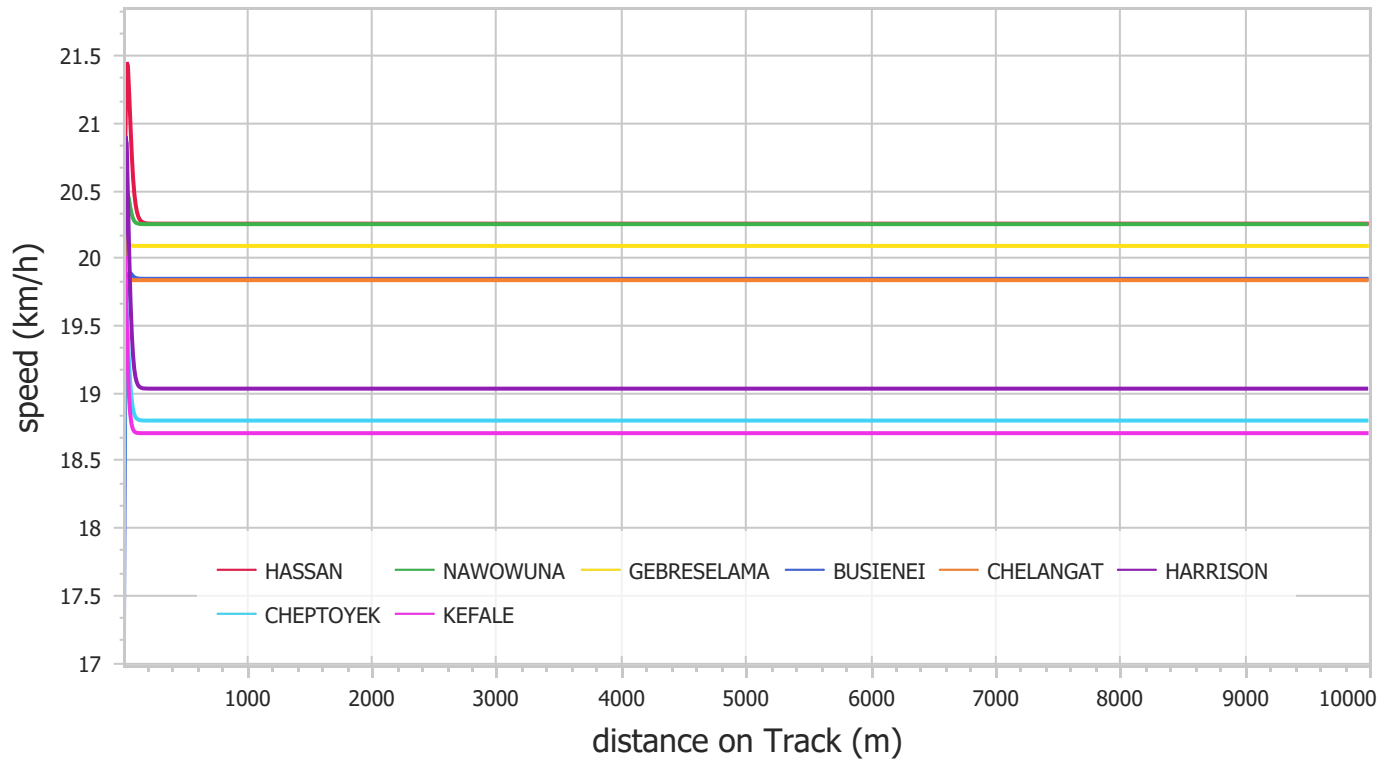


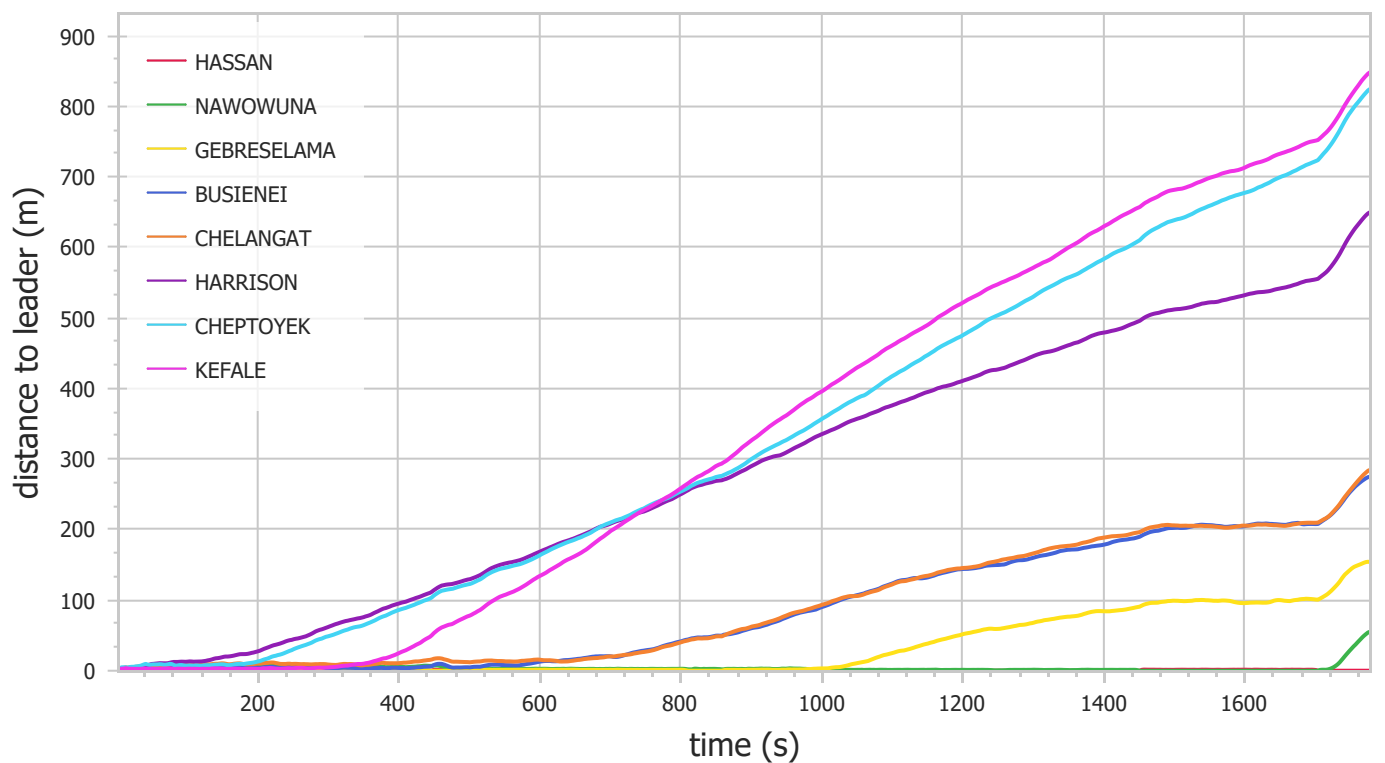
Hengelo 2023 - Race Analysis

10,000m Women (Sat 03 Jun 2023)

Speed



Distance to leader



Hengelo 2023 - Race Analysis

10,000m Women (Sat 03 Jun 2023)

