

Competition Schedule

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



SAT 16 MAY 2026

Time	Event	Remark
17:15	100m Men	Pre
17:19	Long Jump Men	
17:22	100m Women	Pre
17:30	200m Men	Pre
17:37	200m Women	Pre
17:45	400m Men	Pre
17:53	400m Women	Pre
18:02	4x100m Relay Men	Pre
18:10	4x100m Relay Women	Pre
18:15	Pole Vault Men	
18:18	4x100m Relay Mixed	Pre
18:27	Shot Put Women	
18:37	5000m Women	
19:04	400m Women	
19:14	110m Hurdles Men	
19:19	Long Jump Women	
19:23	3000m Steeplechase Women	
19:41	800m Men	
19:48	Discus Throw Men	
19:52	200m Women	
20:00	3000m Men	
20:16	100m Men	
20:28	1500m Women	
20:41	300m Hurdles Men	
20:52	100m Hurdles Women	

