

Race analysis

10,000m Women

START TIME

20:30
3 JUN 2023

WORLD RECORD	29:01.03	GIDEY Letesenbet	ETH	Blankers-Koen Stadion, Hengelo (NED)	8 JUN 2021
AREA RECORD	29:06.82	HASSAN Sifan	NED	Blankers-Koen Stadion, Hengelo (NED)	6 JUN 2021
MEETING RECORD	29:06.92	HASSAN Sifan	NED		6 JUN 2021
WORLD LEAD	29:37.80	HASSAN Sifan	NED	Hengelo (NED)	3 JUN 2023

Rank	Name	Nat	Result	Time Behind	W
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400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m	3200m
3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m	6400m	6800m
7000m	7200m	7600m	8000m	8400m	8800m	9000m	9200m	9400m	9500m
9600m	9700m	9800m	9900m						

1 HASSAN Sifan **NED** **29:37.80** WL

1:11.7 (3)	2:22.6 (3)	2:58.0 (3)	3:33.4 (3)	4:44.1 (2)	5:55.3 (2)	7:05.7 (2)	8:16.4 (1)	8:51.5 (2)	9:27.2 (2)
	1:10.9	35.4	35.4	1:10.7	1:11.2	1:10.4	1:10.7	35.1	35.7
10:37.9 (1)	11:48.7 (1)	12:59.1 (1)	14:10.6 (2)	14:45.9 (1)	15:20.8 (1)	16:31.2 (1)	17:41.9 (1)	18:53.3 (1)	20:05.2 (1)
1:10.7	1:10.8	1:10.3	1:11.5	35.3	34.8	1:10.3	1:10.7	1:11.3	1:11.8
20:41.6 (1)	21:18.1 (1)	22:30.6 (1)	23:43.1 (1)	24:55.2 (2)	26:09.8 (2)	26:47.2 (2)	27:24.5 (2)	28:01.5 (2)	28:20.0 (2)
36.4	36.5	1:12.4	1:12.5	1:12.0	1:14.5	37.4	37.2	37.0	18.5
28:36.9 (1)	28:52.3 (1)	29:06.8 (1)	29:21.9 (1)						
16.8	15.4	14.4	15.1	15.8					

2 NAWOWUNA Grace Loibach **KEN** **29:47.42** **9.62**

1:12.8 (7)	2:23.7 (7)	2:59.0 (7)	3:34.6 (7)	4:45.3 (6)	5:56.1 (5)	7:06.8 (5)	8:16.9 (4)	8:51.9 (4)	9:27.8 (4)
	1:10.9	35.2	35.6	1:10.6	1:10.8	1:10.6	1:10.0	35.0	35.8
10:38.3 (3)	11:49.2 (3)	12:59.5 (3)	14:10.8 (3)	14:46.4 (3)	15:21.3 (3)	16:31.4 (2)	17:42.1 (2)	18:53.5 (2)	20:05.4 (2)
1:10.5	1:10.9	1:10.2	1:11.3	35.5	34.9	1:10.0	1:10.7	1:11.3	1:11.8
20:41.8 (2)	21:18.3 (2)	22:30.8 (2)	23:43.4 (2)	24:55.0 (1)	26:09.6 (1)	26:47.0 (1)	27:24.2 (1)	28:01.3 (1)	28:19.8 (1)
36.4	36.5	1:12.4	1:12.6	1:11.6	1:14.5	37.4	37.2	37.0	18.5
28:37.1 (2)	28:53.9 (2)	29:11.3 (2)	29:29.6 (2)						
17.2	16.8	17.4	18.3	17.7					

3 GEBRESELAMA Tsigie **ETH** **30:04.45** **26.65** PB

1:12.0 (4)	2:22.8 (4)	2:58.2 (4)	3:33.7 (4)	4:44.3 (3)	5:55.5 (3)	7:06.0 (3)	8:16.6 (3)	8:51.7 (3)	9:27.5 (3)
	1:10.7	35.4	35.4	1:10.6	1:11.1	1:10.4	1:10.6	35.0	35.8
10:38.1 (2)	11:49.0 (2)	12:59.3 (2)	14:10.4 (1)	14:46.1 (2)	15:21.1 (2)	16:31.7 (3)	17:44.3 (3)	18:59.7 (3)	20:15.2 (3)
1:10.5	1:10.9	1:10.2	1:11.1	35.7	34.9	1:10.6	1:12.6	1:15.3	1:15.5
20:52.7 (3)	21:30.0 (3)	22:44.9 (3)	23:59.1 (3)	25:13.5 (3)	26:27.8 (3)	27:05.1 (3)	27:42.7 (3)	28:20.0 (3)	28:38.3 (3)
37.4	37.3	1:14.8	1:14.1	1:14.4	1:14.2	37.3	37.6	37.3	18.2
28:56.5 (3)	29:13.6 (3)	29:30.2 (3)	29:47.1 (3)						
18.1	17.1	16.5	16.9	17.2					

