2026 Short Course World Championship Trials

Westmont, IL

October 28 - 31

Event 8

29 OCT 2026 - 10:40 AM

Women's 400m Freestyle

Heats

Results Summary

Event Number 8

	Record	Splits			Name	NAT Code	Location	Date
WR	3:50.25	55.14	1:53.53	2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
AR	3:52.88				LEDECKY Katie	USA	Toronto (CAN)	28 OCT 2022
US	3:52.42				PALLISTER Lani	AUS	Westmont (USA)	17 OCT 2025

Rank	Heat	Lane	Name	Club Code	Year of Birth	R.T.	Time	Time Behind	
1	1	3	**ERISMAN Rylee**	CAL	♦ 2009	0.72	**4:08.47**		**Q**
50m 28.46	100m 59.87 (31.41)	150m 1:31.41 (31.54)	200m 2:03.31 (31.90)	250m 2:35.09 (31.78)	300m 3:06.68 (31.59)	350m 3:38.03 (31.35)	30.44		
2	1	5	**WEINSTEIN Claire**	SAND	2007	0.75	**4:09.06**	0.59	**Q**
50m 28.27	100m 59.24 (30.97)	150m 1:31.18 (31.94)	200m 2:03.30 (32.12)	250m 2:35.59 (32.29)	300m 3:07.52 (31.93)	350m 3:38.78 (31.26)	30.28		
3	1	4	**STEPANEK Chloe**	LIAC	2002	0.70	**4:09.60**	1.13	**Q**
50m 28.63	100m 59.72 (31.09)	150m 1:31.48 (31.76)	200m 2:03.63 (32.15)	250m 2:35.64 (32.01)	300m 3:07.44 (31.80)	350m 3:38.88 (31.44)	30.72		
4	1	2	**PATLA Ellie**	RA	♦ 2008	0.69	**4:11.89**	3.42	**Q**
50m 27.80	100m 58.91 (31.11)	150m 1:30.63 (31.72)	200m 2:02.87 (32.24)	250m 2:35.10 (32.23)	300m 3:07.44 (32.34)	350m 3:39.93 (32.49)	31.96		
5	1	7	**MULLINS Lainey**	IA	2005	0.84	**4:12.20**	3.73	**Q**
50m 29.55	100m 1:01.44 (31.89)	150m 1:33.41 (31.97)	200m 2:05.20 (31.79)	250m 2:36.88 (31.68)	300m 3:08.67 (31.79)	350m 3:40.74 (32.07)	31.46		
6	1	6	**McCARTHY Katie**	UOFM	2004	0.72	**4:14.57**	6.10	**Q**
50m 29.18	100m 1:01.03 (31.85)	150m 1:33.15 (32.12)	200m 2:05.66 (32.51)	250m 2:37.99 (32.33)	300m 3:10.26 (32.27)	350m 3:42.57 (32.31)	32.00		
7	1	1	**LEE Adalyn**	BREA	♦ 2011	0.61	**4:18.68**	10.21	**Q**
50m 29.19	100m 1:01.04 (31.85)	150m 1:33.77 (32.73)	200m 2:06.81 (33.04)	250m 2:39.58 (32.77)	300m 3:12.57 (32.99)	350m 3:45.81 (33.24)	32.87		
8	1	8	**HINEMAN Liliana**	GM	♦ 2009	0.76	**4:22.78**	14.31	**Q**
50m 29.78	100m 1:01.65 (31.87)	150m 1:34.14 (32.49)	200m 2:07.25 (33.11)	250m 2:40.96 (33.71)	300m 3:14.84 (33.88)	350m 3:49.16 (34.32)	33.62		

Legend:

♦	Junior swimmer	**AR**	American Record	**Q**	Qualified for next phase	**R.T.**	Reaction Time
US	US Open Record	**WR**	World Record				

Official Timekeeping by Omega

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