

Event 113

16 OCT 2026 - 18:02

Women's 400m Freestyle

Results Summary

Event Number 13

	Record	Splits	Name	NAT Code	Location	Date
WR	3:50.25	55.14 1:53.53 2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
WC	3:51.87	55.75 1:54.10 2:53.22	PALLISTER Lani	AUS	Toronto (CAN)	23 OCT 2025

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	2	3	PEPLOWSKI Anna	CLB	25 SEP 2002	0.75	4:00.25	880
	25m 13.19	50m 27.71 14.52	75m 42.82 15.11	100m 57.90 15.08	125m 1:13.38 15.48	150m 1:28.68 15.30	175m 1:44.07 15.39	200m 1:59.48 15.41
	225m 2:14.70 15.22	250m 2:29.91 15.21	275m 2:45.36 15.45	300m 3:00.61 15.25	325m 3:15.73 15.12	350m 3:30.67 14.94	375m 3:45.73 15.06	14.52
2	2	4	COLBERT Freya	GBR	8 MAR 2004	0.70	4:00.93	872
	25m 13.33	50m 27.80 14.47	75m 42.79 14.99	100m 57.86 15.07	125m 1:13.25 15.39	150m 1:28.50 15.25	175m 1:43.84 15.34	200m 1:59.09 15.25
	225m 2:14.38 15.29	250m 2:29.72 15.34	275m 2:45.22 15.50	300m 3:00.68 15.46	325m 3:16.00 15.32	350m 3:31.16 15.16	375m 3:46.29 15.13	14.64
3	2	2	KOBORI Waka	JPN	10 AUG 2000	0.69	4:01.03	871
	25m 13.61	50m 28.27 14.66	75m 43.43 15.16	100m 58.63 15.20	125m 1:14.19 15.56	150m 1:29.51 15.32	175m 1:44.92 15.41	200m 2:00.31 15.39
	225m 2:15.72 15.41	250m 2:30.93 15.21	275m 2:46.31 15.38	300m 3:01.56 15.25	325m 3:16.88 15.32	350m 3:32.02 15.14	375m 3:46.92 14.90	14.11
4	2	5	DEANS Caitlin	NZL	5 DEC 1999	0.76	4:01.41	867
	25m 13.51	50m 28.14 14.63	75m 43.15 15.01	100m 58.07 14.92	125m 1:13.44 15.37	150m 1:28.70 15.26	175m 1:44.20 15.50	200m 1:59.47 15.27
	225m 2:14.93 15.46	250m 2:30.11 15.18	275m 2:45.61 15.50	300m 3:00.91 15.30	325m 3:16.34 15.43	350m 3:31.61 15.27	375m 3:46.93 15.32	14.48
5	2	7	GAN Ching Hwee	SGP	22 JUL 2003	0.59	4:04.04	839
	25m 13.13	50m 28.12 14.99	75m 43.25 15.13	100m 58.67 15.42	125m 1:13.82 15.15	150m 1:29.35 15.53	175m 1:44.71 15.36	200m 2:00.33 15.62
	225m 2:15.57 15.24	250m 2:31.28 15.71	275m 2:46.62 15.34	300m 3:02.48 15.86	325m 3:17.90 15.42	350m 3:33.64 15.74	375m 3:48.85 15.21	15.19
6	2	6	YAN Tiaoshan	CHN	8 MAR 2010	0.68	4:05.99	820
	25m 12.76	50m 27.96 15.20	75m 43.10 15.14	100m 58.36 15.26	125m 1:13.60 15.24	150m 1:29.00 15.40	175m 1:44.40 15.40	200m 1:59.82 15.42
	225m 2:15.26 15.44	250m 2:30.90 15.64	275m 2:46.49 15.59	300m 3:02.21 15.72	325m 3:17.95 15.74	350m 3:34.08 16.13	375m 3:50.27 16.19	15.72
7	2	1	FAN Yaqi	CHN	12 FEB 2011	0.65	4:07.70	803
	25m 13.60	50m 28.45 14.85	75m 44.07 15.62	100m 59.46 15.39	125m 1:15.08 15.62	150m 1:30.34 15.26	175m 1:46.05 15.71	200m 2:01.43 15.38
	225m 2:17.35 15.92	250m 2:32.80 15.45	275m 2:48.78 15.98	300m 3:04.42 15.64	325m 3:20.66 16.24	350m 3:36.52 15.86	375m 3:52.76 16.24	14.94
8	2	8	ABLOVATSKAIA Alexandra	MDA	12 OCT 2008	0.70	4:20.69	689
	25m 13.58	50m 29.31 15.73	75m 45.05 15.74	100m 1:01.57 16.52	125m 1:17.69 16.12	150m 1:34.54 16.85	175m 1:50.99 16.45	200m 2:08.04 17.05
	225m 2:24.20 16.16	250m 2:41.10 16.90	275m 2:57.53 16.43	300m 3:14.92 17.39	325m 3:31.10 16.18	350m 3:48.36 17.26	375m 4:04.66 16.30	16.03
9	1	4	TSAI Yung-Ling	TPE	5 FEB 2010	0.73	4:22.99	671
	25m 14.68	50m 30.44 15.76	75m 46.43 15.99	100m 1:02.83 16.40	125m 1:19.37 16.54	150m 1:35.90 16.53	175m 1:52.58 16.68	200m 2:09.27 16.69
	225m 2:26.01 16.74	250m 2:42.86 16.85	275m 2:59.63 16.77	300m 3:16.59 16.96	325m 3:33.36 16.77	350m 3:50.30 16.94	375m 4:07.07 16.77	15.92
10	2	9	AINABEKOVA Ayazhan	CLB	5 FEB 2007	0.77	4:26.04	648
	25m 14.22	50m 30.38 16.16	75m 46.44 16.06	100m 1:03.26 16.82	125m 1:19.50 16.24	150m 1:36.36 16.86	175m 1:52.77 16.41	200m 2:09.80 17.03
	225m 2:26.23 16.43	250m 2:43.33 17.10	275m 2:59.83 16.50	300m 3:17.00 17.17	325m 3:33.81 16.81	350m 3:51.47 17.66	375m 4:08.77 17.30	17.27
11	1	5	YELEMES Saida	CLB	19 FEB 2009	0.77	4:30.15	619
	25m 14.46	50m 30.56 16.10	75m 47.33 16.77	100m 1:04.06 16.73	125m 1:20.92 16.86	150m 1:37.84 16.92	175m 1:54.73 16.89	200m 2:11.72 16.99
	225m 2:28.81 17.09	250m 2:45.77 16.96	275m 3:03.35 17.58	300m 3:20.73 17.38	325m 3:37.96 17.23	350m 3:55.40 17.44	375m 4:13.26 17.86	16.89

