



2025 TYR Pro Swim Series

Sacramento, CA

April 2 - 5



Event 11

3 APR 2025 - 10:32 AM

Women's 400m Individual Medley

Heats

Start List

Event Number 11

	Record	Splits	Name	NAT Code	Location	Date
WR	4:24.38	59.18 2:06.30 3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024
AR	4:31.12	1:03.69 2:13.33 3:28.65	HOFF Katie	USA	Omaha, NE (USA)	29 JUN 2008
US	4:26.98	59.76 2:06.82 3:25.96	McINTOSH Summer	SYS	Westmont, IL (USA)	7 MAR 2025
WJ	4:24.38	59.18 2:06.30 3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024

Heat 1 of 3 Start time 10:32

Lane	Name	Club Code	Year of Birth	Entry Time	Time	Rank
2	RECIO Marrassa	DART	◆ 2007	5:03.66		
3	NIELSEN Lauren	UN-SN	◆ 2007	5:01.84		
4	KALMAR Laura	FRES	2002	4:55.83		
5	DIVIS Martina	SDSA	2006	4:56.13		
6	CARTER Jesse	UN-SN	◆ 2008	5:02.15		
7	WORDELMAN Lina	SCSC	◆ 2007	5:04.28		

Heat 2 of 3 Start time 10:37

Lane	Name	Club Code	Year of Birth	Entry Time	Time	Rank
1	WIMBERLY Georgia	LAC	◆ 2007	4:51.55		
2	ACKERMAN Ella	DART	◆ 2007	4:55.98		
3	FLOWERS Ella	UN-CA	2003	4:49.84		
4	KOZAN Justina	UN-CA	2003	4:40.97		
5	GWINN Applejean	SAND	2006	4:46.89		
6	TAN Mikayla	UN-PC	◆ 2010	4:53.97		
7	ELAYDI Lyla	SCSC	2006	5:02.82		
8	BROUGHTON Ellie	UN-NM	2006	4:53.68		

Heat 3 of 3 Start time 10:43

Lane	Name	Club Code	Year of Birth	Entry Time	Time	Rank
1	QUINTO Melanie	UN-SN	◆ 2007	5:02.86		
2	COLLINS Avery	LAC	2006	4:55.00		
3	McDEVITT Alexa	UN-PN	◆ 2007	4:48.24		
4	JACKL Vivien	HUN	◆ 2008	4:34.96		
5	NYSTRAND Lisa	NCS	2006	4:45.06		
6	SU Mia	SCSC	◆ 2009	4:53.45		
7	SALA Addison	LAKE	◆ 2007	4:59.24		
8	GEORGE Genevieve	PSC	2006	4:53.24		

Legend:

◆ Junior swimmer **AR** American Record **US** US Open Record **WJ** World Junior Record
WR World Record

Official Timekeeping by Omega

