

Competition Schedule

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



SAT 3 MAY 2025

Time	Event	Remark
17:20	10x50m Relay Mixed	Primary School
17:28	Discus Throw Women	
17:37	4x100m Relay Girls	Junior School
17:45	Long Jump Men	
17:48	4x100m Relay Boys	Junior School
17:57	4x100m Relay Women	High School
18:06	4x100m Relay Men	High School
18:15	400m Women	Sports School
18:20	Shot Put Women	
18:22	Pole Vault Men	
18:30	400m Men	Sports School
18:39	400m Women	
18:43	High Jump Women	
19:04	400m Hurdles Men	
19:15	800m Women	
19:17	Javelin Throw Women	
19:26	5000m Men	
19:39	Triple Jump Men	
19:50	110m Hurdles Men	
20:01	200m Women	
20:12	400m Men	
20:24	100m Men	
20:33	3000m Steeplechase Men	
20:52	100m Hurdles Women	