.80	526
	50m 33.38	100m 1:12.26	150m 1:58.29	200m 2:41.23	250m 3:27.69	300m 4:15.21	350m 4:53.36	
		38.88	46.03	42.94	46.46	47.52	38.15	36.44

Legend:
R.T. Reaction Time **WC** World Cup Record **WJ** World Junior Record **WR** World Record

Official Timekeeping by Omega