4 BUSIENEI Selah **KEN** **30:26.40** **48.60**

1:12.5 (6)	2:23.4 (6)	2:58.7 (6)	3:34.3 (6)	4:45.1 (5)	5:55.8 (4)	7:06.5 (4)	8:17.2 (5)	8:53.0 (5)	9:28.5 (5)
	1:10.8	35.2	35.6	1:10.7	1:10.7	1:10.7	1:10.6	35.7	35.5
10:40.6 (5)	11:52.3 (4)	13:05.7 (5)	14:19.8 (5)	14:56.2 (4)	15:33.0 (4)	16:47.6 (4)	18:02.7 (5)	19:17.4 (4)	20:32.2 (4)
1:12.0	1:11.6	1:13.4	1:14.0	36.4	36.7	1:14.6	1:15.1	1:14.6	1:14.8
21:09.9 (4)	21:47.4 (4)	23:02.4 (4)	24:17.6 (4)	25:33.3 (5)	26:48.2 (5)	27:25.7 (5)	28:02.7 (4)	28:39.9 (4)	28:57.8 (4)
37.7	37.4	1:15.0	1:15.2	1:15.7	1:14.8	37.4	37.0	37.1	17.9
29:15.7 (4)	29:33.4 (4)	29:51.1 (4)	30:08.5 (4)						
17.8	17.6	17.6	17.4	17.8					

5 CHELANGAT Betty **KEN** **30:27.94** **50.14** PB

1:13.2 (8)	2:24.3 (9)	2:59.7 (8)	3:35.4 (8)	4:45.7 (7)	5:56.8 (6)	7:08.0 (6)	8:18.6 (6)	8:54.0 (6)	9:29.6 (6)
	1:11.1	35.4	35.6	1:10.3	1:11.0	1:11.2	1:10.5	35.4	35.5
10:40.2 (4)	11:52.5 (5)	13:05.4 (4)	14:19.6 (4)	14:56.5 (5)	15:33.5 (5)	16:48.1 (5)	18:02.4 (4)	19:17.7 (5)	20:32.7 (5)
1:10.6	1:12.2	1:12.8	1:14.1	36.9	36.9	1:14.6	1:14.3	1:15.3	1:14.9
21:10.9 (5)	21:48.6 (5)	23:04.0 (5)	24:18.8 (5)	25:33.1 (4)	26:48.1 (4)	27:25.4 (4)	28:03.0 (5)	28:39.9 (5)	28:58.2 (5)
38.1	37.6	1:15.4	1:14.8	1:14.3	1:14.9	37.3	37.6	36.9	18.2
29:16.3 (5)	29:34.9 (5)	29:53.0 (5)	30:10.6 (5)						
18.1	18.6	18.0	17.6	17.2					

Race analysis

10,000m Women

START TIME

20:30
3 JUN 2023

Rank	Name	Nat		Result	Time Behind	W									
		400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m	3200m				
		3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m	6400m	6800m				
		7000m	7200m	7600m	8000m	8400m	8800m	9000m	9200m	9400m	9500m				
		9600m	9700m	9800m	9900m										

