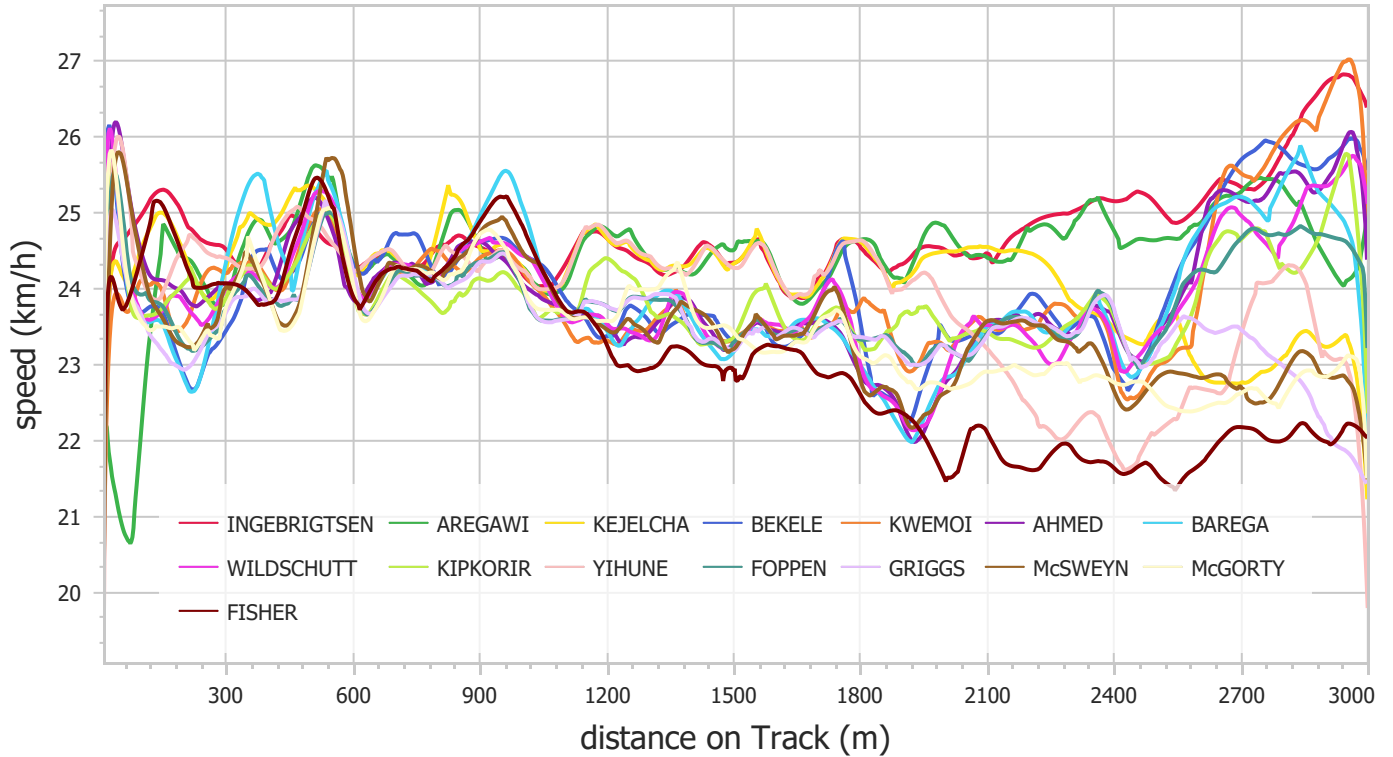


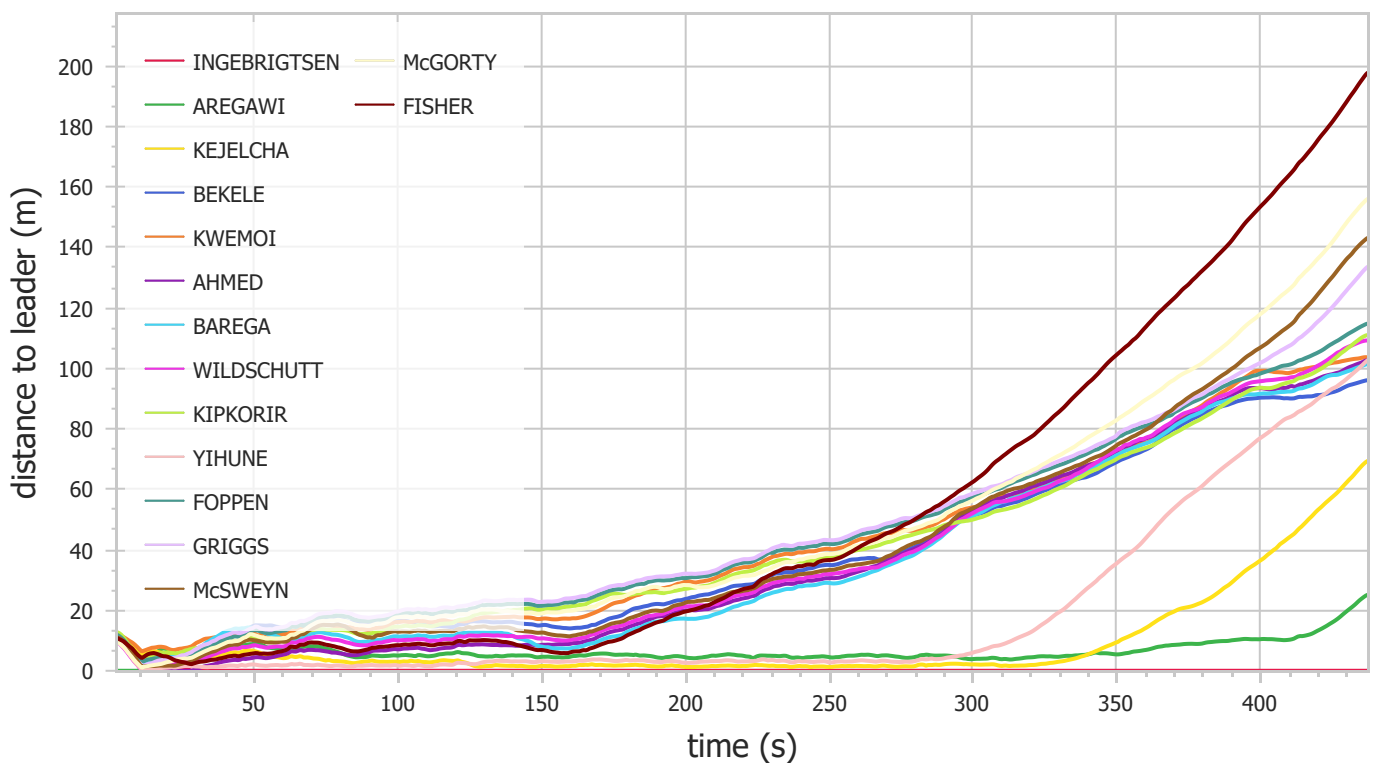
Silesia 2024 - Race Analysis

3000m Men (Sun 25 Aug 2024)

Speed



Distance to leader



Silesia 2024 - Race Analysis

3000m Men (Sun 25 Aug 2024)

Split Times

	400m	800m	1000m	1200m	1600m	2000m	2400m
	2500m	2600m	2700m	2800m	2900m	Finish	
INGEBRIGTSEN	59.54	1:58.18	2:27.51	2:57.04	3:56.00	4:55.25	5:53.37
	6:07.62	6:22.08	6:36.25	6:50.45	7:04.08	7:17.55	
AREGAWI	1:00.54	1:59.04	2:28.20	2:57.85	3:56.69	4:55.87	5:54.22
	6:08.84	6:23.46	6:37.74	6:51.93	7:06.35	7:21.28	
KEJELCHA	1:00.16	1:58.67	2:27.72	2:57.32	3:56.22	4:55.59	5:55.04
	6:10.48	6:25.80	6:41.62	6:57.39	7:12.78	7:28.44	
BEKELE	1:01.60	2:00.34	2:29.75	2:59.89	4:01.03	5:02.96	6:04.11
	6:19.90	6:34.79	6:49.05	7:02.93	7:16.99	7:30.97	
KWEMOI	1:01.34	2:00.59	2:30.07	3:00.54	4:01.95	5:03.33	6:04.44
	6:20.37	6:35.92	6:50.23	7:04.31	7:18.05	7:31.57	
AHMED	1:00.33	1:59.34	2:28.78	2:59.10	4:00.44	5:03.26	6:04.59
	6:20.17	6:35.29	6:49.55	7:03.79	7:17.94	7:31.96	
