



Start List 3000m Steeplechase Men

START TIME
20:46 31 MAY 2026

WORLD RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
AREA RECORD	8:00.09	MEKHISSI Mahiedine	FRA	Paris-St-Denis (FRA)	6 JUL 2013
AREA RECORD	8:00.45	JAGER Evan	USA	Paris-St-Denis (FRA)	4 JUL 2015
AREA RECORD	8:09.64	BEAMISH Geordie	NZL	Paris (FRA)	7 JUL 2024
DIAMOND LEAGUE RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
MEETING RECORD	7:56.68	EL BAKKALI Soufiane	MAR	Rabat (MAR)	28 MAY 2023
WORLD LEAD	8:08.10	KIRWA Geoffrey Kipkemoi	KEN	Azusa, CA (USA)	16 APR 2026

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



Order	Name	Nat	Date of Birth	PB	SB	Qual. Points	Qual. Ranking	World Ranking
1	FOURMONT Baptiste	FRA	19 MAY 1999	8:12.10	8:33.30			20
2	JHINAOUI Mohamed Amin	TUN	2 APR 1997	8:07.73				28
3	BEDRANI Djilali	FRA	1 OCT 1993	8:05.23				14
4	DARU Nicolas-Marie	FRA	21 OCT 1988	8:10.69	8:25.03			15
5	MIELLET Alexis	FRA	5 MAY 1995	8:12.89				
6	TINDOUFT Mohamed	MAR	12 MAR 1993	8:10.62	8:42.12			33
7	WILKINSON Matthew	USA	27 DEC 1998	8:10.23				23
8	ARCE Daniel	ESP	22 APR 1992	8:08.45				9
9	KIBIWOT Abraham	KEN	6 APR 1996	8:05.51	8:30.86			16
10	FIREWU Samuel	ETH	3 MAY 2004	8:04.34	8:39.28			11
11	KOECH Simon Kiprop	KEN	6 OCT 2003	8:04.19	8:15.71			19
12	EL MOSTAFA Faid	MAR	13 JAN 2000	8:14.04				24
13	SEREM Edmund	KEN	27 DEC 2007	8:04.00	8:25.85			1
14	RUPPERT Frederik	GER	19 FEB 1997	8:01.49				2
15	BEAMISH Geordie	NZL	24 OCT 1996	8:09.64				8
16	BEN YAZIDE Salah Eddine	MAR	6 MAY 2003	8:06.44	8:41.02			3
17	CARABAÑA Nahuel	(PM) AND	10 NOV 1999	8:12.80				30
18	BOUASSEL Abderrafia	(PM) MAR	18 FEB 2001	8:27.00				
19	EL BAKKALI Soufiane	MAR	7 JAN 1996	7:56.68				5

Legend

PB Personal Best PM Pacemaker SB Season Best

Website: rabat.diamondleague.com

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printed at SAT 30 MAY 2026 19:46

