

Event 139  
7 DEC 2025 - 20:34

Women's 400m Individual Medley

Final

## Results

### Event Number 39

	Record	Splits	Name	NAT Code	Location	Date
<b>WR</b>	4:15.48	57.23 2:00.97 3:16.34	McINTOSH Summer	CAN	Budapest (HUN)	14 DEC 2024
<b>WJ</b>	4:15.48	57.23 2:00.97 3:16.34	McINTOSH Summer	CAN	Budapest (HUN)	14 DEC 2024
<b>ER</b>	4:18.94	59.38 2:06.46 3:19.24	BELMONTE GARCIA Mireia	ESP	Eindhoven (NED)	12 AUG 2017
<b>EJ</b>	4:31.06		Record Mark			
<b>CR</b>	4:19.46	59.19 2:04.32 3:19.75	HOSSZU Katinka	HUN	Netanya (ISR)	2 DEC 2015

Rank	Lane	Name	NAT Code	R.T.	Time	Time Behind		
<b>1</b>	<b>6</b>	<b>KOZAN Justina</b>	<b>POL</b>	<b>0.71</b>	<b>4:28.56</b>			
	25m (3) 13.14	50m (2) 28.87 15.73	75m (2) 45.04 16.17	100m (3) 1:01.98 16.94	125m (4) 1:20.14 18.16	150m (6) 1:37.83 17.69	175m (6) 1:55.36 17.53	200m (6) 2:12.63 17.27
	225m (6) 2:31.57 18.94	250m (5) 2:50.68 19.11	275m (3) 3:09.68 19.00	300m (3) 3:29.17 19.49	325m (3) 3:44.44 15.27	350m (3) 3:59.19 14.75	375m (1) 4:13.96 14.77	14.60
<b>2</b>	<b>4</b>	<b>VAZQUEZ RUIZ Alba</b>	<b>ESP</b>	<b>0.69</b>	<b>4:29.57</b>	<b>+1.01</b>		
	25m (=6) 13.28	50m (3) 29.00 15.72	75m (3) 45.10 16.10	100m (2) 1:01.82 16.72	125m (3) 1:20.08 18.26	150m (=4) 1:37.59 17.51	175m (5) 1:55.08 17.49	200m (5) 2:12.48 17.40
	225m (4) 2:30.86 18.38	250m (3) 2:49.76 18.90	275m (2) 3:08.60 18.84	300m (2) 3:27.64 19.04	325m (2) 3:43.85 16.21	350m (2) 3:59.16 15.31	375m (2) 4:14.50 15.34	15.07
<b>3</b>	<b>5</b>	<b>CARRASCO CADENS Emma</b>	<b>ESP</b>	<b>0.65</b>	<b>4:31.27</b>	<b>+2.71</b>		
	25m (2) 12.84	50m (1) 28.18 15.34	75m (1) 44.24 16.06	100m (1) 1:00.59 16.35	125m (1) 1:17.73 17.14	150m (1) 1:34.35 16.62	175m (1) 1:51.00 16.65	200m (1) 2:07.81 16.81
	225m (1) 2:26.56 18.75	250m (1) 2:45.54 18.98	275m (1) 3:04.75 19.21	300m (1) 3:24.48 19.73	325m (1) 3:41.35 16.87	350m (1) 3:57.80 16.45	375m (3) 4:14.67 16.87	16.60
<b>4</b>	<b>2</b>	<b>BENKLER Noelle</b>	<b>GER</b>	<b>0.68</b>	<b>4:35.05</b>	<b>+6.49</b>		
	25m (4) 13.15	50m (6) 29.29 16.14	75m (5) 45.73 16.44	100m (6) 1:02.84 17.11	125m (5) 1:20.24 17.40	150m (3) 1:37.33 17.09	175m (3) 1:54.37 17.04	200m (2) 2:11.36 16.99
	225m (3) 2:30.49 19.13	250m (4) 2:50.19 19.70	275m (5) 3:09.99 19.80	300m (4) 3:30.09 20.10	325m (4) 3:46.36 16.27	350m (4) 4:02.67 16.31	375m (4) 4:18.95 16.28	16.10
<b>5</b>	<b>1</b>	<b>RYBAK-ANDERSEN Clara</b>	<b>DEN</b>	<b>0.72</b>	<b>4:36.28</b>	<b>+7.72</b>		
	25m (1) 12.81	50m (4) 29.02 16.21	75m (7) 45.85 16.83	100m (7) 1:03.00 17.15	125m (7) 1:20.86 17.86	150m (7) 1:38.40 17.54	175m (7) 1:56.30 17.90	200m (7) 2:13.78 17.48
	225m (7) 2:32.62 18.84	250m (6) 2:51.71 19.09	275m (6) 3:10.95 19.24	300m (5) 3:30.41 19.46	325m (5) 3:47.41 17.00	350m (5) 4:03.79 16.38	375m (5) 4:20.36 16.57	15.92
<b>6</b>	<b>7</b>	<b>SZABO FELTOTHY Eszter</b>	<b>HUN</b>	<b>0.82</b>	<b>4:37.60</b>	<b>+9.04</b>		
	25m (8) 13.65	50m (8) 29.76 16.11	75m (8) 46.00 16.24	100m (8) 1:03.06 17.06	125m (6) 1:20.49 17.43	150m (=4) 1:37.59 17.10	175m (4) 1:54.57 16.98	200m (3) 2:11.55 16.98
	225m (5) 2:31.18 19.63	250m (7) 2:51.74 20.56	275m (7) 3:11.92 20.18	300m (7) 3:32.79 20.87	325m (7) 3:49.59 16.80	350m (7) 4:05.71 16.12	375m (7) 4:21.79 16.08	15.81
<b>7</b>	<b>3</b>	<b>WALSHE Ellen</b>	<b>IRL</b>	<b>0.65</b>	<b>4:38.51</b>	<b>+9.95</b>		
	25m (5) 13.23	50m (7) 29.34 16.11	75m (6) 45.77 16.43	100m (5) 1:02.41 16.64	125m (2) 1:20.05 17.64	150m (2) 1:37.22 17.17	175m (2) 1:54.17 16.95	200m (4) 2:11.70 17.53
	225m (2) 2:29.75 18.05	250m (2) 2:49.63 19.88	275m (4) 3:09.97 20.34	300m (6) 3:30.92 20.95	325m (6) 3:48.11 17.19	350m (6) 4:05.03 16.92	375m (6) 4:21.76 16.73	16.75
<b>8</b>	<b>8</b>	<b>FAIN Katja</b>	<b>SLO</b>	<b>0.83</b>	<b>4:38.59</b>	<b>+10.03</b>		
	25m (=6) 13.28	50m (5) 29.24 15.96	75m (4) 45.61 16.37	100m (4) 1:02.35 16.74	125m (8) 1:21.13 18.78	150m (8) 1:39.48 18.35	175m (8) 1:57.69 18.21	200m (8) 2:15.78 18.09
	225m (8) 2:36.01 20.23	250m (8) 2:56.25 20.24	275m (8) 3:16.44 20.19	300m (8) 3:37.00 20.56	325m (8) 3:53.35 16.35	350m (8) 4:08.88 15.53	375m (8) 4:24.09 15.21	14.50

#### Legend:

=	Equal rank	<b>CR</b>	Championship Record	<b>EJ</b>	European Junior Record	<b>ER</b>	European Record
<b>R.T.</b>	Reaction Time	<b>WJ</b>	World Junior Record	<b>WR</b>	World Record		