BAREGA	1:01.03	1:59.87	2:28.77	2:58.85	4:00.22	5:02.99	6:04.34
	6:20.06	6:35.02	6:49.36	7:03.75	7:17.75	7:32.49	
WILDSCUTT	1:00.75	1:59.74	2:29.13	2:59.30	4:00.61	5:03.17	6:04.68
	6:20.27	6:35.52	6:49.99	7:04.57	7:18.87	7:32.99	
KIPKORIR	1:01.12	2:00.57	2:30.53	3:00.74	4:01.46	5:02.75	6:04.09
	6:19.69	6:35.12	6:49.78	7:04.35	7:19.17	7:33.46	
YIHUNE	59.78	1:58.47	2:27.95	2:57.55	3:56.46	4:56.00	5:59.53
	6:16.06	6:32.13	6:48.00	7:02.98	7:17.98	7:33.94	
FOPPEN	1:01.52	2:01.05	2:30.72	3:01.13	4:02.18	5:03.88	6:05.17
	6:20.74	6:35.81	6:50.63	7:05.20	7:19.74	7:34.47	
GRIGGS	1:01.73	2:01.26	2:30.92	3:01.32	4:02.39	5:04.10	6:05.40
	6:20.93	6:36.24	6:51.60	7:07.11	7:22.98	7:39.52	
McSWEYN	1:00.96	2:00.14	2:29.40	2:59.52	4:00.84	5:03.47	6:05.22
	6:21.21	6:36.95	6:52.72	7:08.71	7:24.31	7:40.24	
McGORTY	1:01.15	2:00.89	2:30.34	3:00.80	4:01.62	5:03.83	6:06.71
	6:22.61	6:38.65	6:54.68	7:10.62	7:26.36	7:42.15	
FISHER	1:00.53	1:59.50	2:28.55	2:58.67	4:01.26	5:05.01	6:11.10
	6:27.74	6:44.50	7:00.89	7:17.20	7:33.46	7:49.79	

