



2025 TYR Pro Swim Series

Sacramento, CA

April 2 - 5



Event 11

3 APR 2025 - 10:28 AM

Women's 400m Individual Medley

Heats

Results Summary

Event Number 11

	Record	Splits			Name	NAT Code	Location	Date
WR	4:24.38	59.18	2:06.30	3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024
AR	4:31.12	1:03.69	2:13.33	3:28.65	HOFF Katie	USA	Omaha, NE (USA)	29 JUN 2008
US	4:26.98	59.76	2:06.82	3:25.96	McINTOSH Summer	SYS	Westmont, IL (USA)	7 MAR 2025
WJ	4:24.38	59.18	2:06.30	3:23.43	McINTOSH Summer	CAN	Toronto (CAN)	16 MAY 2024

Rank	Heat	Lane	Name	Club Code	Year of Birth	R.T.	Time	Time Behind
1	2	4	KOZAN Justina	UN-CA	2003	0.69	4:45.67	A
	50m 30.68	100m 1:06.48	150m 1:45.36	200m 2:21.19	250m 3:01.61	300m 3:43.15	350m 4:15.30	
		35.80	38.88	35.83	40.42	41.54	32.15	30.37
2	3	4	JACKL Vivien	HUN	◆ 2008	0.74	4:47.32	1.65 A
	50m 30.36	100m 1:04.85	150m 1:40.18	200m 2:14.99	250m 2:58.64	300m 3:42.96	350m 4:16.17	
		34.49	35.33	34.81	43.65	44.32	33.21	31.15
3	3	5	NYSTRAND Lisa	NCS	2006	0.76	4:48.83	3.16 A
	50m 30.38	100m 1:05.16	150m 1:42.84	200m 2:19.67	250m 2:59.54	300m 3:40.34	350m 4:14.97	
		34.78	37.68	36.83	39.87	40.80	34.63	33.86
4	3	3	McDEVITT Alexa	UN-PN	◆ 2007	0.73	4:49.29	3.62 A
	50m 30.61	100m 1:05.02	150m 1:44.29	200m 2:22.37	250m 3:02.22	300m 3:43.85	350m 4:17.03	
		34.41	39.27	38.08	39.85	41.63	33.18	32.26
5	2	5	GWINN Applejean	SAND	2006	0.72	4:55.10	9.43 A
	50m 30.56	100m 1:06.40	150m 1:45.59	200m 2:23.84	250m 3:06.20	300m 3:48.86	350m 4:22.32	
		35.84	39.19	38.25	42.36	42.66	33.46	32.78
6	2	6	TAN Mikayla	UN-PC	◆ 2010	0.72	4:57.18	11.51 A
	50m 30.04	100m 1:05.70	150m 1:47.30	200m 2:27.37	250m 3:07.66	300m 3:48.80	350m 4:23.61	
		35.66	41.60	40.07	40.29	41.14	34.81	33.57
7	3	6	SU Mia	UN-PC	◆ 2009	0.73	4:59.83	14.16 A
	50m 32.28	100m 1:09.10	150m 1:48.52	200m 2:26.41	250m 3:08.50	300m 3:50.35	350m 4:25.08	
		36.82	39.42	37.89	42.09	41.85	34.73	34.75
8	2	2	ACKERMAN Ella	UN-SN	◆ 2007	0.78	5:01.01	15.34 A
	50m 31.31	100m 1:06.67	150m 1:47.38	200m 2:26.66	250m 3:09.21	300m 3:51.97	350m 4:26.58	
		35.36	40.71	39.28	42.55	42.76	34.61	34.43
9	1	4	KALMAR Laura	FRES	2002	0.68	5:01.70	16.03 B
	50m 32.33	100m 1:11.13	150m 1:50.94	200m 2:27.98	250m 3:09.16	300m 3:52.04	350m 4:28.04	
		38.80	39.81	37.04	41.18	42.88	36.00	33.66
10	3	8	GEORGE Genevieve	PSC	2006	0.59	5:03.27	17.60 B
	50m 31.51	100m 1:06.94	150m 1:47.64	200m 2:26.26	250m 3:09.53	300m 3:52.22	350m 4:28.56	
		35.43	40.70	38.62	43.27	42.69	36.34	34.71
11	2	1	WIMBERLY Georgia	LAC	◆ 2007	0.80	5:04.00	18.33 B
	50m 32.56	100m 1:09.11	150m 1:47.83	200m 2:25.23	250m 3:09.31	300m 3:53.02	350m 4:29.41	
		36.55	38.72	37.40	44.08	43.71	36.39	34.59
12	2	3	FLOWERS Ella	UN-CA	2003	0.69	5:04.54	18.87 B
	50m 31.04	100m 1:06.79	150m 1:49.39	200m 2:29.62	250m 3:11.34	300m 3:54.05	350m 4:29.99	
		35.75	42.60	40.23	41.72	42.71	35.94	34.55
13	3	7	SALA Addison	LAKE	◆ 2007	0.76	5:08.46	22.79 B
	50m 32.12	100m 1:09.00	150m 1:48.61	200m 2:26.42	250m 3:11.74	300m 3:57.46	350m 4:33.36	
		36.88	39.61	37.81	45.32	45.72	35.90	35.10
14	2	8	BROUGHTON Ellie	UN-NM	2006	0.75	5:09.39	23.72 B
	50m 32.10	100m 1:09.11	150m 1:50.54	200m 2:28.61	250m 3:13.88	300m 3:58.56	350m 4:35.15	
		37.01	41.43	38.07	45.27	44.68	36.59	34.24
15	1	3	NIELSEN Lauren	UN-SN	◆ 2007	0.78	5:12.56	26.89 B
	50m 32.07	100m 1:08.61	150m 1:50.49	200m 2:31.59	250m 3:15.98	300m 4:00.40	350m 4:37.77	
		36.54	41.88	41.10	44.39	44.42	37.37	34.79
16	3	1	QUINTO Melanie	UN-SN	◆ 2007	0.73	5:13.55	27.88 B
	50m 32.69	100m 1:10.08	150m 1:51.48	200m 2:31.85	250m 3:16.60	300m 4:02.06	350m 4:38.83	
		37.39	41.40	40.37	44.75	45.46	36.77	34.72
17	1	2	RECIO Marrassa	UN-SN	◆ 2007		5:15.07	29.40 C
	50m 31.19	100m 1:07.24	150m 1:48.15	200m 2:28.07	250m 3:15.21	300m 4:02.07	350m 4:39.25	
		36.05	40.91	39.92	47.14	46.86	37.18	35.82