6 HARRISON Samantha **GBR** **31:37.97** **2:00.17**

1:13.6 (10)	2:25.7 (10)	3:02.2 (10)	3:39.5 (10)	4:54.7 (9)	6:10.0 (9)	7:25.2 (9)	8:40.9 (9)	9:18.9 (9)	9:56.8 (8)
1:12.1	36.4	37.2	1:15.2	1:15.2	1:15.2	1:15.6	38.0	37.9	
11:12.9 (8)	12:28.5 (6)	13:45.3 (6)	15:01.6 (6)	15:39.4 (6)	16:17.7 (6)	17:34.5 (6)	18:51.0 (6)	20:07.6 (6)	21:25.3 (6)
1:16.1	1:15.5	1:16.8	1:16.3	37.7	38.3	1:16.7	1:16.5	1:16.5	1:17.6
22:03.8 (6)	22:42.5 (6)	23:59.6 (6)	25:16.3 (6)	26:34.1 (6)	27:51.7 (6)	28:30.3 (6)	29:09.1 (6)	29:47.0 (6)	30:05.9 (6)
38.5	38.6	1:17.0	1:16.7	1:17.7	1:17.5	38.6	38.7	37.9	18.8
30:24.7 (6)	30:43.4 (6)	31:01.5 (6)	31:19.6 (6)						
18.8	18.7	18.0	18.0	18.3					

7 CHEPTOYEK Joy **UGA** **32:09.52** **2:31.72**

1:13.3 (9)	2:24.1 (8)	2:59.7 (8)	3:36.6 (9)	4:52.3 (8)	6:07.9 (8)	7:23.7 (8)	8:39.7 (8)	9:17.8 (8)	9:55.7 (7)
1:10.7	35.6	36.8	1:15.7	1:15.6	1:15.7	1:15.7	1:16.0	38.0	37.9
11:12.5 (7)	12:29.3 (8)	13:46.1 (7)	15:03.6 (7)	15:42.6 (7)	16:21.4 (7)	17:40.2 (7)	19:00.7 (7)	20:21.2 (7)	21:41.8 (7)
1:16.8	1:16.7	1:16.7	1:17.5	38.9	38.7	1:18.7	1:20.5	1:20.4	1:20.6
22:22.2 (7)	23:01.9 (7)	24:22.3 (7)	25:42.5 (7)	27:03.2 (7)	28:24.2 (7)	29:04.2 (7)	29:42.5 (7)	30:19.5 (7)	30:37.5 (7)
40.3	39.7	1:20.3	1:20.2	1:20.6	1:21.0	39.9	38.2	37.0	18.0
30:54.5 (7)	31:13.3 (7)	31:32.5 (7)	31:51.3 (7)						
16.9	18.8	19.1	18.7	18.1					

8 KEFALE Wede **ETH** **32:25.49** **2:47.69**

1:12.3 (5)	2:23.1 (5)	2:58.5 (5)	3:34.0 (5)	4:44.9 (4)	5:57.3 (7)	7:12.9 (7)	8:31.3 (7)	9:10.6 (7)	9:49.9 (6)
1:10.8	35.3	35.5	1:10.8	1:12.4	1:15.6	1:18.3	39.2	39.3	
11:08.7 (6)	12:28.9 (7)	13:47.8 (8)	15:09.0 (8)	15:49.2 (8)	16:29.2 (8)	17:49.2 (8)	19:09.4 (8)	20:30.3 (8)	21:49.9 (8)
1:18.7	1:20.2	1:18.9	1:21.1	40.2	39.9	1:20.0	1:20.1	1:20.9	1:19.6
22:30.6 (8)	23:11.1 (8)	24:31.2 (8)	25:50.6 (8)	27:10.2 (8)	28:29.8 (8)	29:08.4 (8)	29:47.1 (8)	30:27.3 (8)	30:47.4 (8)
40.7	40.5	1:20.0	1:19.4	1:19.6	1:19.5	38.6	38.7	40.1	20.0
31:07.3 (8)	31:26.9 (8)	31:46.7 (8)	32:06.3 (8)						
19.9	19.6	19.7	19.5	19.1					

AYICHEW Asayech **ETH** **DNF**

1:11.5 (2)	2:22.3 (2)	2:57.8 (2)	3:33.2 (2)	4:43.9 (1)	5:55.0 (1)	7:05.5 (1)	8:16.4 (2)	8:50.9 (1)	9:27.1 (1)
1:10.8	35.4	35.3	1:10.6	1:11.1	1:10.4	1:10.8	34.5	36.2	

SADEK Veronika **SLO** **DNF**

1:11.2 (1)	2:22.1 (1)	2:57.6 (1)	3:32.9 (1)						
1:10.8	35.5	35.3							

Race analysis

10,000m Women

START TIME

20:30**3 JUN 2023****Weather conditions**

Temperature: 20 °C Humidity: 38 % Conditions: Sunny

Legend
DNF Did Not Finish PB Personal Best PM Pacemaker WL World LeadInternet Service: www.fbkgames.nl

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printed at SAT 3 JUN 2023 21:27