Silesia 2024 - Race Analysis

3000m Men (Sun 25 Aug 2024)

Section Times

	400m 2500m	800m 2600m	1000m 2700m	1200m 2800m	1600m 2900m	2000m Finish	2400m
INGEBRIGTSEN	59.54	58.64	29.33	29.53	58.96	59.25	58.12
	14.25	14.46	14.17	14.20	13.63	13.47	
AREGAWI	1:00.54	58.50	29.16	29.65	58.84	59.18	58.35
	14.62	14.62	14.28	14.19	14.42	14.93	
KEJELCHA	1:00.16	58.51	29.05	29.60	58.90	59.37	59.45
	15.44	15.32	15.82	15.77	15.39	15.66	
BEKELE	1:01.60	58.74	29.41	30.14	1:01.14	1:01.93	1:01.15
	15.79	14.89	14.26	13.88	14.06	13.98	
KWEMOI	1:01.34	59.25	29.48	30.47	1:01.41	1:01.38	1:01.11
	15.93	15.55	14.31	14.08	13.74	13.52	
AHMED	1:00.33	59.01	29.44	30.32	1:01.34	1:02.82	1:01.33
	15.58	15.12	14.26	14.24	14.15	14.02	
BAREGA	1:01.03	58.84	28.90	30.08	1:01.37	1:02.77	1:01.35
	15.72	14.96	14.34	14.39	14.00	14.74	
WILDSCHUTT	1:00.75	58.99	29.39	30.17	1:01.31	1:02.56	1:01.51
	15.59	15.25	14.47	14.58	14.30	14.12	
KIPKORIR	1:01.12	59.45	29.96	30.21	1:00.72	1:01.29	1:01.34
	15.60	15.43	14.66	14.57	14.82	14.29	
YIHUNE	59.78	58.69	29.48	29.60	58.91	59.54	1:03.53
	16.53	16.07	15.87	14.98	15.00	15.96	
FOPPEN	1:01.52	59.53	29.67	30.41	1:01.05	1:01.70	1:01.29
	15.57	15.07	14.82	14.57	14.54	14.73	
GRIGGS	1:01.73	59.53	29.66	30.40	1:01.07	1:01.71	1:01.30
	15.53	15.31	15.36	15.51	15.87	16.54	
McSWEYN	1:00.96	59.18	29.26	30.12	1:01.32	1:02.63	1:01.75
	15.99	15.74	15.77	15.99	15.60	15.93	
McGORTY	1:01.15	59.74	29.45	30.46	1:00.82	1:02.21	1:02.88
	15.90	16.04	16.03	15.94	15.74	15.79	
FISHER	1:00.53	58.97	29.05	30.12	1:02.59	1:03.75	1:06.09
	16.64	16.76	16.39	16.31	16.26	16.33	

Silesia 2024 - Race Analysis

3000m Men (Sun 25 Aug 2024)

Summary

	Lane	Starting Order	Real Distance
INGEBRIGTSEN	5	17	3005.8 m
AREGAWI	1	13	3018.4 m
KEJELCHA	5	14	3015.2 m
BEKELE	1	10	3007.9 m
KWEMOI	5	16	3026.9 m
AHMED	1	7	3005.0 m
BAREGA	1	12	3011.2 m
WILDSCHUTT	1	2	3011.5 m
KIPKORIR	1	11	3015.1 m
YIHUNE	1	9	3006.0 m
FOPPEN	1	6	3016.1 m
GRIGGS	1	4	3010.9 m
McSWEYN	1	8	3012.7 m
McGORTY	1	3	3002.8 m
FISHER	5	15	3002.3 m

Did Not Start: MILLS

Did Not Finish: SISK, RAK, CIATTEI