Official Timekeeping by Omega





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Rank	Heat	Lane	Name	Club Code	Year of Birth	R.T.	Time	Time Behind
18	1	6	CARTER Jesse	UN-SN	◆ 2008		5:16.75	31.08 C
			50m 32.12					
			100m 1:08.91					
			150m 1:50.32					
			200m 2:30.63					
			250m 3:16.74					
			300m 4:03.00					
			350m 4:40.63					
			36.79					36.12
			41.41					
			40.31					
			46.11					
			46.26					
			37.63					
19	1	5	DIVIS Martina	SDSA	2006	0.79	5:17.44	31.77 C
			50m 32.20					
			100m 1:10.94					
			150m 1:52.70					
			200m 2:33.33					
			250m 3:19.28					
			300m 4:05.94					
			350m 4:42.70					
			38.74					34.74
			41.76					
			40.63					
			45.95					
			46.66					
			36.76					
20	1	7	WORDELMAN Lina	UN-PC	◆ 2007	0.83	5:26.27	40.60 C
			50m 33.40					
			100m 1:10.12					
			150m 1:53.40					
			200m 2:35.36					
			250m 3:24.69					
			300m 4:13.04					
			350m 4:50.49					
			36.72					35.78
			43.28					
			41.96					
	2	7	ELAYDI Lyla	SCSC	2006		DNS	
	3	2	COLLINS Avery	LAC	2006		DNS	

◆	Junior swimmer	A	Qualified for final A	AR	American Record	B	Qualified for final B
C	Qualified for final C	DNS	Did Not Start	R.T.	Reaction Time	US	US Open Record
WJ	World Junior Record	WR	World Record				

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