

Race analysis

10,000m Mixed

START TIME

20:30

6 JUL 2024

Rank	Name	Nat								Result	Time Behind
		400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m	3200m
		3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m	6400m	6800m
		7000m	7200m	7600m	8000m	8400m	8800m	9000m	9200m	9400m	9500m
		9600m	9700m	9800m	9900m	Finish					

1 NIBRET Lemlem

ETH

30:32.42

1:11.4 (5)	2:22.8 (4)	2:59.9 (4)	3:37.0 (4)	4:49.8 (4)	6:03.1 (3)	7:17.1 (3)	8:31.7 (4)	9:08.7 (3)	9:45.5 (3)
	1:11.4	37.1	37.1	1:12.8	1:13.3	1:14.0	1:14.6	37.0	36.8
10:57.9 (3)	12:10.7 (3)	13:23.5 (3)	14:35.3 (3)	15:11.6 (3)	15:48.0 (3)	17:00.3 (3)	18:13.0 (3)	19:27.8 (3)	20:41.8 (3)
1:12.4	1:12.8	1:12.8	1:11.8	36.3	36.4	1:12.3	1:12.7	1:14.8	1:14.0
21:18.4 (3)	21:54.8 (3)	23:07.4 (3)	24:21.6 (3)	25:36.1 (3)	26:51.8 (3)	27:29.9 (3)	28:07.5 (3)	28:45.6 (3)	29:04.5 (3)
36.6	36.4	1:12.6	1:14.2	1:14.5	1:15.7	38.1	37.6	38.1	18.9
29:22.5 (3)	29:40.5 (3)	29:59.0 (3)	30:16.1 (=2)	30:32.42 (1)					
18.0	18.0	18.5	17.1	16.3					

2 ALEMAYEHU Gete

ETH

31:06.57

34.15

1:11.1 (3)	2:22.5 (3)	2:59.6 (3)	3:36.7 (3)	4:49.6 (3)	6:03.4 (4)	7:17.3 (4)	8:31.5 (3)	9:08.7 (4)	9:45.8 (4)
	1:11.4	37.1	37.1	1:12.9	1:13.8	1:13.9	1:14.2	37.2	37.1
10:58.3 (4)	12:11.1 (4)	13:24.3 (4)	14:38.4 (4)	15:16.4 (4)	15:55.0 (4)	17:11.3 (4)	18:29.5 (4)	19:46.2 (4)	21:03.4 (4)
1:12.5	1:12.8	1:13.2	1:14.1	38.0	38.6	1:16.3	1:18.2	1:16.7	1:17.2
21:40.8 (4)	22:18.9 (4)	23:34.7 (4)	24:51.6 (4)	26:07.6 (4)	27:24.1 (4)	28:02.5 (4)	28:40.2 (4)	29:18.5 (4)	29:37.8 (4)
37.4	38.1	1:15.8	1:16.9	1:16.0	1:16.5	38.4	37.7	38.3	19.3
29:56.0 (4)	30:14.0 (4)	30:32.3 (4)	30:49.7 (4)	31:06.57 (2)					
18.2	18.0	18.3	17.4	16.8					

3 MOLLA Birtukan

ETH

31:28.41

55.99

1:11.6 (6)	2:23.4 (6)	3:00.4 (6)	3:37.6 (6)	4:50.4 (6)	6:04.0 (6)	7:18.0 (6)	8:34.3 (6)	9:13.3 (5)	9:50.8 (5)
	1:11.8	37.0	37.2	1:12.8	1:13.6	1:14.0	1:16.3	39.0	37.5
11:06.9 (5)	12:23.4 (5)	13:40.0 (5)	14:57.1 (5)	15:35.4 (5)	16:13.4 (5)	17:30.5 (5)	18:47.9 (5)	20:05.9 (5)	21:23.1 (5)
1:16.1	1:16.5	1:16.6	1:17.1	38.3	38.0	1:17.1	1:17.4	1:18.0	1:17.2
22:02.4 (5)	22:40.8 (5)	23:58.5 (5)	25:16.8 (5)	26:33.9 (5)	27:49.8 (5)	28:27.3 (5)	29:04.8 (5)	29:42.4 (5)	30:01.0 (5)
39.3	38.4	1:17.7	1:18.3	1:17.1	1:15.9	37.5	37.5	37.6	18.6
30:18.8 (5)	30:36.6 (5)	30:54.3 (5)	31:11.7 (5)	31:28.41 (3)					
17.8	17.8	17.7	17.4	16.7					

