

## Competition Schedule

**REVISED 1**  
4 JUN 10:38

TIMING, RESULTS SERVICE &  
DISTANCE MEASUREMENT BY



SUN 4 JUN 2023

Time	Event	Round
15:00	600m Kidsrun	Heat 1 - Kids
15:10	Long Jump Men	Nationals
15:10	600m Kidsrun	Heat 2 - Kids
15:20	600m Kidsrun	Heat 3 - Kids
15:30	600m Kidsrun	Heat 4 - Kids
15:35	4x100m Relay Women	Nationals
15:39	Javelin Throw Mixed	Nationals
15:43	4x100m Relay Men	Nationals
15:50	800m Women	Nationals
15:58	800m Men	Nationals
16:06	400m Men	Nationals
16:14	400m Women	Nationals
16:22	1500m Women	Nationals
16:32	1500m Men	Nationals
16:45	100m Women	Nationals - Heat 1
16:50	100m Women	Nationals - Heat 2
16:55	100m Men	Nationals - Heat 1
17:00	100m Men	Nationals - Heat 2
17:27	Long Jump Men	
17:31	Pole Vault Men	
17:37	400m Hurdles Men	
17:48	100m Women	
17:54	Javelin Throw Men	
18:00	600m Kidsrun	Final - Kids
18:13	100m Hurdles Women	
18:18	High Jump Women	
18:28	110m Hurdles Men	
18:39	1500m Men	
18:47	Shot Put Women	
18:57	400m Women	
19:07	400m Men	
19:16	100m Men	
19:25	1500m Women	
19:40	200m Women	