Split Times

	400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m
	3200m	3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m
	6400m	6800m	7000m	7200m	7600m	8000m	8400m	8800m	9000m
	9200m	9400m	9500m	9600m	9700m	9800m	9900m	Finish	
HASSAN	1:11.80	2:22.61	2:58.07	3:33.50	4:44.17	5:55.32	7:05.75	8:16.41	8:51.53
	9:27.25	10:37.91	11:48.79	12:59.12	14:10.65	14:45.98	15:20.86	16:31.23	17:41.97
	18:53.36	20:05.21	20:41.68	21:18.18	22:30.65	23:43.19	24:55.28	26:09.85	26:47.30
	27:24.55	28:01.59	28:20.10	28:36.91	28:52.37	29:06.82	29:21.97	29:37.78	
NAWOWUNA	1:12.87	2:23.77	2:59.05	3:34.66	4:45.35	5:56.17	7:06.84	8:16.91	8:51.97
	9:27.83	10:38.36	11:49.27	12:59.53	14:10.88	14:46.44	15:21.37	16:31.45	17:42.19
	18:53.58	20:05.43	20:41.84	21:18.40	22:30.82	23:43.42	24:55.03	26:09.62	26:47.04
	27:24.29	28:01.35	28:19.89	28:37.16	28:53.96	29:11.37	29:29.67	29:47.40	
GEBRESELAMA	1:12.08	2:22.85	2:58.28	3:33.76	4:44.40	5:55.53	7:06.01	8:16.66	8:51.74
	9:27.57	10:38.13	11:49.04	12:59.34	14:10.44	14:46.20	15:21.14	16:31.73	17:44.37
	18:59.75	20:15.27	20:52.71	21:30.07	22:44.92	23:59.11	25:13.55	26:27.83	27:05.14
	27:42.79	28:20.10	28:38.38	28:56.53	29:13.70	29:30.24	29:47.18	30:04.44	
BUSIENEI	1:12.59	2:23.48	2:58.77	3:34.38	4:45.16	5:55.88	7:06.60	8:17.29	8:53.02
	9:28.60	10:40.62	11:52.31	13:05.79	14:19.83	14:56.25	15:33.03	16:47.66	18:02.78
	19:17.42	20:32.25	21:10.00	21:47.41	23:02.47	24:17.67	25:33.39	26:48.28	27:25.72
	28:02.74	28:39.92	28:57.87	29:15.77	29:33.43	29:51.13	30:08.53	30:26.36	
CHELANGAT	1:13.23	2:24.35	2:59.78	3:35.44	4:45.79	5:56.81	7:08.09	8:18.62	8:54.04
	9:29.63	10:40.27	11:52.56	13:05.43	14:19.62	14:56.58	15:33.52	16:48.18	18:02.49
	19:17.80	20:32.77	21:10.96	21:48.60	23:04.01	24:18.89	25:33.19	26:48.11	27:25.45
	28:03.09	28:40.00	28:58.28	29:16.39	29:34.99	29:53.01	30:10.69	30:27.92	
HARRISON	1:13.67	2:25.80	3:02.29	3:39.53	4:54.79	6:10.03	7:25.29	8:40.91	9:18.93
	9:56.83	11:12.93	12:28.51	13:45.31	15:01.67	15:39.42	16:17.72	17:34.51	18:51.09
	20:07.65	21:25.32	22:03.90	22:42.57	23:59.64	25:16.38	26:34.16	27:51.72	28:30.35
	29:09.13	29:47.09	30:05.95	30:24.77	30:43.47	31:01.57	31:19.63	31:37.96	
CHEPTOYEK	1:13.38	2:24.14	2:59.78	3:36.63	4:52.33	6:07.97	7:23.74	8:39.77	9:17.83
	9:55.76	11:12.59	12:29.36	13:46.14	15:03.66	15:42.63	16:21.42	17:40.21	19:00.77
	20:21.23	21:41.85	22:22.21	23:01.99	24:22.35	25:42.58	27:03.22	28:24.29	29:04.28
	29:42.52	30:19.53	30:37.58	30:54.55	31:13.39	31:32.57	31:51.35	32:09.50	
KEFALE	1:12.35	2:23.19	2:58.52	3:34.10	4:44.91	5:57.31	7:12.96	8:31.34	9:10.60
	9:49.94	11:08.71	12:28.92	13:47.86	15:09.01	15:49.26	16:29.26	17:49.27	19:09.41
	20:30.33	21:49.96	22:30.67	23:11.17	24:31.22	25:50.62	27:10.29	28:29.81	29:08.48
	29:47.20	30:27.33	30:47.41	31:07.31	31:27.00	31:46.76	32:06.33	32:25.46	

Hengelo 2023 - Race Analysis

10,000m Women (Sat 03 Jun 2023)