WABUTWA Farid

UGA

DNF

1:10.5 (2)	2:22.1 (2)	2:59.3 (2)	3:36.4 (2)	4:49.1 (2)	6:02.5 (2)	7:16.7 (2)	8:31.1 (2)	9:08.1 (2)	9:45.2 (2)
	1:11.6	37.2	37.1	1:12.7	1:13.4	1:14.2	1:14.4	37.0	37.1
10:57.6 (2)	12:10.2 (2)	13:23.1 (2)	14:35.1 (2)	15:11.3 (2)	15:47.8 (2)	17:00.1 (2)	18:12.5 (2)	19:27.4 (2)	20:41.4 (2)
1:12.4	1:12.6	1:12.9	1:12.0	36.2	36.5	1:12.3	1:12.4	1:14.9	1:14.0
21:18.0 (2)	21:54.6 (2)	23:07.1 (2)	24:21.2 (2)	25:35.6 (2)	26:51.5 (2)	27:29.5 (2)	28:07.1 (2)	28:44.9 (2)	29:04.1 (2)
36.6	36.6	1:12.5	1:14.1	1:14.4	1:15.9	38.0	37.6	37.8	19.2
29:22.2 (2)	29:40.2 (2)	29:58.9 (2)	30:16.1 (=2)						
18.1	18.0	18.7	17.2						

van den HURK Ties

NED

DNF

1:10.0 (1)	2:21.8 (1)	2:59.1 (1)	3:36.1 (1)	4:48.7 (1)	6:02.1 (1)	7:16.3 (1)	8:30.8 (1)	9:07.6 (1)	9:44.9 (1)
	1:11.8	37.3	37.0	1:12.6	1:13.4	1:14.2	1:14.5	36.8	37.3
10:57.3 (1)	12:09.7 (1)	13:22.7 (1)	14:34.8 (1)	15:10.9 (1)	15:47.5 (1)	16:59.8 (1)	18:12.0 (1)	19:27.1 (1)	20:41.1 (1)
1:12.4	1:12.4	1:13.0	1:12.1	36.1	36.6	1:12.3	1:12.2	1:15.1	1:14.0
21:17.7 (1)	21:54.3 (1)	23:06.8 (1)	24:20.8 (1)	25:35.2 (1)	26:51.0 (1)	27:29.2 (1)	28:06.6 (1)	28:44.5 (1)	29:03.5 (1)
36.6	36.6	1:12.5	1:14.0	1:14.4	1:15.8	38.2	37.4	37.9	19.0
29:21.8 (1)	29:39.6 (1)	29:58.4 (1)	30:16.0 (1)						
18.3	17.8	18.8	17.6						

Race analysis

10,000m Mixed

START TIME

20:30

6 JUL 2024

Rank	Name	Nat	Result	Time Behind
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400m	800m	1000m	1200m	1600m	2000m	2400m	2800m	3000m	3200m
3600m	4000m	4400m	4800m	5000m	5200m	5600m	6000m	6400m	6800m
7000m	7200m	7600m	8000m	8400m	8800m	9000m	9200m	9400m	9500m
9600m	9700m	9800m	9900m	Finish					

NANYONDO Winnie

UGA

DNF

1:11.1 (4)	2:23.1 (5)	3:00.1 (5)	3:37.2 (5)	4:50.1 (5)	6:03.6 (5)	7:17.6 (5)	8:34.1 (5)	9:13.4 (6)	9:51.1 (6)
	1:12.0	37.0	37.1	1:12.9	1:13.5	1:14.0	1:16.5	39.3	37.7
11:10.1 (6)	12:30.7 (6)	13:49.3 (6)	15:08.8 (6)						
1:19.0	1:20.6	1:18.6	1:19.5						

DONNELLY Abbie

GBR

DNS

HASSAN Sifan

NED

DNS

MOTSAU Jerry

RSA

DNS

Weather conditions

Temperature: 18 °C Humidity: 48 % Conditions: Partly cloudy

Legend

DNF Did Not Finish

DNS Did Not Start