2026 Short Course World Championship Trials

Westmont, IL

October 28 - 31

Event 29

31 OCT 2026 - 10:24 AM

Women's 400m Individual Medley

Heats

Results Summary

Event Number 29

	Record	Splits			Name	NAT Code	Location	Date
WR	4:15.48	57.23	2:00.97	3:16.34	McINTOSH Summer	CAN	Budapest (HUN)	14 DEC 2024
AR	4:20.14				GRIMES Katie	USA	Budapest (HUN)	14 DEC 2024
US	4:24.15				MARGALIS Melanie	USA	Las Vegas (USA)	20 DEC 2019

Rank	Heat	Lane	Name	Club Code	Year of Birth	R.T.	Time	Time Behind	
1	1	4	**WALSH Alex**	NYAC	2001	0.78	**4:37.05**		**Q**
50m 29.47	100m 1:02.80 (33.33)	150m 1:39.20 (36.40)	200m 2:13.82 (34.62)	250m 2:52.38 (38.56)	300m 3:31.72 (39.34)	350m 4:05.11 (33.39)	(31.94)		
2	1	5	**ODGERS Isabelle**	SD	2000	0.78	**4:44.29**	7.24	**Q**
50m 30.72	100m 1:04.22 (33.50)	150m 1:41.78 (37.56)	200m 2:19.13 (37.35)	250m 2:57.00 (37.87)	300m 3:37.02 (40.02)	350m 4:11.73 (34.71)	(32.56)		
3	1	3	**MULLINS Lainey**	IA	2005	0.84	**4:45.95**	8.90	**Q**
50m 30.89	100m 1:05.35 (34.46)	150m 1:42.60 (37.25)	200m 2:19.11 (36.51)	250m 3:00.35 (41.24)	300m 3:42.09 (41.74)	350m 4:14.84 (32.75)	(31.11)		
4	1	6	**LEE Adalyn**	BREA	♦ 2011	0.61	**4:47.43**	10.38	**Q**
50m 31.15	100m 1:06.79 (35.64)	150m 1:42.94 (36.15)	200m 2:17.93 (34.99)	250m 2:59.65 (41.72)	300m 3:42.26 (42.61)	350m 4:15.30 (33.04)	(32.13)		
5	1	2	**GANNON Grace**	FASTIN	♦ 2012	0.75	**4:49.72**	12.67	**Q**
50m 30.29	100m 1:05.02 (34.73)	150m 1:42.39 (37.37)	200m 2:18.55 (36.16)	250m 3:00.50 (41.95)	300m 3:42.90 (42.40)	350m 4:16.45 (33.55)	(33.27)		
6	1	7	**HINEMAN Liliana**	GM	♦ 2009	0.84	**4:54.62**	17.57	**Q**
50m 31.40	100m 1:06.81 (35.41)	150m 1:43.56 (36.75)	200m 2:19.69 (36.13)	250m 3:02.57 (42.88)	300m 3:45.85 (43.28)	350m 4:20.93 (35.08)	(33.69)		

Legend:

♦	Junior swimmer	**AR**	American Record	**Q**	Qualified for next phase	**R.T.**	Reaction Time
US	US Open Record	**WR**	World Record				

Official Timekeeping by Omega

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