Section Times

	400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m
	3200m	3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m
	6400m	6800m	7000m	7200m	7600m	8000m	8400m	8800m	9000m
	9200m	9400m	9500m	9600m	9700m	9800m	9900m	Finish	
HASSAN	1:11.80	1:10.81	35.46	35.43	1:10.67	1:11.15	1:10.43	1:10.66	35.12
	9:27.25	1:10.66	1:10.88	1:10.33	1:11.53	35.33	34.88	1:10.37	1:10.74
	18:53.36	1:11.85	36.47	36.50	1:12.47	1:12.54	1:12.09	1:14.57	37.45
	27:24.55	37.04	18.51	16.81	15.46	14.45	15.15	15.81	
NAWOWUNA	1:12.87	1:10.90	35.28	35.61	1:10.69	1:10.82	1:10.67	1:10.07	35.06
	9:27.83	1:10.53	1:10.91	1:10.26	1:11.35	35.56	34.93	1:10.08	1:10.74
	18:53.58	1:11.85	36.41	36.56	1:12.42	1:12.60	1:11.61	1:14.59	37.42
	27:24.29	37.06	18.54	17.27	16.80	17.41	18.30	17.73	
GEBRESELAMA	1:12.08	1:10.77	35.43	35.48	1:10.64	1:11.13	1:10.48	1:10.65	35.08
	9:27.57	1:10.56	1:10.91	1:10.30	1:11.10	35.76	34.94	1:10.59	1:12.64
	18:59.75	1:15.52	37.44	37.36	1:14.85	1:14.19	1:14.44	1:14.28	37.31
	27:42.79	37.31	18.28	18.15	17.17	16.54	16.94	17.26	
BUSIENEI	1:12.59	1:10.89	35.29	35.61	1:10.78	1:10.72	1:10.72	1:10.69	35.73
	9:28.60	1:12.02	1:11.69	1:13.48	1:14.04	36.42	36.78	1:14.63	1:15.12
	19:17.42	1:14.83	37.75	37.41	1:15.06	1:15.20	1:15.72	1:14.89	37.44
	28:02.74	37.18	17.95	17.90	17.66	17.70	17.40	17.83	
CHELANGAT	1:13.23	1:11.12	35.43	35.66	1:10.35	1:11.02	1:11.28	1:10.53	35.42
	9:29.63	1:10.64	1:12.29	1:12.87	1:14.19	36.96	36.94	1:14.66	1:14.31
	19:17.80	1:14.97	38.19	37.64	1:15.41	1:14.88	1:14.30	1:14.92	37.34
	28:03.09	36.91	18.28	18.11	18.60	18.02	17.68	17.23	
HARRISON	1:13.67	1:12.13	36.49	37.24	1:15.26	1:15.24	1:15.26	1:15.62	38.02
	9:56.83	1:16.10	1:15.58	1:16.80	1:16.36	37.75	38.30	1:16.79	1:16.58
	20:07.65	1:17.67	38.58	38.67	1:17.07	1:16.74	1:17.78	1:17.56	38.63
	29:09.13	37.96	18.86	18.82	18.70	18.10	18.06	18.33	
CHEPTOYEK	1:13.38	1:10.76	35.64	36.85	1:15.70	1:15.64	1:15.77	1:16.03	38.06
	9:55.76	1:16.83	1:16.77	1:16.78	1:17.52	38.97	38.79	1:18.79	1:20.56
	20:21.23	1:20.62	40.36	39.78	1:20.36	1:20.23	1:20.64	1:21.07	39.99
	29:42.52	37.01	18.05	16.97	18.84	19.18	18.78	18.15	
KEFALE	1:12.35	1:10.84	35.33	35.58	1:10.81	1:12.40	1:15.65	1:18.38	39.26
	9:49.94	1:18.77	1:20.21	1:18.94	1:21.15	40.25	40.00	1:20.01	1:20.14
	20:30.33	1:19.63	40.71	40.50	1:20.05	1:19.40	1:19.67	1:19.52	38.67
	29:47.20	40.13	20.08	19.90	19.69	19.76	19.57	19.13	

Hengelo 2023 - Race Analysis

10,000m Women (Sat 03 Jun 2023)

Summary

	Lane	Starting Order	Real Distance
HASSAN	1	8	10000.0 m
NAWOWUNA	1	4	10008.7 m
GEBRESELAMA	1	5	10000.0 m
BUSIENEI	1	6	10000.0 m
CHELANGAT	1	3	10009.8 m
HARRISON	1	7	10001.6 m
CHEPTOYEK	1	1	10002.8 m
KEFALE	1	2	10000.0 m

Did Not Finish: AYICHEW, SADEK