Official Timekeeping by Omega

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Event Number 13

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
12	2	0	PUSHKO Darya	CLB	28 NOV 2003	0.88	4:33.93	593
	25m 14.18	50m 29.53	75m 45.64	100m 1:02.05	125m 1:18.99	150m 1:36.11	175m 1:53.70	200m 2:11.21
		15.35	16.11	16.41	16.94	17.12	17.59	17.51
	225m 2:29.24	250m 2:46.91	275m 3:05.05	300m 3:22.87	325m 3:41.04	350m 3:58.89	375m 4:16.78	
	18.03	17.67	18.14	17.82	18.17	17.85	17.89	17.15
13	1	3	KURMANGALI Aisha	CLB	12 JAN 2012	0.82	4:34.84	587
	25m 14.76	50m 30.67	75m 47.38	100m 1:04.41	125m 1:22.00	150m 1:39.36	175m 1:56.76	200m 2:14.28
		15.91	16.71	17.03	17.59	17.36	17.40	17.52
	225m 2:31.91	250m 2:49.79	275m 3:07.61	300m 3:25.72	325m 3:43.59	350m 4:01.38	375m 4:18.59	
	17.63	17.88	17.82	18.11	17.87	17.79	17.21	16.25
14	1	7	ABDELLAOUI Samara	ALG	31 OCT 2005	0.76	4:38.57	564
	25m 14.80	50m 31.21	75m 47.75	100m 1:04.74	125m 1:21.95	150m 1:39.63	175m 1:57.19	200m 2:15.09
		16.41	16.54	16.99	17.21	17.68	17.56	17.90
	225m 2:32.97	250m 2:50.96	275m 3:08.81	300m 3:27.03	325m 3:45.12	350m 4:03.38	375m 4:21.10	
	17.88	17.99	17.85	18.22	18.09	18.26	17.72	17.47
15	1	6	SYSSOYEVA Darina	CLB	6 MAY 2011	0.75	4:40.70	551
	25m 14.61	50m 31.31	75m 48.48	100m 1:05.68	125m 1:22.94	150m 1:40.85	175m 1:58.64	200m 2:16.55
		16.70	17.17	17.20	17.26	17.91	17.79	17.91
	225m 2:34.60	250m 2:52.81	275m 3:10.67	300m 3:28.91	325m 3:46.91	350m 4:05.01	375m 4:22.99	
	18.05	18.21	17.86	18.24	18.00	18.10	17.98	17.71
16	1	2	KABAKOVA Miroslava	CLB	2 APR 2010	0.87	4:48.40	508
	25m 15.39	50m 32.09	75m 49.57	100m 1:07.39	125m 1:25.75	150m 1:43.89	175m 2:02.81	200m 2:21.24
		16.70	17.48	17.82	18.36	18.14	18.92	18.43
	225m 2:40.19	250m 2:58.85	275m 3:17.94	300m 3:36.20	325m 3:55.19	350m 4:13.55	375m 4:31.77	
	18.95	18.66	19.09	18.26	18.99	18.36	18.22	16.63

Legend:

R.T. Reaction Time WC World Cup Record WR World Record

Official Timekeeping by Omega