



2025 TYR Pro Swim Series

Westmont, IL

March 5 - 8



Event 121 7 MAR 2025 - 7:07 PM

Women's 400m Individual Medley

Final

Results

Event Number 21

	Record	Splits	Name	NAT Code	Location	Date
WR	4:24.38	59.18 2:06.30 3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024
AR	4:31.12	1:03.69 2:13.33 3:28.65	HOFF Katie	USA	Omaha, NE (USA)	29 JUN 2008
US	4:28.61	59.40 2:08.20 3:27.46	McINTOSH Summer	CAN	Greensboro, NC (USA)	2 DEC 2022
WJ	4:24.38	59.18 2:06.30 3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024

Final B

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind	
1	4	BENNETT Brooke	PLS		4:56.24		
50m (6) 31.88	100m (5) 1:08.62 36.74	150m (3) 1:47.11 38.49	200m (3) 2:24.90 37.79	250m (2) 3:06.82 41.92	300m (2) 3:50.44 43.62	350m (1) 4:23.08 32.64	33.16
2	6	NICHOLSON-JODOIN Annie	TQ	0.73	4:58.43	2.19	
50m (1) 31.14	100m (2) 1:07.39 36.25	150m (1) 1:45.28 37.89	200m (1) 2:22.61 37.33	250m (1) 3:06.57 43.96	300m (1) 3:50.39 43.82	350m (2) 4:24.65 34.26	33.78
3	3	GRIFFIS Erin	UN-PC	0.76	5:00.39	4.15	
50m (5) 31.49	100m (3) 1:07.50 36.01	150m (2) 1:46.53 39.03	200m (2) 2:24.32 37.79	250m (3) 3:07.52 43.20	300m (3) 3:50.73 43.21	350m (3) 4:25.75 35.02	34.64
4	5	HOWARD Cecilia	BC	0.71	5:01.14	4.90	
50m (4) 31.46	100m (1) 1:07.19 35.73	150m (4) 1:48.17 40.98	200m (6) 2:27.97 39.80	250m (4) 3:09.20 41.23	300m (4) 3:52.68 43.48	350m (4) 4:27.46 34.78	33.68
5	2	MILBAUM Lolly	SYS	0.65	5:05.85	9.61	
50m (3) 31.33	100m (6) 1:08.73 37.40	150m (6) 1:48.53 39.80	200m (4) 2:27.07 38.54	250m (6) 3:11.44 44.37	300m (6) 3:57.17 45.73	350m (6) 4:31.85 34.68	34.00
6	7	CHRISTENSEN Nicole	MVN	0.77	5:07.79	11.55	
50m (7) 32.22	100m (7) 1:08.93 36.71	150m (7) 1:48.87 39.94	200m (5) 2:27.39 38.52	250m (7) 3:12.66 45.27	300m (7) 3:57.52 44.86	350m (7) 4:33.52 36.00	34.27
7	1	KING Madi	LFSC	0.69	5:08.39	12.15	
50m (2) 31.24	100m (4) 1:08.09 36.85	150m (5) 1:48.31 40.22	200m (7) 2:28.62 40.31	250m (5) 3:10.65 42.03	300m (5) 3:55.58 44.93	350m (5) 4:31.44 35.86	36.95

Final A

Rank	Lane	Name	Club Code	R.T.	Time	Time Behind	
1	4	McINTOSH Summer	SYS	0.81	4:26.98	US	
50m (1) 27.63	100m (1) 59.76 32.13	150m (1) 1:33.92 34.16	200m (1) 2:06.82 32.90	250m (1) 2:45.43 38.61	300m (1) 3:25.96 40.53	350m (1) 3:57.14 31.18	29.84
2	5	HARVEY Mary-Sophie	TQ	0.74	4:44.31	17.33	
50m (2) 29.66	100m (2) 1:04.20 34.54	150m (3) 1:43.31 39.11	200m (4) 2:21.56 38.25	250m (2) 3:00.41 38.85	300m (2) 3:40.02 39.61	350m (2) 4:12.84 32.82	31.47
3	8	ZHANG Kelsey	UN-PC	0.64	4:51.95	24.97	
50m (3) 30.13	100m (3) 1:04.31 34.18	150m (2) 1:42.75 38.44	200m (3) 2:20.87 38.12	250m (3) 3:03.25 42.38	300m (3) 3:45.50 42.25	350m (3) 4:19.77 34.27	32.18
4	3	JACKL Vivien	HUN	0.75	4:52.37	25.39	
50m (4) 30.69	100m (=4) 1:05.85 35.16	150m (4) 1:43.37 37.52	200m (2) 2:19.92 36.55	250m (4) 3:03.99 44.07	300m (5) 3:48.25 44.26	350m (4) 4:21.19 32.94	31.18
5	2	MULLINS Lainey	UN-IN	0.82	4:55.95	28.97	
50m (7) 31.08	100m (6) 1:05.97 34.89	150m (5) 1:44.55 38.58	200m (5) 2:22.47 37.92	250m (6) 3:06.48 44.01	300m (7) 3:51.21 44.73	350m (6) 4:23.92 32.71	32.03
6	6	IANNACCONE Stephanie	WCAB	0.61	4:57.03	30.05	
50m (6) 30.75	100m (=4) 1:05.85 35.10	150m (6) 1:45.34 39.49	200m (7) 2:24.74 39.40	250m (5) 3:05.28 40.54	300m (4) 3:47.33 42.05	350m (5) 4:23.18 35.85	33.85
7	7	BLANCHARD Kamila	TQ	0.70	5:00.24	33.26	
50m (8) 31.44	100m (8) 1:07.65 36.21	150m (8) 1:47.08 39.43	200m (8) 2:25.08 38.00	250m (8) 3:08.18 43.10	300m (6) 3:51.01 42.83	350m (7) 4:26.33 35.32	33.91
8	1	HUTCHINSON Rylee	PLS	0.73	5:00.99	34.01	
50m (5) 30.73	100m (7) 1:06.91 36.18	150m (7) 1:45.52 38.61	200m (6) 2:24.11 38.59	250m (7) 3:08.08 43.97	300m (8) 3:52.67 44.59	350m (8) 4:26.62 33.95	34.37

Legend:							
=	Equal rank	AR	American Record	R.T.	Reaction Time	US	US Open Record
WJ	World Junior Record	WR	World Record				

Official Timekeeping by Omega

